



SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR- FEBRUARY-2018



| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--------|--|---------|---|-----------|---|----------|---|--------|-------------------------|
| | | | | | | 1 | Turkey Stew w/Potatoes Garden Salad w/Tomatoes, Cucumbers, Croutons Ranch Dressing Butter Milk Biscuit Peas & Carrots Applesauce | 2 | No Meals Served Fridays |
| 5 | Pineapple Orange Juice Lemon Baked Chicken Bowtie Pasta Broccoli Florets Oatnut Bread Pears | 6 | Hearty Vegetables Soup Sloppy Joe (Turkey) Wheat Hamburger Bun Sweet Potato Fries Capri Blend Vegetables Pineapple & Mandarin Oranges | 7 | Roast Turkey w/Gravy Mashed Potatoes Mixed Vegetables Cranberry Sauce Wheat Bread Fresh Orange | 8 | Italian Sausage w/Italian Sauce Penne w/Marinara Sauce Italian Blend Vegetables 12 Grain Bread Peaches | 9 | No Meals Served Fridays |
| 12 | Orange-Pineapple Juice Sliced Meatloaf w/Gravy Spanish Rice Carrots 100% Whole Wheat Bread Fruit Cocktail | 13 | Cran-Apple Juice Oven Fried Chicken Mashed Potatoes Corn Oatnut Bread Mandarin Oranges | 14 | HAPPY VALENTINE'S DAY Cream of Broccoli Soup Tuna Salad on Multi Grain Roll Sliced Tomato & Leaf Lettuce Three Bean Salad Saltine Crackers Frosted German Chocolate Cake | 15 | Baked Ham w/Raisin Sauce Baked Potato Squash 12 Grain Bread Peaches | 16 | No Meals Served Fridays |
| 19 | Senior Center Closed Happy Presidents' Day! <small>zingerburg.com</small> | 20 | Grape Juice Roast Chicken w/Vegetable Broth Mashed Potatoes Spinach 12 Grain Bread Cherry Apple Crisp | 21 | Birthday Party Lunch \$5 RSVP by Friday, February 16th 860-228-1700 | 22 | Orange Juice Roast Pork A La Orange Sweet Potatoes & Apples Caribbean Blend Vegetables Corn Muffin Fresh Banana | 23 | No Meals Served Fridays |
| 26 | Orange Juice HOT DOG on Hot Dog Roll Vegetarian Baked Beans Mustard, Ketchup, Relish Sauerkraut Ice Cream Cup | 27 | Shell Pasta w/Beef Meat Sauce Italian Mixed Vegetables Garden Salad w/Cherry Tomatoes & Cucumbers Ranch Dressing Saltine Crackers Peaches | 28 | Beef Vegetables Soup Hamburger w/Broth Potato Salad Sliced Tomato & Leaf Lettuce Multigrain Bun Ketchup / Mustard / Relish Pears | | | | |

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.
 All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)