

# Hebron

# VIEWS

*Volume 2 • Issue 2*  
*Summer 2018*



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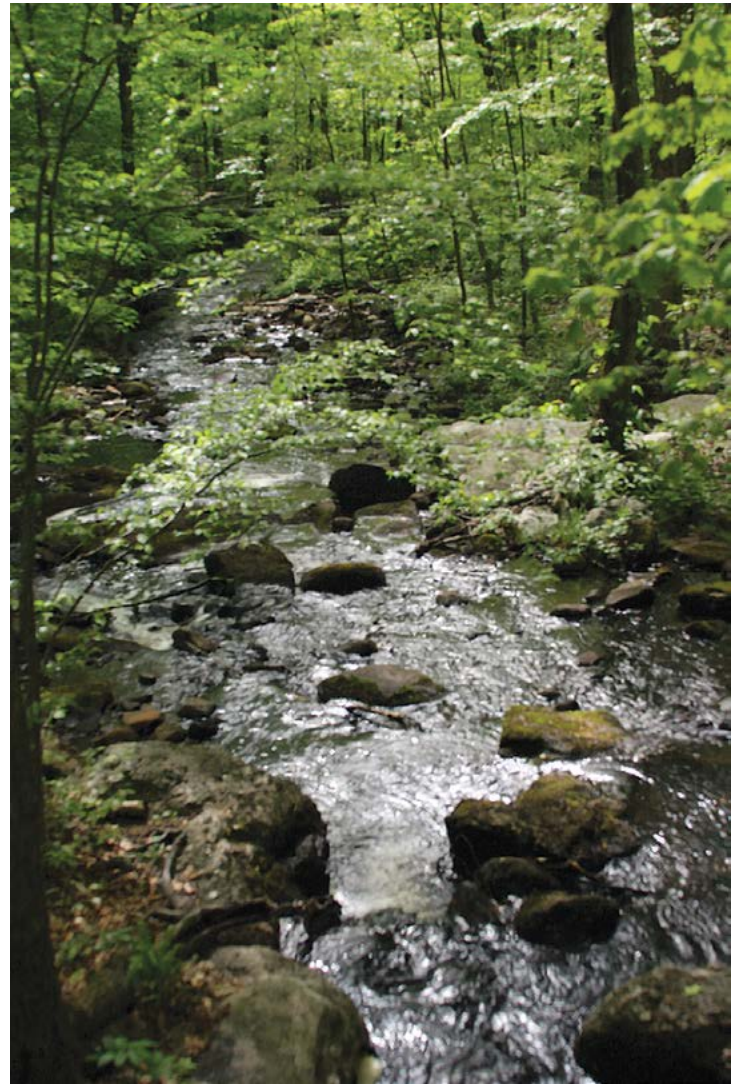
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## FROM THE BOARD OF SELECTMEN

### GREETINGS, NEIGHBORS AND FRIENDS.

We have finally put the winter behind us. As we move into the summer season I would like to mention some happenings coming to town this spring/summer.

We are happy to welcome to the Hebron Community our newest neighbors with the opening of Colebrook Village at Hebron on John E. Horton Boulevard. This senior living community features 113 units providing independent living, assisted living, memory care and respite care options.

Looking for nostalgia? Stop by the car shows at Teds Supermarket on Main Street the third Sunday of the month in the afternoon (June, September and October).

This summer Hebron Center will be alive with activities sponsored by The Town Center Project, Inc.

Spend Sunday afternoons enjoying low tech family-

oriented activities at the Lazy Days of Summer (May 20, June 24, July 15, August 19 and September 16 3:00 p.m. - 6:00 p.m.). Bring a picnic to Veteran's Memorial Park and enjoy the Summer Concert Series; July 15, July 29 and August 12 starting at 5:30 p.m. Other events will be announced as details are finalized.



A reminder to all that as we move outdoors and enjoy the summer days to be aware of health and safety. Watch for motorcycles, bicycles and pedestrians as you travel around. Also watch for freeloaders (ticks) that may "hitch a ride". Check yourselves, your children and pets after outdoor activities. Be safe and protect yourselves!

Here's to a happy, healthy and fun-filled summer in Hebron!

