



# Hebron Parks & Recreation

## Burnt Hill Park

Office :148 East Street, Hebron, CT 06248

Mail: 15 Gilead Street, Hebron, CT 06248

Phone: 860-530-1281

Fax: 860-228-5912

[www.hebronct.com](http://www.hebronct.com)

Like **Hebron  
Parks & Rec** on



**Winter 2018**



# DISCOVERY ZONE LEARNING CENTER



*Where all children are special and learning is fun!*

## Infant Program (6 weeks- 14 months)

Our primary objective in the Infant Room is to keep each child happy, secure, and safe. We know that by focusing on this, each parent will have the confidence of knowing that their child is in the right environment.

## Toddler (14 months – 2.9 years)

At Discovery Zone Learning Center, our Toddler curriculum is based on current research in early brain development, early childhood education and developmental psychology. Through careful observation we can assure that individual developmental needs are being met.

**Visit us at these 3 Connecticut locations:**

## Preschool (2.9 years – 5 years)

The Preschool/Kindergarten curriculum is divided into four areas:

**Language & Literacy Creative Expression  
Science & Sensory Gross Motor Skills**

## Before & After School

The after school program at Discovery Zone Learning Center is designed for children from grades K through fifth, and is fun, low-key, and neighborhood-like.



**2 YEARS in a ROW !!!**

**Columbia**  
2 Orlando Dr.  
860-228-8885

**Hebron**  
45 Pendleton Dr.  
860-228-3952

**Marlborough**  
152 Hebron Rd.  
860-295-8003

**Monday-Friday 7am-6pm • [www.discoveryzone.info](http://www.discoveryzone.info)**

## Parks and Recreation Staff:

**Richard Calarco**, CPRP, CSFM, AOLCP, Parks and Recreation Director, rcalarco@hebronct.com

**Richard Gadoury**, Recreation Manager, rgadoury@hebronct.com

**Steven Bakowicz**, Recreation Supervisor, sbakowicz@hebronct.com

**Kelly Bindert**, Office Assistant, kbindert@hebronct.com

## Park Staff:

Jason Hunniford and Jason Costa

## Parks and Recreation Commission

**Co-Chairpersons:** Claudia Natorski and Ken Jardin

Machel Gauthier, Charles Daniels, Dan Grabowski, Chris Cowles, John Russo, Eric Lemieux, ALT, and Jessica Petro, ALT

**BOS Liaison:** Brian O'Connell

## How to reach us

**Mailing address:** Hebron Parks & Recreation, 15 Gilead Street, Hebron, CT 06248

**Office address:** Burnt Hill Park, 148 East Street, Hebron, CT 06248

**Phone:** 860-530-1281

**Fax:** 860-228-5912

**Web site:** www.hebronct.com

**Hours:** Monday-Friday, 8 am-3:30 pm

<b>General Information</b> .....	4
<b>PREP</b> .....	6
<b>Adult Programs</b> .....	6
<b>Youth Programs</b> .....	9
<b>Vacation Camps</b> .....	11
<b>Douglas Library</b> .....	13
<b>Community Events</b> .....	15
<b>Sport Groups</b> .....	16
<b>Parks Information</b> .....	17
<b>Registration Information</b> .....	18
<b>Registration Form</b> .....	19

## ★★★ Mission Statement ★★★

- To enhance the quality of life for all Hebron Residents.
- Offer a diverse cultural community and special event activities for all family members.
- Offer a full array of informational services to all leisure activities and organizations.
- Provide professional leisure department assistance to all community groups.
- Provide quality leisure opportunities in a safe and healthy atmosphere.
- Provide a well maintained park system and recreational facilities.
- Provide a comprehensive Master Plan for park development.
- Preserve open space for future generations.
- Impact the quality of life in a positive way.



Produced by  
**the Chronicle**  
 860-423-8466  
 www.thechronicle.com

**Publisher**  
 Mike Schroeder  
**Production Manager**  
 Lynn Coleman  
**Advertising Director**  
 Jan Koivisto

**Sales Representatives**  
 Marilyn Antignani  
 Angie Roten  
 Laurie Moulthrop  
 Jackie Gottlieb

**Advertising Designers**  
 Karen Netopski  
 Linda Lafortune  
 Heidi Graf

**Cover Design & Book Layout**  
 Heidi Graf

# General Information

## Community Contacts

Hebron Town Hall	860-228-5971	<a href="http://www.hebronct.com">www.hebronct.com</a>
AHM Youth Services	860-228-9488	<a href="http://www.ahmyouth.org">www.ahmyouth.org</a>
Douglas Library	860-228-9312	<a href="http://www.douglaslibrary.org">www.douglaslibrary.org</a>
Gay City State Park	860-295-9523	<a href="http://www.ct.gov">www.ct.gov</a>
Hebron Interfaith Human Services	860-228-1681	<a href="http://www.hebroninterfaithhumanservices.org">www.hebroninterfaithhumanservices.org</a>
Mercier Senior Center	860-228-1700	<a href="http://www.hebronct.com">www.hebronct.com</a>
Hebron Soccer		<a href="http://www.hebronsoccer.org">www.hebronsoccer.org</a>
Hebron Youth Baseball		<a href="http://www.hebronbaseball.org">www.hebronbaseball.org</a>
RHAM Youth Lacrosse		<a href="http://www.cecaayouthsports.org">www.cecaayouthsports.org</a>
Tri-County Babe Ruth Baseball and Softball		<a href="http://www.tricountybaberuthct.org">www.tricountybaberuthct.org</a>
RHAM Youth Football & Cheerleading		<a href="http://www.rhamfootball.com">www.rhamfootball.com</a>

# IVES BROTHERS

Keeping our customers comfortable at home for **A Century!**



**Reliable Fuel Oil Delivery and In-House Installation, Repair, and Routine Service** HOD#36

860-423-6381 • 860-267-0211

## WINTER SPECIAL



**\$5 OFF**  
*Dinner for 2*

With this coupon. Dine-In Dinner Entrées Only. Sunday - Thursday. One coupon per person. Not combinable with any other offers. Expires March 20, 2018.

### Family 4-Pack

Choose one entrée

Chicken Parmigiana • Lazy Lasagna • Chicken Marsala  
Fettucini Alfredo Chicken Piccata • Pasta Primavera

**SPECIAL \$25<sup>00</sup>**

This Dinner Special is for Take-Out Only. Available Sun., Tues., Wed., & Thurs. after 4 PM. 24-Hour Notice is Required • Not Valid With Any Other Discount

## Gina Marie's RESTAURANT

CASUAL DINING WITH A GOURMET FLAVOR!!

