





# SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR - APRIL-2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
2	Orange Juice Boneless Mandarin Chicken Fluffy Rice Oriental-Style Vegetables 100% Whole Wheat Bread Pears	3	Spring Vegetable Soup Chef Salad w/Mixed Greens (Shredded Cheese/Turkey Ham/ Cooked Egg) Ranch Dressing Saltine Cracker Wheat Dinner Roll Fresh Orange	4	Grape Juice Roast Beef w/Gravy Chive Mashed Potatoes Whole Baby Carrots 12 Grain Bread Cherry-Peach Crumble	5	Beef Vegetable Soup Grande Cheese Ravioli w/Italian Sauce Mixed Salad Greens w/Cherry Tomatoes, Cucs Raspberry Vinaigrettes Dressing Wheat Crackers Fruit Cocktail	6	No Meals Served	
9	Italian Style Meatballs w/Seashell Pasta in Marinara Sauce Italian Blend Veg. Whole Grain Bread Applesauce	10	Farmer Brown Soup Hamburger w/Broth Potato Salad (Ketchup/Mustard/Relish) Sliced tomatoes & Leaf Lettuce Multigrain Bun Peaches	11	Pink Lemonade  Barbequed Pulled Pork On Wheat Bun / Tortellini Salad Red, Green, Purple Cabbage Cole Slaw Tapioca Pudding w/Whipped Topping Fresh Mandarin Orange	12	Orange-Pineapple Juice Barbecue Chicken Breast Mashed Potatoes Corn Wheat Dinner Roll Tropical Fruit	13	No Meals Served	
16	Orange Juice Stuffed Green Pepper w/Tomato sauce Bowtie Pasta Capri Blend Vegetables 100% Whole Wheat Bread Fruit Cocktail	17	Russian Cabbage Soup Kielbasa / Mustard Pierogies w/Onion Butter Sauce Brussels Sprouts Oatnut Bread Pineapples & Mandarins	18	Orange-Pineapple Juice Garden Salad Greens Cherry Tomatoes/Cucumbers/ Onions w/Grilled Chicken Strips- Shredded Cheese / Italian Dressing Wholegrain Saltines 100% Whole Wheat Bread Fresh Banana	19	Vegetable Soup Hot Dog Mustard/Relish/Ketchup Frankfurter Roll Vegetarian Baked Beans Sauerkraut Frosted Orange Cake	20	No Meals Served	
23	Orange Juice BBQ Pork Ribeye Sweet Potato Wedges Spinach Wheat Bread Pears	24	Country Style Veg Soup Lasagna Roll-up w/Marinara Sauce Beef Meat Balls Broccoli & Cauliflower Club Roll Homemade Cookie	25	<b><u>APRIL BIRTHDAY –</u></b> <b><u>RSVP by Monday, April 23<sup>rd</sup></u></b> <b><u>Prepared by CRT</u></b> Punch Baked Ham / Pineapple Sauce Brown & White Rice Scandinavian Blend Veg  Oatnut Bread Birthday Cake	26	Turkey Veg Rice Soup Sloppy Joe (Ground Turkey) Wheat Hamburger Bun Tater Tots / Ketchup Sliced Carrots Wheat Saltines Peaches	27	No Meals Served	
30	Turkey Meat Balls in Sweet & Sour Sauce Confetti Rice Vegetable Medley 12 Grain Bread Tropical Fruit									

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.  
All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)