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## 2018-19 VIEWS Schedule

### 3rd Q/18

**COLUMBIA:** Ad Deadline 7/6/2018  
Mailed Week of 8/6/2018

**HEBRON:** Ad Deadline 8/3/2018  
Mailed Week of 8/27/2018

### 4th Q/18

**COLUMBIA:** Ad Deadline 9/28/2018  
Mailed Week of 10/22/2018

**HEBRON:** Ad Deadline 11/2/2018  
Mailed Week of 11/26/2018

### 1st Q/19

**COLUMBIA:** Ad Deadline 1/4/2019  
Mailed Week of 2/4/2019

**HEBRON:** Ad Deadline 2/8/2019  
Mailed Week of 3/4/2019

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## JUNE IS DOG LICENSING MONTH

June is dog licensing month in Connecticut and Hebron typically licenses 1000 dogs each year. Dogs over the age of 6 months must be licensed. Proof from a veterinarian of neutering and of vaccination against rabies is required for all new dogs. Dogs that have been registered in previous years need proof of updated rabies vaccinations or if they have recently been neutered proof of the procedure. The fee for a neutered dog is \$8.00 and un-neutered dogs are \$19.00. If an owner is tardy and licenses their dog after the June 30th deadline there is a penalty fee of \$1 per month.

Licensing a dog can be done through the mail. Send a copy of neutering and current vaccination records with your check payable to the Town of Hebron along with a double stamped self-addressed envelope and we will mail the tag back to you. Remember to give us your phone number just in case we have questions.

The earliest known record of dog licensing was in 1446 in Holland. Farmers and sharecroppers would demand reimbursement from the town for livestock killed by roaming dogs. Local governments created the dog tax



*Photo by Chase Hughes – Grayville Park*

to provide a source of revenue to pay for these claims.

Current day tags show the year, the town's name and a number that is associated with the owner. When a lost dog is found the owner can quickly be located with the information provided on the tag. Dog licensing also prevents the spread of rabies. State mandate of vaccinating against rabies before licensing provides the community with a safer population of our 4-legged friends.

Tag shapes and colors vary from year to year with some more elaborate than others.

Many residents will eagerly inquire as to what color and shape this year's tags are. Red is very popular and the most favorite number naturally is #1, and the least popular is #666. Though that number was once requested by an owner with a sense of humor who came home to find the family dog sitting in the middle of newly torn up favorite couch.

So if your dog is small or large, old or young, well behaved or mischievous make sure you license them with the town clerk in June.

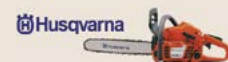


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## GRACIOUS OPEN SPACE LAND DONATION

In August 2017, the Hebron Open Space Land Acquisition Committee recommended acceptance of a gracious 20.2-acre donation of land from the Alpert, Fisher, Goldstein and Rosenbaum families. In December 2017, the town approved this open space donation offer. The donated property preserves an extensive scenic, forested buffer between the Colchester Spur of the Air Line Trail and Route 85. The land offers an opportunity for additional Trail parking and potential picnic area. The parcel is comprised mostly of woodlands and wetlands up-gradient to Raymond Brook Marsh, a Wetlands of State-Wide Special Concern. Also, a portion of this property lies within the State's Natural Diversity Data Base map, showing an area of State and Federal Listed Species and Significant Natural Communities.



*The eastern end of the Calvin Fish site as it terminates along the Fawn Brook.*

## TWO HEBRON OPEN SPACE ACQUISITIONS: PROTECTING THE SALMON RIVER

In January 2017, the Hebron Open Space Land Acquisition Committee voted to recommend a 47.5-acre open space purchase of the Fish parcel located on Gilead Street abutting Gilead Hill Elementary School for \$175,000. The parcel, located within the Fawn Brook Greenway, has a number of unique attributes that the Committee considered in



making its recommendation. The property contains a significant portion of Fawn Brook, a Class A watercourse and important tributary of the Salmon River and a portion of the Fawn Brook Marsh, a designated Wetlands of Special Concern. The parcel also contains a trail system that extends to Fawn Brook. An opportunity to connect this trail system to an existing trail at Gilead Hill Elementary School could provide for educational and recreational school use. This recommendation was approved at a Special Town Meeting in August 2017 and in December the town was notified of a State open space grant award covering 60%, or \$102,000, of the acquisition price.