**Online Ordering: [www.ginamariesct.com](http://www.ginamariesct.com)**  
Mon. 6 am - 2 pm; Tues. & Wed. 6 am - 8 pm;  
Thurs. 6 am - 8:30 pm; Fri. & Sat. 6 am - 9 pm; Sun. 7 am - 8 pm  
**71 Main Street, Hebron • 860-228-9375**



# Hebron Chiropractic Center

Wellness ~ Rehabilitation ~ Sports Performance Enhancement



Dr. Justin Tremblay, D.C.



Dr. Diana Zitserman, N.D.

Helping your family maintain a healthy and active lifestyle through integrative therapies for whole body health.

 Chiropractic Care

 Massage Therapy

 Naturopathic Care

 Acupuncture

Insurances accepted:  
Anthem BC/BS, Aetna, Oxford, United Health and ConnectiCare

**860-228-1441**

21 Pendleton Drive, Hebron, CT 06248  
[www.HebronChiro.com](http://www.HebronChiro.com)



# Parks and Recreation Enrichment Program



Program "PREP"

## Parks and Recreation Enrichment Program "PREP"

**PREP - Parks & Recreation Enrichment Program** - continues to offer before and after school care for Hebron children in grades PRE K (3 or 4 year olds on or before December 31st of the current school year and fully potty trained) through 6th grade. Our goal at "PREP" is to provide a supportive, nurturing environment in which school-age children can develop socially, emotionally, and physically, by encouraging positive self-esteem, self-respect, and problem-solving skills. At PREP children engage in arts & crafts activities, team building games, sports, cooking and outside time weather permitting. Snack is provided to children at the PREP program. In the AM Care session the staff to child ratio is 1 staff member for every 6 children. In the PM Care session the ratio is 1 staff for every 7 children. The PREP staffs are First Aid, CPR and Blood Borne Pathogens certified.

For more information about the Hebron Parks & Recreation PREP program please call the Parks and Recreation office at 860-530-1281

**PREP classrooms are located at Gilead Hill School, Entrance near the playground in back of the school.**



Adult Programs

## Pilates

Join Tina Catanzaro in this dynamic mind/body class. The focus is on core strength and stabilization using the Joseph Pilates method. Please bring a mat, water bottle and towel. Wear comfortable clothing. All are welcome. (6 weeks)

**Location:** Gilead Hill School Activity Room or Music Room

Age	Day	Time	Date	Fee
Adult	W	6:30-7:15P	1/31-3/21	\$70 No class 2/14 & 3/7
Adult	W	6:30-7:15P	3/28-5/9	\$70 No class 4/18
Adult	W	6:30-7:15P	5/16-6/20	\$70

## Yoga

Join Tina Catanzaro, (AAFA, AAI certified Yoga Instructor) as she takes you through a journey of self-exploration. Each class will include breath work, postures, and meditation. Come increase your energy and flexibility while reducing stress. This class will allow you to honor your body, mind and spirit; explore your limits and maximize your potential. Please bring your own yoga mat, water bottle and towel. Wear comfortable clothing. All are welcome. (6 weeks)

**Location:** Gilead Hill School Activity Room or Music Room

Age	Day	Time	Date	Fee
Adult	M	6:30-7:30P	2/12-4/2	\$80 No classes 2/19 & 3/5
Adult	M	6:30-7:30P	4/9-5/21	\$80 No classes 4/16
Adult	M	6:30-7:30P	6/4-6/25	\$54 (4 week class)

# Digital Cameras, Accessories & Much More!

**GoPro**  
Be a HERO.

**Passport Photos**

Home Movies and Videotapes Transferred to DVD

Photography Classes and Seminars

Digital SLR Sensor Cleaning Same-day Service

**Canon**  
AUTHORIZED DEALER

**Nikon**

www.PhotoConnectionOC.com  
Hours: Tues.-Fri. 9:30-6PM  
Sat 9:30-4  
**860-537-2829**

**PHOTO Connection of Colchester**

199 Old Hartford Road • Aspen Plaza • Colchester

## A Touch of Caring Massage Therapy, LLC

Start the year off right!  
**Treat Yourself to a Massage for Health & Wellness!**  
**860-558-3251**  
10 Pendleton Dr. Hebron, CT  
[www.suebtouchofcaring.com](http://www.suebtouchofcaring.com)  
sue@suebtouchofcaring.com

Sue Barrett  
Board Certified, AMTA Member Lic. #4782  
*Licensed Massage Therapist*

## Taekwondo

Come join us and learn the traditional martial art of Taekwondo. You will learn the basics for fitness, flexibility, self-defense, and sparring. A uniform is included. Train in as many classes as you want. (6 weeks)

**Location:** Tae San Academy, 111 Main Street (behind Dunkin Donuts)

Age	Day	Time	Date	Fee
Adult	M,W,F	6-7 pm	1/22-3/3	\$99
	Sat	10-11 am		

## PickleBall

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game!

**Location:** Gilead Hill School Gymnasium

Age	Day	Time	Date	Fee
Adult	M	6:00-8:30P	1/8-6/4	\$55.00 or \$60 for both nights
Adult	W	7:15-9:00P	1/3-6/6	\$45.00 or \$60 for both nights

## Volleyball – Drop In

Males and Females of all skill levels are encouraged to participate and teams will be formed from the players in attendance.

**Location:** Gilead Hill School Gymnasium

Age	Day	Time	Date	Fee
Adult	F	6:00-9:00P	1/12-4/13	\$55.00 (no drop in 3/30)

## Valentines Date Night – We'll watch the kids!

Take the night off while your kids have fun at Gilead Hill Elementary. The Hebron recreation staff will have no shortage of fun for your children. We'll do it all from gym time to arts and crafts. We'll show a movie and even do the cooking providing dinner and a snack. Take advantage of this opportunity for a good ol' fashion date night. Just know that your children are in good hands for the evening!

**Location:** PREP Classrooms @ GHS

Grade	Day	Time	Date	Fee
PK-6	F	5:30-9:30P	2/9	\$30 (\$5 for each additional children)

## Guitar Building and Repair for Beginners

**Instructor** – Steve Pozzato

Participants will learn how to address and repair simple guitar issues ranging from setups and stringing, to rewiring and soldering, and the beginning steps of building a homemade guitar. This course will allow participants to not only diagnose and learn how to address the repair, but to explore repair issues you may have with your own instruments.

