





MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Italian Style Meatballs w/ Seashell Pasta in Marinara Sauce Italian Blend Vegetables Whole Grain Bread Applesauce	3	<b>CELEBRATE 4<sup>TH</sup> OF JULY</b> Farmer Brown Soup Hamburger w/ Broth Potato Salad Mustard, Ketchup, Relish Sliced Tomatoes & Leaf Lettuce Multi-Grain Bun Lemon Pudding w/ Whipped Topping	4	<b>CRT CLOSED</b> 	5	Orange-Pineapple Juice Barbeque Chicken Breast Mashed Potatoes Corn Wheat Dinner Roll Tropical Fruit	6	No Meals on Friday
9	Hamburger w/ Broth on Multi-Grain Hamburger Bun Sliced Tomatoes & Leaf Lettuce Ketchup, Mustard, Relish Potato Salad Fresh Orange	10	Country Vegetable Soup Garden Salad Greens Cherry Tomatoes/ Cucumbers/ Onions w/ Grilled Chicken Strips/ Cheddar Cheese/ Italian Dressing/ Saltine Crackers/ Pineapples & Mandarins Mix	11	Macaroni & Cheese Stewed Tomatoes & Zucchini Tossed Salad Greens w/ Cherry Tomatoes & Cucumbers Raspberry Salad Dressing Wheat Dinner Roll Pears	12	Stuffed Salmon Boat w/ Seafood Sauce Wild Rice Green Beans Dinner Roll Fruit Cocktail	13	No Meals on Friday
16	Orange Juice Barbeque Pulled Pork On Multi-Grain Bun Red, Green, Purple Cabbage Coleslaw Tortellini Salad Tapioca Pudding w/ Whipped Topping	17	Salisbury Steak w/ Vegetable Gravy Boiled Potatoes Caribbean Blend Vegetables Wheat Dinner Roll Applesauce	18	Oven-Fried Chicken Baked Beans Capri Blend Vegetables Corn Muffin Mandarin Oranges	19	<b>Pot Roast w/ Gravy</b> <b>Oven Roasted Potatoes</b> <b>Brussel Sprouts</b> <b>Dinner Roll</b> <b>Peaches &amp; Pears</b>	20	No Meals on Friday
23	Lemon Baked Chicken Cornbread Stuffing Broccoli & Cauliflower Oatnut Bread Peaches	24	Beef Chili/ Shredded Cheese Baked Potato Sliced Carrots Wheat Dinner Roll Fresh Orange	25	<b>JULY - BIRTHDAY</b> Hot Dogs/Hamburgers Charlotte's Potato Salad Pasta Salad Burger & Dog Fixins Birthday Cake Cost \$5 RSVP by Friday, July 20	26	Swedish Meatballs Parslied Egg noodles Prince Edward Blend Vegetables Wheat Bread Pineapple Tidbits	27	No Meals on Friday
30	Stuffed Cabbage w/ Marinara Sauce Farfalle Noodles Beets 100 % Whole Wheat Bread Pears	31	Breaded Fish Tartar Sauce Mashed Potatoes Garden Blend Vegetables 12 Grain Bread Mandarin Oranges				<i>Some people believe good things come to those who wait...</i> <b>NOT ME</b> <i>I believe good things come to those who go out and make it happen!</i>		<i>Life is like a camera... Focus on what's important, Capture the good times, Develop from the negatives, And if things don't work out, Take another shot.</i>

**Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses. All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)**