In July 2017, based upon a recommendation from the Committee, the town approved the 10-acre Serra parcel acquisition. This property, abutting town-owned open space, the Salmon River State Forest and the Jeremy River, another Class A watercourse and tributary of Salmon River, includes two trails that extend from Grayville Road to Jeremy River and provides a connection to the town-owned Grayville Falls Park. While protecting the Jeremy River, the acquisition helps preserve an abutting historic sluiceway and mill remnants within the State Forest.

*By Frank Zitkus, Planning and Zoning Commission, and Mike O'Leary, Town Planner. Reprinted from the Salmon River Partnership 2018 Annual Report.*





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## ECONOMIC DEVELOPMENT COMMISSION

The Town's Economic Development Commission (EDC) has been busy over the last several months in supporting numerous projects to move the Town's community development goals forward. A few initiatives deserve some special focus.

The most substantial development project of the last several years is nearing completion. Colebrook Village at Hebron, a Senior Living Community, is getting set to open its doors this summer. This Community is a private facility offering independent living, assisted living, and memory care apartments in its brand new complex at the end of John E. Horton Boulevard. They kicked off their final phase of construction on May 5th with a "Hard Hat Party" for the Hebron community, and are progressing quickly for their grand opening soon.

In other news, the EDC will be spending time this summer participating in a "First Impressions" program developed by UConn and the Connecticut Main Street Center. Hebron's Main Street will be visited by residents and business owners from Durham, CT, a community

of similar size and demographics. Hebron will send a corresponding small group of residents and business owners to Durham. Each group will spend a day visiting the Main Street area of the other community, taking note of its amenities, visitor-friendliness, and its shortcomings. They will report back to the program conveners and each community will get valuable feedback on how outsiders see our Town. It is hoped that this input can help the EDC and business owners focus on needed improvements, as well as feel good about the things we're doing well.

Finally, the EDC and Town Manager will be undertaking a schedule of business visitations throughout Town, to make sure the goals and efforts of local government are properly focused on helping our businesses growing. Please contact EDC Coordinator John Guskowski at [hedc@hebronct.com](mailto:hedc@hebronct.com) with any questions about these items, or the EDC's work in general.

John Guskowski

*Hebron Economic Development Coordinator*

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Reminder; a motor vehicle that had been disposed of or registered out of state after October 1, 2017 may be entitled to a pro-rate on the tax bill. The bills that will come out July 2018 are for vehicles registered from October 1, 2017 through September 30, 2018. If you disposed of or registered a vehicle out of state, AND canceled the license plates any time during that assessment year, in order to have your bill pro-rated we require copies of the canceled plate receipt AND some form of documentation as to what happened to the

vehicle. Please note that the DMV DOES NOT notify this office when the marker plates are canceled. As per §12-71c(b); in order to get a credit, documentation must be provided by December 31st immediately following the end of the assessment year which next follows the assessment year in which such vehicle is disposed of, i.e.: for credits on the October 1, 2017 list, documentation must be received by December 31, 2019.

As always, the staff in the Assessor's Office is available to answer any questions or concerns you may have regarding the assessment process.



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## FINANCE DEPARTMENT

**THE FINANCE DEPARTMENT** finally has some good news to report. The State has finally adopted a budget that the Governor actually signed off on and the Town's 2018-2019 fiscal year budget passed at its first referendum held on May 8th!! Thanks to all the taxpayers that came out to vote!

While this is definitely progress and the adoption of both the State and Town budgets currently reflects a return of State Aid Educational Cost Sharing revenue for both the 2017-2018 and 2018-2019 fiscal years, there is still a shortfall of other State Aid Grant revenue to the Town that will equate to \$993,876 for this fiscal year ending June 30th.

As previously reported, Hebron Elected Officials and Management staff have retained the soft spending freeze along with the directive for the Town to set aside \$200,000 in expenditures and the Hebron BOE to set aside \$350,000 which will cover half of the revenue shortfall. With this report, this goal should be achievable. Through frugal financial management and

following Generally Accepted Accounting Principles and Governmental Accounting Standards Board Guidelines Hebron is fiscally sound and retains a healthy Fund Balance. The additional State revenue shortfall necessary to fulfill this fiscal year budget will be taken from the Fund Balance with no additional burden to our taxpayers.