**Location:** RHAM High School – Media Center

Age	Day	Time	Date	Fee
Adult/ teen	F	6:00-7:00P	2/9-3/9	\$60 No class on 2/23

## Wilton Cake Decorating

**Instructor** – Linda Stevenson

Learn how to ice and smooth a cake, torte and fill. Decorate a cake and cupcake with numerous borders, writing and printing, Drop Flowers, Ribbon Rose, Rosebud, Ruffle Flower, Sunflower, Daisy, Leaf, grass and pattern transfer. A certificate will be awarded on the last night of the 4 week class. Students are required to purchase all materials for class. List will be given upon registration.

**Location:** RHAM High School – Room 333

Age	Day	Time	Date	Fee
Adult	Tu	6:00-8:30pm	1/23-2/13	\$70 plus supply fees

## Reiki 1

**Instructor** – Eaglemoon Raes

Reiki is a wonderful and gentle hands on healing technique that enhances relaxation and reduces stress. In this two night class you will receive the level 1 atonement, learn the hand positions for self-treatments as well as learn about the energy centers of the body, scanning energy, beaming, and meditation.

**Location:** RHAM High School – Media Center

Age	Day	Time	Date	Fee
Adult	Tu/Th	6:00-9:00P	2/27 & 3/1	\$100

## Looking for a New Dentist? Northeast CT Dental

*Complete General & Cosmetic Family Dentistry*

107 Main Street, Hebron, CT

**(860) 228-3034**

**New & Emergency Patients Welcome Children & Adults**

- X-rays • Cleanings • White & Silver Fillings
- Root Canals • Bridges • Crowns
- Extractions • Implants • Night Guards
- Dentures • Partial • Whitening

### • Husky State Dental

Anthem BC/BS, Cigna, DHMO & PPO, Aetna, DMO & PPO, Medicare, Tricare, Guardian, Metlife, Casino Insurance, United Concordia, United Healthcare

**\$99\***

EXAM, X-RAYS  
CLEANING

\*New patients  
with no insurance.



Like **Hebron  
Parks & Rec** on





**Dr. Myriah Hinchey,**  
Board Certified,  
Licensed Naturopathic Physician



**Dr. Keith Yimoyines,**  
Board Certified,  
Licensed Naturopathic Physician



**Dr. Ceylon Cicero,**  
Board Certified,  
Licensed Naturopathic Physician



**Monica T. Smith,**  
LMFT, MBA. Licensed  
Marriage and Family Therapist



**Sherry Michaud,**  
LCSW, Licensed  
Clinical Social Worker



# **TAO**

**CENTER FOR VITALITY,  
LONGEVITY &  
OPTIMAL HEALTH, LLC**

## **Integrative Medical Wellness Center**

Specializing in diagnosing, reversing and preventing chronic disease, as well as optimizing energy and vitality, using a natural approach.

**We offer a wide variety of treatment options for your entire family, including:**

- Naturopathic Medicine
- Acupuncture
- Psychotherapy / EMDR
- Massage Therapy
- Yoga
- Nutrition
- Hypnotherapy
- Body Composition Analysis & Detoxification

**Call today for a consultation and get on your way to better health!**

27 Main Street, Hebron, CT • **860.228.1287**

[www.taovitality.com](http://www.taovitality.com)

**We Accept:** Anthem BC/BS, Aetna, Cigna, Oxford, Connecticut & Healthy CT



## Self-Hypnosis for Successful Test Taking

**Instructor** – Eaglemoon Raes

Learn about the power of your subconscious mind, stress and fear and how it can get in the way of successful test taking in this two evening program. This class teaches about imprints and how to remove them. The class also focuses on how to develop the optimal mindset for success and how to stay relaxed so information retrieval is easier and test anxiety is reduced.

**Location:** RHAM High School – Media Center

Age	Day	Time	Date	Fee
Teen/	Tu/Th	6:00-9:00P	3/6 & 3/8	\$60
Adult				

## Self-Hypnosis for Successful life

**Instructor** – Eaglemoon Raes

Learn to reprogram your own mind. Self-hypnosis is natural and extremely effective in creating life changes. Come learn how not all thoughts in your mind are beneficial to the goals you want to achieve!

**Location:** RHAM High School – Media Center

Age	Day	Time	Date	Fee
Adult	M/W	6:00-9:00P	1/29 & 1/31	\$60

## Glass Fusing and Slumping

**Instructor** – Carrie Dinunzio

This is a beginners workshop, no experience necessary. Learn the art and science of cutting and shaping glass pieces and melting them together in a kiln. You'll design and create your own functional and decorative glass objects including coasters, pendants, earrings, cuff links, pins and magnets before moving onto more complex designs in slumped bowls, plates and vases.

**Location:** RHAM High School – Room 607

Age	Day	Time	Date	Fee
Adult	Th	6:00-8:00 P	3/1-3/22	\$85 plus \$20 supply fee

## Chain Maille Bracelets

**Instructor** – Sue Hollister

Students taking this chain making course will learn to use jump rings to weave a bracelet using a box chain pattern. Since sterling silver is so expensive, we will be using gold colored copper rings. By the end of the class, most students will finish a bracelet.

**Location:** RHAM High School – Room 607

Age	Day	Time	Date	Fee
Adult	M	6:00-9:00 P	3/12	\$25 plus \$16 supply fee

## Introduction to Welding

**Instructor** – Eric Soucie

This is a hands on class where participants will learn the basics on the following types of welding: MIG, TIG, Stick and Brazing. This class will also use the various hand tools and machines associated with welding.

**Location:** RHAM High School – 135

Age	Day	Time	Date	Fee
Adult	W	6:00-8:00 P	1/24-3/14	\$100 plus \$15 supply fee (no class 2/21)



## Youth Programs

### After School Art

Join Deb Pierce for 8 weeks of creative exploration. Participants will have the opportunity to use a variety of materials and try many different media in a relaxed instructional setting. Painting, sculpting, drawing, crafting and a season project will be presented throughout the session.

**Location:** Art Room at Gilead Hill School or Hebron Elementary School

Grade	Day	Time	Date	Fee
3-6	M	3:15-4:45P	1/8-3/12	\$90.00 No classes on 1/15, 2/19
3-6	M	3:15-4:45P	3/26-6/4	\$90.00 No classes on 4/9, 4/16, 5/28
1-2	TH	3:15-4:45P	1/11-3/1	\$90.00
1-2	TH	3:15-4:45P	3/29-5/31	\$90.00 No class on 4/12, 4/19

Like **Hebron Parks & Rec** on





# Reserve Your Lot Today In Hebron's Premier New Neighborhood!

*This majestic 18-lot neighborhood is set into 87 acres with dedicated open space.*



Home and lot packages starting at \$399,900  
Private wooded lots from 1.47-7.45 acres  
Direct access to the Airline Trail!

