

DECEMBER 2017 MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4	Orange Juice Turkey Chow Mein Over Yellow Rice Cut Carrots 12 Grain Bread Rocky Mt Pudding (Choc Pudding w/Mini-Marsh)	5 White Bean & Escarole Soup Tuna Fish Salad Whole Grain Kaiser Roll Sweet Potato Wedges Sliced Tomato & Shredded Lettuce Peaches	6 Holiday Party Appetizers, Pork, Scalloped Potatoes, Vegetable, Bread, Dessert - Music by Hebron Elem. School Chorus Cost \$5 - RSVP by Monday, December 1st 860-228-1700	7 Country Veg. Soup Ziti w/Beef Meat Sauce Garden Salad w/Cherry Tomatoes & Cucumbers Ranch Dressing Saltine Crackers Pineapple Tidbits
11	Turkey Meatballs w/Sweet Sour Sauce Whole Grain Brown & White Rice Italian Blend Vegetables 100% Whole Wheat Bread Fresh Orange	12 Stuffed Green Pepper Bowtie Pasta Oriental Style Vegetables Oatnut Bread Peaches & Pears	13 Cran-Apple Juice Stuffed Chicken Breast w/Gravy Seasoned Baby Potatoes Garden Blend Vegetables Corn Muffin Ice Cream Cup	14 Breaded Fish Filet Tartar Sauce Multi-Grain Bun Tortellini Salad Stewed Tomatoes Tropical Fruit
18	Grande Cheese Ravioli w/Italian Sauce California Blend Vegetables Mixed Salad Greens w/Cherry Tomato & Cucumber Ranch Dressing Wheat Bread Fruit Cocktail	19 Chicken Vegetables Soup Chicken Salad Whole Grain Bun Coleslaw w/Red,Green,Purple Cabbage Potato Puffs Tropical Fruit	20 Birthday Party Lasagna, Tossed Salad, Fresh Bread, Dessert & Music by the Sunshine Singers Cost \$5 - RSVP by Friday, December 18th call 860-228-1700	21 Sauerbraten w/Gingersnap Gravy Parslied Potatoes Diced Carrots & Peas 100% Whole Wheat Bread Applesauce
25	SENIOR CENTER CLOSED 	26 SENIOR CENTER CLOSED 	27 Autumn Vegetable Soup BBQ Pork Ribequé Carnival Rice Cut Green Beans 12 Grain Bread Fresh Orange	28 Roast Turkey w/Gravy Cut Sweet Potato 4 Way Vegetable Blend Cranberry Sauce Corn Muffin Peaches (Reminder Monday, January 1, 2018 we are closed)

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses. All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)