With the adoption of the Town 2018-2019 budget of \$35,799,365, please bear in mind that the Town reduced its operating costs by \$395,862. We have once again eliminated some staff and combined responsibilities that may affect services. Everything will be a work in progress and staff will continue to present our community with all that is required and requested in our usual professional and efficient manner.

Once again, a HUGE THANK YOU to all that voted and participated in our 2018-2019 budget process. It greatly assists all Town and BOE staff in making difficult budgetary decisions. Have a glorious, relaxing summer!

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Cathyann Schulte and Michael Thompson, "The Mother and Son Team" and owners of CountrySide Realty in Hebron, have been awarded Five Star Real Estate Agents\* yearly since 2009. The honor is given to agents that score high in client and industry peer research.

Cathyann and Michael are ranked as Top Selling Agents for Columbia, Hebron and Lebanon with almost \$10 Million in sales in 2016.

They credit their success to relentless focus on customer service, strong work ethic and emphasis on preparation. Cathyann and Michael would like to send a Sincere "Thank You" to their past and present clients for their Loyalty, Trust, Referrals and Repeat Business throughout the years!

\*Based upon research conducted by Crescendo Business Services.

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## RECYCLING NEWS

**DUE TO COMPETITION** in the Recycling industry, the Town of Hebron has been provided an opportunity to reduce fees charged to Hebron residents for disposal of white goods that contain refrigerants. This was voted on and approved at the Selectman's meeting on April 19, 2018. This includes air conditioners, dehumidifiers and refrigerators, which are now hauled away and recycled. Additionally, the vendor is now accepting florescent bulbs at no cost. Other large appliances are now being recycled into the metal dumpster for removal and the Town is compensated for this at the scrap market value. The fee for tire disposal was increased due to the cost the Town is charged by the disposal company. Passenger tires were increased by .25 cents to \$2.25 each and truck tires increased by \$1 to \$11 each. There is a chart for the fees for oversized tires that is available at the attendant's office.

The Town attempts to keep current with disposal rates to be fair to all residents. We encourage recycling, not only for environmental reasons but the more we recycle, the less we are charged for our waste stream. An example of this is the municipal solid waste. At

this time, the Town is compensated \$15 per ton for the recycled items that are separated from this compactor and hauled separately. Over the course of a year, this adds up quickly.

The Department of Public Works will continue to inform the residents when any changes are made to the fee structure at the Transfer Station. Please assist with recycling whenever possible and we will all enjoy a more economical and environmental friendly place to live.

### IN LIEU OF FLOWERS

A non-profit organization to support the dying and the bereaved

Flourish Healing Center, LLC, a Grief Recovery Support Center in Hebron, is announcing the creation of a non-profit sister company, **In Lieu of Flowers, Inc.** (501c3 Pending). This organization will provide end of life doula services and bereavement support to families that are in the midst of a terminal diagnosis or the recent loss of a loved one.

**If you or a family you know needs care, please contact us at 860-970-7747 or email [InLieuofFlowersInc@gmail.com](mailto:InLieuofFlowersInc@gmail.com).**

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### LET'S GET COMPOSTING!

Food waste represents the largest single component in Connecticut's waste stream. So reducing the amount of food we throw away helps not only the environment but our wallets. One of the best and easiest ways to do this is through composting.

Composting turns organic waste (food scraps, leaves, etc.) into a useful end product. Homeowners can easily do this through a composting bin or place in your yard to put a pile, and the end result is rich, organic matter that adds nutrients to your property, retains moisture in the soil and keeps waste out of our Transfer Station.

Businesses have the option for on-site bins or having food waste hauled to a permitted processing facility



or local farm. Use of food waste as animal feed is one of the preferred methods by the CT DEEP.

Around town, RHAM is currently looking into their composting options for cafeteria food waste and the Library is installing a compost bin system for garden waste with food scrap contributions from Something Simple and the American Legion Hall.

Whether you're a homeowner, business or school, there is a compost system to fit your needs! To learn more about composting at home and what goes in the bin, visit [hebrongoesgreen.com](http://hebrongoesgreen.com). If you are a business or school, please reach out to the Green Committee for more information.



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## SUSTAINABLE CT HEBRON WANTS YOU!