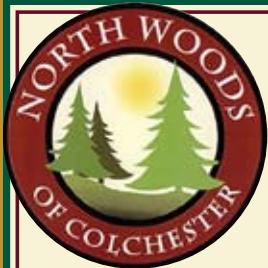


The Adirondack

[www.GrayvilleEstates.com](http://www.GrayvilleEstates.com)



Call 860-576-8135



## North Woods of Colchester

*An Award-Winning Active Adult 55+ Community*

**2016 "Best 55+ Community"**



*Awarded by the Home Builders and Remodelers Association of Connecticut*



Visit our model 7-days from 11-3



Club House ~ Walking Trails ~ Beautiful Wooded Lots

860-537-5338

Rte. 16E-351 Lebanon Ave. Colchester

Visit our website~check out our video of neighborhood testimonials!

[www.NorthWoodsofColchester.com](http://www.NorthWoodsofColchester.com)

**Quality Built Detached Homes from \$299,900**



# Parks & Recreation Vacation Camps

## Taekwondo

Come join us and learn the traditional martial art of Taekwondo. You will learn the basics for fitness, flexibility, self-defense, sparring, and FUN! A uniform is included. Train in as many classes as you want. (6 weeks)

**Location:** Tae San Academy, 111 Main Street (behind Dunkin Donuts)

Grade	Day	Time	Date	Fee
CHILDREN	M,W,F	4-4:45 pm	1/22-3/3	\$99
4-6 yrs				
JUNIORS	M,W,F	5-5:50 pm	1/22-3/3	\$99
6 & up	T, Th	4-4:50, 5-5:50, 6:10-7 pm		
	Sat	9-9:50 am		

## Futsal

**Futsal** is a sport that is widely popular in South America, and Europe. It is traditionally played as a 5 v. 5, with goalies on a basketball court. It is played indoor with a smaller, low bounce ball and encourages a great touch on the ball, good footwork, and dribbling past a defender. Age 9-14 yrs (children)

**Location:** Hebron Elementary School

Grade	Day	Time	Date	Fee
4-5	W	5:30-7:00 P	3/1-3/29	\$100
6-7-8	Th	5:30-7:00 P	3/1-3/29	\$100

## Comic Illustration

**Instructor** – Shelley Osowiecki

Learn the fundamentals of drawing and coloring for comics. This includes character design, paneling and staging techniques. Finished comics will be created primarily in pencil and ink. Explore a variety of comic and sequential art types including newspaper style, graphic novels, manga and web comics.

**Location:** RHAM High School – Room 616

Grade	Day	Time	Date	Fee
5-12th	Tu	6:00-7:30P	1/23-3/6	\$60 plus \$20 supply fee (no class 2/20)

## Reiki 1 - Teens

**Instructor** – Eaglemoon Raes

Reiki is a wonderful and gentle hands on healing technique that restores balance and harmony to the mind, body and spirit. In this two night class you will learn the hand positions for self-treatments as well as learn about the energy centers of the body, scanning energy, healing, medication and other reiki experiences. This session will have a particular focus on students and concentration techniques as well as learning how you can use reiki on your pets, friends and food.

**Location:** RHAM High School – Media Center

Age	Day	Time	Date	Fee
Teen	T/TH	6:00-9:00P	1/23 & 1/25	\$100



## Parks and Recreation Vacation Camps

### School Vacation Day Camps

**Pre – K thru 6th Grade (@ Gilead School)**

School vacation days are open to all Hebron and non-Hebron residents Kindergarten through 6th grade. On the days that school is closed (for example staff development and vacation time) Hebron Parks and Recreation offers child care. Camp days include games, sports, art & crafts, cooking, and outdoor activities. Children are split up into rooms/groups depending on grade and block schedules are followed. Send your children in with 2 snacks and a lunch.

*\*Please note that additional fees may apply for field trips.\**

### Vacation Day Camps

**Dates:** 2/20, 2/21, 3/9

**Location:** Gilead Hill School (Park and Recreation classrooms; entrance near playground)

**Time:** 7:00am-6:00pm

**Cost:** \$46.50 per day

### April Vacation Camp


**Dates:** 4/17, 4/17, 4/18, 4/19 & 4/20

**Location:** Gilead Hill School (Park and Recreation classrooms; entrance near playground)

**Time:** 7:00am-6:00pm

**Cost:** \$46.50 per day

Like **Hebron Parks & Rec** on 



**Showroom & Fabrication Facilities**  
1110 Main Street / 22 Vermont Drive  
Willimantic, CT 06226  
P: 860-456-7627 | F: 860-450-0000  
[www.ctsoapstone.com](http://www.ctsoapstone.com)

### Connecticut's Premier Countertop Source!

**Fabrication and Installation of Soapstone, Granite, Marble, Quartz, Solid Surface and Wood Countertops**

- State of the art CNC manufacturing technology
- Fast turnaround time (7-10 business days)
- **Over 200** slabs in stock for viewing
- Superior craftsmanship, service, and quality



# EXPLORE EXPAND EXPERIENCE

## Credit-Free Programs

- Allied Health
- Art and Crafts
- Baking and Cooking
- Body, Mind and Spirit
- Computer Technology
- Culture and History
- Dance, Drama and Film
- Photography, Languages and Music
- Fitness and Recreation
- Motorcycle and Boating
- Professional Development
- Real Estate and Finance
- Writing and Publishing

To register, call 860-512-3232.  
For more information or to request a  
credit-free catalog, call 860-512-2800.  
[www.manchestercc.edu/explore](http://www.manchestercc.edu/explore)

 MANCHESTER  
COMMUNITY  
COLLEGE  
Division of Continuing Education

## LIBRARY Contact Information

Telephone: (860)228-9312

### To register:

- for Adult programs call (860)228-9312 x323
- for Children's programs call (860)228-9312 x324

Website: [www.douglaslibrary.org](http://www.douglaslibrary.org)

Email Questions: [info@douglaslibrary.org](mailto:info@douglaslibrary.org)

### Catalog:

<http://douglas.biblio.org/eg/opac/home>  
Use the catalog to look up our collection and  
place holds on items.

