SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR-MAY-2017

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Apple Juice Stuffed Pepper w/Tomato Sauce White & Brown Rice Prince Edward Blend Vegetables Oatnut Bread Chocolate Cake	2	Country Style Soup Swedish Meatballs w/Gravy Over Egg Noodles Winter Mixed Vegetables Saltines Mandarin Oranges	3	Orange Juice Roast Pork Loin w/Gravy Rice Pilaf Green Beans Wheat Dinner Roll Applesauce	4	Chicken Soup Chicken Jubilee Mashed Potatoes Spinach Saltines Tropical Fruit	5	No Meals Fridays
8	Italian Chicken w/Artichokes & Chickpeas Farfalle Noodles California Blend Vegetables 12-Grain Bread Pineapple Tidbits	9	Russian Cabbage Soup Kielbasa Pierogies w/Onion Butter Sauce Sauerkraut Saltines Fruit Cocktail	10	Turkey Chow Mein Over Fluffy White Rice Bias Cut Carrots Pumpernickel Bread Fresh Orange	11	**CRT MOTHER'S DAY MEAL!** Grape Juice Roast Beef w/Gravy Baked Sweet Potato Broccoli Florets 100% Whole Wheat Bread Special Dessert	12	No Meals Fridays
15	Salisbury Steak w/Vegetable Gravy Lyonnaise Potatoes Scandinavian Blend Vegetables 100% Whole Wheat Bread Tropical Fruit	16	Grape Juice Stuffed Cabbage w/Italian Sauce Parslied Bowties Italian Mixed Vegetables Oatnut Bread Fruit Oatmeal Bar	17	**Monthly Birthday Party** **Baked Chicken, scalloped potatoes, vegetable, bread, and dessert** **Cost is $5** **Deadline to register is Friday, May 12th**	18	Macaroni & Cheese Tossed Salad Greens w/Cherry Tomatoes/Cucumbers Stewed Tomatoes & Zucchini Ranch Dressing Wheat Dinner Roll Fresh Orange	19	No Meals Fridays
22	Meatloaf w/Gravy Garlic Smashed Potatoes Creamed Spinach Pumpernickel Bread Fruit Cocktail	23	**CRT MEMORIAL DAY MEAL!** Orange Juice BBQ Peach Chicken Potato Salad Tossed Green Salad w/Cherry Tomatoes/Italian Dressing Wheat Dinner Roll/ Strawberries/Homemade Biscuit/Whipped Topping	24	Beef Vegetable Soup Grande Cheese Ravioli w/Tom. Sauce French Style Green Beans Saltines Fresh Orange	25	Orange Juice Herb Seasoned Pork Loin w/Broth Cut-Up Sweet Potatoes Zucchini Rye Bread Raspberry Strudel Stick	26	No Meals Fridays
29	**CLOSED IN OBSERVANCE** OF **MEMORIAL DAY HOLIDAY!**	30	Hamburger w/Broth Sliced Tomato Leaf Lettuce Tortellini Salad Ketchup/Mustard/Relish Whole Grain Bun Fresh Orange	31	Corn Chowder Potato Crumbled Pollock w/Tartar Sauce Chive Mashed Potatoes Beets Saltines Fruit Cocktail				

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.

All meals are served with milk, bread and margarine. **DONATIONS: $2.50 (or whatever you can afford)**