Hebron recently passed a resolution to participate in a state-wide, voluntary certification program called *Sustainable CT*. This program was created for towns by towns (Hebron's own, Mike Harder of Hebron, was a part of the formation) to make communities more resilient, thriving places for their residents to live.

Participating towns choose from a wide-range of Sustainable CT Actions and implement them to gain points. Actions vary in size and involvement. These community actions can include things from 'Developing an Open Space Plan' to 'Installing Efficient Street Lights'. Everything is voluntary and should lead to a better community. These Actions not only provide us with credit for the steps we've already taken, but also provide a roadmap for future health and economic wellness of our town.

Hebron's certification will not only promote our

town's economy, enhance our equity, and improve our environment but also allows us to become a part of a collaborative community with other Sustainable CT towns. Certification helps us come together to show collective effort and take our impacts to scale.



Want to get involved? A Hebron Sustainability Committee is being formed. We need residents who have financial, legal, regulatory, building, environmental and other backgrounds to become members or volunteers to assist the committee. Reach out to [SustainableCT@hebronct.com](mailto:SustainableCT@hebronct.com) to learn how you can help!



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# HEBRON STAFF DIRECTORY

## Town Office Building

15 Gilead Street, Hebron, Connecticut 06248

Phone: 860 228-5971

Fax: 860 228-4859

Monday–Wednesday 8:00 a.m.–4:00 p.m., Thursday 8:00 a.m.–6:00 p.m., Friday 8:00 a.m.–1:00 p.m.

<b>Town Manager</b>	Andrew Tierney	atierney@hebronct.com	x122
<b>Director of Administrative Services</b>	Donna Lanza	dlanza@hebronct.com	x130
<b>Finance Director</b>	Elaine Griffin	egriffin@hebronct.com	x131
<b>Town Planner</b>	Michael O'Leary	moleary@hebronct.com	x137
<b>Building Official</b>	Randy Blais	rblais@hebronct.com	x142
<b>Sanitarian/Health District</b>	Steve Knauf	steve.knauf@chathamhealth.org	x140
<b>Wetlands Enforcement Officer</b>	John Soderberg	jsoderberg@hebronct.com	x139
<b>Assessor</b>	Debra Gernhardt	dgernhardt@hebronct.com	\$147
<b>Tax Collector</b>	Adrian MacLean	amaclean@hebronct.com	x146
<b>Office of Emergency Management</b>	Sean Shoemaker	oem@hebronct.com	x136
<b>Town Clerk</b>	Carla Pomproicz	cpomproicz@hebronct.com	x124
<b>Animal Control Officer</b>	William Bell	wbell@hebronct.com	x150

<b>Public Works Department/Transfer Station</b>	550 Old Colchester Road		860 228-2871
Public Works Director/WPCA Administrator	Kevin Kelly	kkelly@hebronct.com	x260

<b>Parks and Recreation Department</b>	148 East Street	860 530-1281	
Parks and Recreation Director Richard Calarco		rcalarco@hebronct.com	x230

<b>Douglas Library of Hebron</b>	22 Main Street	860 228-9312	
Library Director Amanda Brouwer	abrouwer@hebronct.com		x316

<b>Russell Mercier Senior Center</b>	14 Stonecroft Drive	860 228-1700	
Senior Services Director	Sharon Garrard	sgarrard@hebronct.com	x203

<b>Hebron Police Department</b>	44 Main Street	hebronpolice@hebronct.com	860 228-3710
Resident Trooper	Daniel Greenwood	dgreenwood@hebronct.com	

<b>Hebron Fire Department</b>	44 Main Street	firedept@hebronct.com	860 228-3022
Fire Chief – Nick Wallick			x160
Fire Marshal Randy Blais		rblais@hebronct.com	x267

<b>Housing Authority</b>	860 228-4411
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<b>Glastonbury Hebron Probate Court</b>	860 652-7629
2155 Main Street, Glastonbury	

<b>Chatham Health District</b>	860 267-9601
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<b>Water Pollution Control Authority</b>	860 228-2871
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<b>Public Schools</b>		<b>AHM Youth Services</b>	860 228-9488
<b>Superintendent of Schools – Hebron BOE</b>	860 228-2577	25 Pendelton Drive	
<b>Superintendent of Schools – RHAM BOE</b>	860 228-2115		

<b>RHAM Senior High School</b>	860 228-9474	<b>Hebron Interfaith Human Services (Food Bank)</b>	860 228-1681
85 Wall Street			

<b>RHAM Senior High School</b>		<b>Douglas Library</b>	22 Main Street	860 228-9312
Guidance Department	860 228-9446	Monday and Wednesday	12:00–8:00 p.m.	
		Tuesday and Thursday	10:00 a.m.–8:00 p.m.	
		Friday	12:00 Noon–6:00 p.m.	
		Saturday	10:00 a.m.–3:00 p.m.	