Find Douglas Library of Hebron on:  
Facebook/Pinterest/Twitter/Tumblr/Instagram



### Hours

Monday & Wednesday 12-8  
Tuesday & Thursday 10-8  
Friday 12-6, Saturday 10-3

- \* Free-Wi-Fi \* New Bestsellers \* Movies \* Magazines, Newspapers \*
- \* E-Books \* Ancestry Database \* Study Rooms \* Hotspots \*
- \* Scanner, Copier, Printer, Computers \*

**KKC** KAHAN  
KERENSKY &  
CAPOSSELA, LLP

ATTORNEYS

*Providing Quality Legal  
Services to Businesses and  
Individuals for Over 50 Years*

### OUR SERVICES

PERSONAL INJURY ~ CRIMINAL DEFENSE  
ARBITRATION ~ MEDIATION ~ LITIGATION  
DIVORCE ~ FAMILY LAW ~ ELDER LAW  
ESTATE PLANNING ~ WILLS & TRUSTS  
PROBATE ADMINISTRATION  
REAL ESTATE ~ RESIDENTIAL ~ COMMERCIAL  
LAND USE & ZONING  
TAXATION & TAXPAYER REPRESENTATION  
INDIVIDUALS ~ BUSINESS ~ CORPORATE

19 Attorneys • Team Approach

VERNON 860.646.1974 | STORRS 860.487.1842

[www.KKC-law.com](http://www.KKC-law.com)

Where else can you find  
Your Favorite Sports,  
Taco & Rib Nights, The  
Very Best Pizza,  
AND a Healthy  
Choices Menu  
ALL Together!?

**Robert's  
LOG CABIN**



Rte 87/383 Trumbull Hwy, Lebanon, CT  
**Take-Out & Delivery, Too!** 860.456.7663

# Douglas Library of Hebron



## Chess Night

The last Thursday of each month, join us in learning the fun and strategic game of Chess. Learn some new moves and clever tricks. All ages and experience levels welcome. Boards and pieces are provided by the library, but if you wish to bring your own, you are welcome too.

**Location:** Douglas Library Community Room

## GENERAL INFORMATION

### Friends of the Library Book Sale

The Friends of Douglas Library hold quarterly book sales whose proceeds support the library's collections and programming needs. The next Book Sale is on **March 3rd, 2018 from 9am to 3pm**. Get there early for the best selection. Bestsellers, audiobooks, children's material and much more! From 2pm to 3pm it is a dollar a bag!

### Becoming a Friend of the Library

If you are interested in joining the Friends of the Library and helping out with the Book Sales and/or to be a part of their library support mission, please call 860-228-9312 x312.

### Homebound Program

Did you know the Douglas Library had a Homebound Delivery Program? To qualify for this free service, the homebound patron must live in either Hebron or Amston. To be eligible to receive items for home delivery, the patron must be the following; 1.) Confined to their home due to prolonged illness, extended convalescences, or advanced age and have no household member available to get to the library for items. 2.) Have a temporary or permanent physical or mental disability that prevents them from coming into the library.

Call the library to see if Homebound Delivery is an option for you!

### Museum Passes

*(Please call the library for specifics on each pass)*

Beardsley Zoo – Bridgeport, Basketball Hall of Fame, Children's Museum of West Hartford, Connecticut Eastern Railroad Museum – Willimantic, Connecticut Historical Society – Hartford, Connecticut Old State House, Connecticut Science Center, Florence Griswold Museum, Lutz Children's Museum, Lyman Allyn Art Museum, Maritime Aquarium at Norwalk, Mark Twain House – Hartford, Mystic Aquarium, Mystic Seaport New Britain Museum of American Art, New England Air Museum – Windsor Locks, Old Sturbridge Village, Peabody Museum, Roger Williams Park Zoo – Rhode Island, State Park and Forest Day Pass – Connecticut, Wadsworth Athenaeum Museum of Art – Hartford

### Volunteer Opportunities

The library has various volunteer opportunities. Currently, we offer both inside and outside volunteer hours as we have recently been working on a community garden project. We are also interested in creating a Teen Advisory Board. This teen volunteer group would help the library with program planning, collection guidance and space planning for our Young Adults. Any of these volunteer hours can be set up by visiting the library and filling out our volunteer form.



## Douglas Library of Hebron

## CHILDREN'S PROGRAMS

### Storytimes

Storytime sessions run from September to June in six-week block sessions. January 2018 will be the start of the next sessions. Registration is free and required in advance due to limited class sizes. Parents and caregivers may come into the library to register or call the Children's department for more information. Waiting lists are available as classes fill.

- **Tuesday, 10am:** "Toddlers" 2 to 3 years
- **Thursday, 10am:** "Baby and Me" 0 to 2 years

Come join the fun!

## YOUNG ADULT PROGRAMS

**Teen Advisory Board** the Teen Advisory Board regularly meets the **first** and **third** Wednesday of each month at **4:00pm**, during the school year. This group helps plan teen events and discusses young adult program ideas and library collection needs. Time spent working in the meetings can be counted toward volunteer requirements.

**Teen Writers** Starting **Tuesday, November 28th**: Join the new Teen Writing Group on Tuesday at **4:00pm**. Meet with other writers to discuss ideas, get tips, share your work, and be creative. If you have any questions about the group email Michele michele@douglaslibrary.org

## ADULT PROGRAMS

### Film Series

The Douglas Library will be showing a variety of new films that were recently released over the past year. Look for our next series on December 1st. December's series will be Foreign Films. Many of the selections are award winning movies. These movies range from PG to R rating, so they may not be suitable for children. During the movies coffee and tea will be provided with the option of popcorn if attendees are interested. Movies will be shown for six consecutive weeks. **All movies begin at 1pm.** *Free, no registration required.*

**Location:** Douglas Library Community Room

## MULTIPLE AGES

### Monday Night Handicraft Group

Join our knitting/crochet group every **Monday night from 6 to 7:45** to work on knitting in a congenial atmosphere. Any level of knitter/crocheters is welcome. During the colder months, the group is working on knitting/crocheting for area residents in need. Bring your own projects, or just get inspiration or pointers from the other crafters. **Drop-In, No registration required.**

# Colebrook ∞ Village at Hebron



Your Preferred Choice in Senior Living  
Opening to Residents Spring 2018

**NOW LEASING!**

Virtual tours are being scheduled.  
Units are available for independent, assisted living, and  
memory care; premium priced for a limited time.

**VISIT US AT OUR WELCOME CENTER!**

105 Main Street, Hebron, CT 06248  
**860.801.1114**  
www.colebrookvillage.com

**Exceptional Value Gives You Peace of Mind**



**Enrichment Classes  
for Inquisitive and  
Creative Minds in  
Grades K-8**

**Saturday Classes  
February-April**

Topics: culinary arts, science,  
visual art, computer science,  
theatre, veterinary science,  
mathematics, physics, engineering,  
photography, computer animation,  
Minecraft™, babysitting training,  
computer coding, creative STEM  
activities, and more!

