



SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR-SEPTEMBER-2017



MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
4	CLOSED IN OBSERVANCE OF LABOR DAY HOLIDAY	5	Orange Juice BBQ Peach Chicken Potato Salad Corn Wheat Dinner Roll Fruit Oatmeal Bar	6	Corn Chowder Breaded Fish Square Potato Wedges Tartar Sauce Saltine Crackers Creamy Coleslaw w/Carrots, Purple & Green Cabbage Peaches & Pears	7	Italian Style Meatloaf Seashell Pasta w/Marinara Sauce Mixed Salad Greens w/Tomatoes/Cucumbers/Onions Italian Dressing Pumpernickel Bread Pineapple Tidbits
11	Pork Ribeye Vegetarian Baked Beans Prince Edward Blend Vegetables 12-Grain Bread Peaches	12	Stuffed Cabbage w/Marinara Sauce Rice Romano Beets Rye Bread Tropical Fruit	13	Spring Vegetable Soup Chef Salad w/Mixed Greens (Shredded Cheese/Turkey Ham) Cooked Ham Croutons/Ranch Dressing Wheat Dinner Roll Mandarin Oranges	14	Cran-Apple Juice Pot Roast w/Gravy Baked Sweet Potato Spinach 100% Whole Wheat Bread Frosted Carrot Cake
18	Pineapple-Orange Juice Meatballs w/Italian Sauce Ziti w/Italian Sauce Broccoli & Cauliflower Oatnut Bread Pears	19	NATIONAL BUTTERSCOTCH PUDDING DAY Cran-Apple Juice Seafarer's Seafood Salad Baked Sweet Potato Shredded Lettuce Multi-Grain Bun Butterscotch Pudd. w/W. Topping	20	Birthday Lunch Shepard's Pie, Roll, and Dessert Cost is \$5 Please RSVP by Friday September 15th	21	Orange Juice Macaroni & Cheese Tossed Salad w/Cherry Tomatoes/Cucumbers Italian Dressing Stewed Tomatoes/Zucchini Wheat Dinner Roll Peaches
25	Sausage w/Red & Green Peppers Penne w/Tomato Basil Sauce Italian Green Beans Club Roll Tropical Fruit	26	Orange-Pineapple Juice Oven Fried Chicken Vegetarian Baked Beans Vegetable Medley Wheat Dinner Roll Frosted Banana Cake	27	Chicken Vegetable Soup Orange & Cumin Rubbed Pork w/Broth White & Brown Rice Broccoli Spears 100% Whole Wheat Bread Peaches	28	American Chop Suey Spinach Salad w/Tomatoes/Cucumbers/Onions Raspberry Vinaigrette Dressing Capri Blend Vegetables Oatnut Bread Fresh Orange

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.

All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)