For more information, contact  
**Carleigh Schultz, Coordinator,**  
at [cschultz@manchestercc.edu](mailto:cschultz@manchestercc.edu)  
or 860-512-2804.



 MANCHESTER  
COMMUNITY  
COLLEGE  
Division of Continuing Education

Check out our catalog at  
[www.manchestercc.edu/excursions](http://www.manchestercc.edu/excursions)  
Facebook: MCC Excursions in Learning

# Waypoint<sup>®</sup>

LIVING SPACES

**CABINETS DESIGNED FOR LIVING**



Waypoint<sup>®</sup> takes pride in building cabinetry that is beautiful and durable to meet the rigorous needs of the American family and their way of life. So, when you choose cabinetry, it is important to choose both strength and beauty.

 **Design Center East, LLC**

27 MEADOW STREET, WILLIMANTIC • 860-450-8442  
Hours: Mon.-Fri. 9 to 5; Sat. 9 to 2

See us on Houzz  
[www.pinterest.com/designcentereas/](http://www.pinterest.com/designcentereas/)



# TARCA'S

HEBRON AUTOMOTIVE REPAIR, INC.

**FOREIGN & DOMESTIC  
CARS AND TRUCKS**

**PROVIDING EXCELLENT CAR CARE SERVICE  
FOR OVER 20 YEARS!**

**From Tune-ups to Transmissions...**

**WE DO IT ALL!**

- ◆ Emission Service & Repair
- ◆ Brakes
- ◆ Tires
- ◆ Shocks
- ◆ Local pick up and drop off available!
- ◆ Struts
- ◆ Exhausts
- ◆ Computer Diagnostics
- ◆ A/C

**LOOKING TO TRADE IN?  
WE BUY USED CARS!**

24 Wall Street, Hebron, CT  
**860-228-1200**

Mon. - Fri.: 8am - 5pm, Key Drop Box For After Hours



# Community Events



## Community Events

### Knights of Columbus

All boys and girls ages 9 to 14 are invited to participate in the local level of competition for the 2018 Knights of Columbus Free Throw Championship.

**Location:** HES Gym

**Date:** Thursday, January 18th, 2018 Local Level  
(snow date January 25th, 2018)

**Times:** 5:00pm-7:00pm

**Fee:** Free

### Hebron's Got Talent

Dancers, musicians, vocalists, comedians, performers of all kinds! Now accepting applications for local talent. Application can be picked up at Ted's IGA Supermarket, Hebron Parks & Recreation and AHM Youth and Family Services. All Applications are due by December 18th. All proceeds to benefit the Children's Scholarship programs of AHM Youth and Family Services and Hebron Parks & Recreation. For more information please contact Gilead Congregational Church at 860-228-3077.

**Date:** Friday, February 2nd, 2018 (snow date 2/10)

**Location:** RHAM High School Auditorium

**Time:** 6:30 pm

**Fee:** \$8 individual/\$25 family of four

### Easter Eggtravaganza

Join the Hebron Parks and Recreation Department in celebrating Easter as we enjoy an Easter Bunny breakfast and search for hundreds of eggs that the Easter Bunny hid!

**Location:** Gilead Hill School

**Date:** 3/24/2018

**Time:** 8:30

**Fee:** \$ 6 adult/\$4 child/\$16 per family – Day of \$7 adult/  
\$5 child/20 per family

## O'Connell Wealth Management, LLC

[www.oconnellwealthmanagement.com](http://www.oconnellwealthmanagement.com)

**Brian O'Connell,**  
LPL Registered Principal  
[brian.oconnell@lpl.com](mailto:brian.oconnell@lpl.com)

32 Main Street #2  
PO Box 93  
Hebron, CT 06248  
(860) 228-2036

Securities offered through LPL Financial. Member FINRA/SIPC \*LPL Financial Representatives offer access to Trust Services through Private Trust Company N.A., an affiliate of LPL Financial

**Investments Advice 401(k) Plans Trusts\***



## The Hairline

### WINTER SPECIAL!

Chase away your aches and pains with a soothing **MASSAGE!**

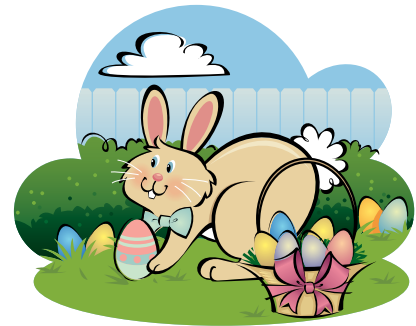
# \$15 OFF

for new clients with this coupon.  
Valid through February 28, 2018.

Call Sue McCaffrey to schedule your appointment today!

CT License #003362

**860-228-3039**  
269 Church Street • Amston, CT 06231  
Tuesday - Friday 9-7, Saturday 9-3



m a n s f i e l d



Hebron • Mansfield

Robert Gildersleeve MD, FACOG

Lesley Gumbs MD, FACOG

Veronica Helgans MD, FACOG

Yvette Martas MD, FACOG

Stephanie Welsh CNM

**860-450-7227 (phone)**

**860-450-7231 (fax)**

## Lifelong Women's Healthcare

Adolescence • Pregnancy • Menopause



Find us on Facebook

[www.mansfieldobgyn.com](http://www.mansfieldobgyn.com)

Devoted to women, committed to excellence.

# Sports Groups



## Sport Groups



Hebron, Andover, & Marlborough have joined forces to form an exciting new recreational fast pitch youth **softball** league. **HAMR** offers a range of age based leagues ranging from basic skill instruction to advanced fundamentals and in game strategies. HAMR is committed to quality instruction, sportsmanship, teamwork, respect for self and others while inspiring a life-long passion for the game. Registration will be open in February for our spring season. Updated information can be found on the HAMR website: [www.HAMRsoftball.com](http://www.HAMRsoftball.com)



Hebron, Andover and Marlborough Youth Soccer have merged and is now **RHAM Youth Soccer**. Soccer registration and information for all ages, from preKinder through 15 years old, can be found at [www.RHAMYouthSoccer.org](http://www.RHAMYouthSoccer.org). We offer recreational/travel programs/teams for all ages from pre-Kinder through 15. Registration for the Spring generally opens in December and runs through early April. Early registration is strongly encouraged as roster sizes are limited and late registrants are not guaranteed placement on teams. Tryouts for Competitive squads are held in early June. Selected comp teams compete from the fall through the spring. If you are interested in volunteering or have any questions, please contact our president and registrar, T.J. Morelli-Wolfe, at [Morelli.wolfe.law@gmail.com](mailto:Morelli.wolfe.law@gmail.com).



**RHAM Youth Lacrosse** offers kids in our community the opportunity to learn the exciting sport of lacrosse! Safety, sportsmanship, and skills development are at the absolute center of every part of the RHAM Youth Lacrosse experience, and we offer age-appropriate developmental lacrosse for boys and girls in kindergarten through 8th grade. We offer Learn-to-Play sessions each fall to give new players (and parents!) a chance to see what lacrosse is all about – sign up to receive announcement emails on our website ([rhamyouthlacrosse.com](http://rhamyouthlacrosse.com)). Registration begins in the late fall and ends in January. *Questions?* Email RYL president Lynne Murray at [lynnejmurray@gmail.com](mailto:lynnejmurray@gmail.com) [www.rhamyouthlacrosse.com](http://www.rhamyouthlacrosse.com)



## RHAM Youth Baseball

### MISSION STATEMENT

To encourage participation, develop character & discipline, promote teamwork and advocate citizenship and community pride. Hebron Baseball emphasizes the basic ideals of sportsmanship, fair play and respect for the rules of the game among players, parents, coaches and all other event participants. (Formerly Hebron Baseball)



## 2018 Spring Registration

*begins February 1st*

### COMMUNITY CONTACTS:

**Hebron Town Hall** 860-228-5971  
[www.hebronct.com](http://www.hebronct.com)

**AHM Youth Services** 860-228-9488  
[www.ahmyouth.org](http://www.ahmyouth.org)

**Douglas Library** 860-228-9312  
[www.douglaslibrary.org](http://www.douglaslibrary.org)

**Gay City State Park** 860-295-9523  
[www.ct.gov](http://www.ct.gov)

**Hebron Interfaith Human Services** 860-228-1681  
[www.hebroninterfaithhumanservices.org](http://www.hebroninterfaithhumanservices.org)

**Mercier Senior Center** 860-228-1700  
[www.hebronct.com](http://www.hebronct.com)

RHAM Youth Soccer [www.hebronsoccer.com](http://www.hebronsoccer.com)

RHAM Youth Baseball [www.hebronbaseball.org](http://www.hebronbaseball.org)

RHAM Youth Lacrosse [www.cecaayouthsports.org](http://www.cecaayouthsports.org)

Tri-County Babe Ruth Baseball [www.tricountybaberuthct.org](http://www.tricountybaberuthct.org)

RHAM Youth Football & Cheerleading [www.rhamfootball.com](http://www.rhamfootball.com)



# Parks Information



## Parks Information

(ALL PARKS ARE OPEN SUNRISE TO SUNSET)

### TOWN PARKS

#### Burnt Hill Park

Located on 148 East Street, Burnt Hill Park has two baseball fields, three multipurpose fields and nature walking trails. A pavilion at the park is available for rental.

#### Hebron Veteran's Memorial Park

Located on Route 316 (across from the RHAM High School tennis courts), offering a baseball field, softball field, soccer field, playscape, basketball court, and skateboard area.

#### Raymond Brook Preserve

Located off of Church Street near Kinney Road. Offering walking and biking trails.

#### Grayville Falls

Located off Grayville Road is great for picnics, hiking, etc.

#### Old Colchester Park

Located on Old Colchester Road featuring a multi-purpose field for sports.

#### Airline Trail

An asset in our midst! Built in the 1870's the Air Line Railroad ran diagonally across Connecticut through East Hampton center, just south of Marlborough (through northern most Colchester, and continuing through southern Hebron/Amston). The trail is now a recreational haven for hiking, horseback riding, mountain biking, running, etc. (Non-motorized pursuits only). The Trail can be accessed at Grayville Park, or off Route 85, near Julianos Pools. Take a morning or early evening stroll, or bring the kids with their bikes! For inspiration, visit Photographer **Stan Malcolm's** website, which hosts scores of beautiful pictures from the Trail: [www.performance-vision.com/airline](http://www.performance-vision.com/airline).

### Notice to Dog Owners

State statute states dogs must be under the direct control of its owner at all times, including town parks. Many children playing at our parks may be frightened of a loose dog. Help keep our parks clean.

### STATE PARKS

#### Gay City State park

Located along Route 85 near the Hebron/Bolton Town line, this park offers swimming and picnic areas plus miles of maintained trails.

### SCHOOLS

#### Hebron Elementary School

Located on Church Street has a playscape and multi-purpose fields for sports.

#### Gilead Hill School

Located on Gilead Street has a playscape and athletic fields for sports.

Like **Hebron Parks & Rec** on 

## Running From Activity to Activity?

### Stop by **Hebron Quick-Lube** and We'll Keep You Running!

**New Services...** Tire Rotation, Headlight Lens Restoration, Battery Testing

**Cabin Air Filter Changes...** A must for allergy sufferers!

**Frequent Customer Discounts...** we appreciate your loyalty and reward YOU with lower prices!

**NEW SERVICE!**  
Now offering  
Tire  
Rotation!

► **Complete Oil Change Service**

**No Appointment Ever Necessary!**

• Interior Vacuum • 16-Point Inspection • Lube, Oil, Filter

► **State of CT Emissions Testing - Yes, We Do Diesel too!**

• Fast • Close By • Clean Waiting Area

**\$3.00 OFF** Complete Oil Change Service  
(up to 5 qts. with this coupon)

**HEBRON QUICK-LUBE**

24 Wall Street • Hebron • 860-228-1314

M-F 8am-5:30pm, Sat. 8am-2pm

**"Small Town Attention...Big Town Service!"**

**RITEWAY CHIMNEY LLC**  
OVER 20 YEARS EXPERIENCE

- CSIA Certified
- Cleanings
- Masonry
- Liners Installed
- Caps Installed
- Wood/Pellet
- Prefab Chimneys
- Stove Installs
- Leaks Repaired

**TOP RATED BY Angie's list**

BUILDING A FLAWLESS REPUTATION ONE SATISFIED CUSTOMER AT A TIME

**Family Owned and Operated**

**860-537-7704**

FREE ESTIMATES OWNER DOES ALL WORK

Fully Licensed & Insured 0602553



# Registration Information

## Registration Information

Nothing spoils a good program faster than everyone waiting until the last minute to register. Registrations cannot be processed without full payment. Hebron Parks & Recreation reserves the right to set minimums and maximums for all programs and trips and to cancel any program or trip due to insufficient enrollment, as well as, change the date, time for location for any program because of unforeseen circumstances.

### Registrations are accepted:

**In person:** The Parks & Recreation Office is located at Burnt Hill Park, 148 East Street Hebron, CT 06248.

**By mail:** Complete your registration form and return it with full payment to: Hebron Parks & Recreation, 15 Gilead Street, Hebron, CT 06248

**By phone:** With payment made in full using a MasterCard, Visa or Discover. Please call 530-1281. (American Express in not accepted)

## Scholarship Program

Any Hebron resident may apply for a scholarship for a recreation program due to financial need. Requests must be made in writing on an official application form, available in the Parks & Recreation Office. All requests are confidential and will be evaluated based on financial or personal hardship.

## Refund Programs:

**Refunds are issued only in the following circumstances:**

- If a program is cancelled by the Parks & Recreation Department.
- On request for a medical reason and with written notification from a doctor.
- If a program participant's spot can be replaced with someone from a waiting list.
- There are no refunds once a class has begun. (see Bus Trips below)
- All program cancellations and changes are subject to a \$15.00 fee.
- There is a \$20.00 fee for returned checks.

## Bus Trips:

Due to the nature and commitment of bus contracts, bus trips are non-refundable unless tickets can be re-sold.

## Weather Related Cancellations

When schools are cancelled due to inclement weather, all Hebron Parks & Recreation programs are cancelled.

Stay tuned to these television stations for updated cancellation information or check on line.

<b>Television:</b>	<b>NBC30</b>	<a href="http://www.nbccconnecticut.com">www.nbccconnecticut.com</a>
	<b>WFSB</b>	<a href="http://www.wsfb.com">www.wsfb.com</a>
	<b>WTNH</b>	<a href="http://www.wtnh.com">www.wtnh.com</a>
	<b>Fox 61</b>	<a href="http://www.fox61.com">www.fox61.com</a>

**HAPPY HOLIDAYS**  
from all of us at  
**Mark's United Auto Parts!**



- Foreign & Domestic Parts
- Monroe Shocks • RainX Wipers
- AC Delco • Interstate Batteries
- Anco Wiper Blades
- Wagner Headlights

You Can **TRUST** the **ADVICE**  
of our **Trained, Knowledgeable and Experienced Staff!**



Locally Owned! • Family Operated! • Serving the Community for 40 years!



**Weather Tech**  
**ALL WEATHER FLOOR LINERS!**



**ON SALE NOW!**  
While supplies last!

**SHOP MARK'S UNITED AUTO PARTS THIS HOLIDAY SEASON!**

We have Tool Kits, Power Tools, Mechanics Lifts, Creepers, Car Mats, Chargers, and Accessories for every driver in the family!

**Great Selection of STOCKING STUFFERS!**

Including Ice & Snow Scrapers, Arctic Guard Snow & Windshield Covers, Flash Lights, Key Chains & MUCH MORE!!

95 South Main Street, Colchester, CT • [www.marksunited.com](http://www.marksunited.com)  
860-537-2348 • 860-537-2349 • 800-734-9529 • FAX 860-537-9653  
Open 7 Days Mon.-Fri. 7:30-6 • Saturday 8-4 • Sunday 8-2

# Registration Form



## HEBRON PARKS & RECREATION

**Mailing Address:**

Hebron Parks & Recreation  
15 Gilead Street  
Hebron, CT 06248

860-530-1281  
860-228-5912 fax  
www.hebronct.com

**REFUNDS:** All programs are self supporting and a commitment needs to be made to instructors and staff. Therefore, refunds are issued only in the following circumstances: If a program is cancelled by the Parks & Recreation Department or on request for a medical reason and with written notification from a doctor. If a program participant's spot can be replaced with someone from a waiting list. There are no refunds once a class has begun. All program cancellations and changes are subject to a \$15.00 fee and for all returned checks there is a fee of \$20.00.



NAME OF PARTICIPANT \_\_\_\_\_

GRADE \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

PARENT/GUARDIAN \_\_\_\_\_

EMERGENCY CONTACT P \_\_\_\_\_

Please list any medical cond \_\_\_\_\_

EMAIL ADDRESS: informat \_\_\_\_\_

CHECK ONE:

1/09/17)

Yes  No

**NEW FORM TO COME**

COACH NAME \_\_\_\_\_

ASST. COACH NAME \_\_\_\_\_

He

**PHOTO POLICY:** By r  
not wish to be photogr

fication. If you do

I hereby give approval

all risks and haz-  
ards incidental to the program(s), including transportation to and from the site of said program. I hereby waive, absolve, indemnify and agree to hold harmless the  
Town of Hebron, the department, the commission, supervisors, instructors, coaches, assistant coaches, referees and participants from claims arising out of injury  
to myself/my child. Any injuries will have to be covered by the individual's insurance.

PARENT/PARTICIPANT SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

Circle t-shirt size: YS YM YL S M L XL

Town of Hebron  
Hebron Parks & Recreation Dept.  
15 Gilead Street  
Hebron, CT 06248

STD  
US POSTAGE PAID  
HARTFORD, CT  
PERMIT NO. 5126

\*\*\*\*\*ECRWSS\*\*\*\*\*

POSTAL CUSTOMER  
HEBRON, CT 06248

## VILLAGE SHOPPES

Route 66 - 127 Main Street  
Hebron, CT 06248  
*For Your One Stop Shopping!*

MORE  
GOOD  
HAIR  
DAYS

perSNIPity Salon

by appointment or walk-in

HAPPY NEW YEAR

Lisa Yopp & Suzi Stula • Owners

860.530.1172 • 127 Main Street (Village Shoppes) • Hebron, CT

 **Zen Garden**  
Asian Restaurant  
Chinese & Thai Cuisine

• Always Fresh Ingredients • NO MSG  
• Luncheon Specials, 11-3pm • BYOB

Tues., Wed., Thurs., Sun.: 11-9:30 • Fri. & Sat.: 11-10:30 • Closed Mon.  
Order on line [www.zengardenhebron.com](http://www.zengardenhebron.com)  
860-228-9600 • 860-228-9603



## ANGIES RESTAURANT

Pizza, Grinders  
& Italian Dinners

860-228-1018



## Colonial Country Store

T.V. Entertainment  
Stands To Fit Every T.V.  
And Space!

More Styles And Sizes Available  
Kitchen Island Makes  
Great Storage

860-228-9928

Monday - Friday 10:00-5:30; Sat 10:00-5:00



Available  
In Many Colors

## THE PACKAGE STORE

Imported & Domestic Beers  
Fine Wines at Great Prices

860-228-3662



- USDA Meats
- Fresh Produce
- New York Deli
- In Store Bakery
- Seafood Dept.
- Gourmet Foods
- Garden Shop

*Your Home Town Store  
Serving the Community  
for over 40 YEARS!*

Our Family Taking Care Of Your Family.

860-228-4311