<b>RHAM Middle School</b>	860 228-9423	<b>Hebron Post Office</b>	93 Main Street	860 228-6904
25 RHAM Road		Daily 8:30 a.m.–5:00 p.m. (Closed for Lunch 1:00–2:00 p.m.)		

<b>Hebron Elementary School</b>	860 228-9465	Saturday 8:30 a.m.–12:00 noon		
92 Church Street				

<b>Gilead Hill School</b>	860 228-9458	<b>Amston Post Office</b>	540 Church Street	860 228-3671
580 Gilead Street		Daily 8:30 a.m.–12:30 p.m. Saturday 9:30 a.m.–1:00 p.m.		

**IT IS HARD TO BELIEVE** that the end to another school year is fast approaching. So long as we have no additional cancelations (this has been a difficult year for our families), our final school bell will ring on June 22nd – marking the end of a very successful 2017-2018 school year. As our students, parents, and staff reflect on this past year, I am hopeful that everyone is able to conjure strong sentiments of accomplishment and fulfillment. We have worked in partnership to provide many wonderful opportunities to our Hebron Public Schools students, and I could not be more grateful for the collective efforts. Our Board Of Education, staff and parents should take pride in what we have been able to achieve as a community. In addition to the strong classroom instruction our students are provided on a daily basis, the community continues to support enrichment programs that further complement our oeuvre of educational experiences. It is for this reason that I would like to highlight several enrichment initiatives that enhanced the overall experience of our students in 2017-2018.

To begin, I would like to acknowledge our Hebron Public Schools Innovation Team for their continued focus on the future. Kristy Jansson (HES STEAM), Kim Waldron (GHS STEAM), Adam Parks (Challenge and Enrichment), Katie Clancy (HES Library Media), and Erin Madeira (GHS Library Media) have launched a new era of creativity, enrichment, and innovation in the Hebron Public Schools. By attending conferences and participating in professional networks, our Innovation Team continues to remain at the forefront of the educational trends that are re-defining public schools. In terms of STEAM, Library and Media, and Challenge and Enrichment, they have introduced a comprehensive program for students in all grade levels – including our preschool.

Invention Convention, Future Problem-Solvers, and a visit from a renowned children's author, Patricia Polacco added to an already thriving program of enrichment at Gilead Hill School and Hebron Elementary School. In our inaugural year of Invention Convention, seven students qualified for the regional competition.



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Three were selected to participate in the state finals at Gampel Pavilion on April 28th. Congratulations to Samantha Maxwell (Gloves-On Door Knob Grippy), Ella Lantieri (Perfect PJ Pullers), and Conner Rabbitt (Turbine) for representing our district at the statewide Invention Convention. Conner Rabbitt's multi-award winning conservation invention on perpetual motion was selected for display at the National Invention Convention and Entrepreneurship Expo in Dearborn, Michigan. I would also like to recognize our Hebron Elementary School Future Problem Solvers team of Anna Parker, Ty Russo, Sean Connolly, and Truman Brodeur. They scored second place in the junior division of the statewide Global Issues Problem Solving Competition. As part of this competition, Christian Aljian also won first place in the Art division with his creation on the topic of "philanthrocapitalism."

A centerpiece of our enrichment program for many years has been our vocal and instrumental music programs. Mrs. Stephanie Bancroft (HES Instrumental Music), Ms. Christine Gee (HES Vocal and Instrumental Music), and Mrs. Karen Sanstrom (GHS Vocal and Instrumental Music) continue to cultivate a performing arts program of excellence in the Hebron Public Schools. Our students and the programs we offer are annually recognized at the Connecticut Music Educators Association Adjudication Ceremony in May. The solid performance and reputation of our vocal and instrumental music programs have developed over time, and I anticipate the tradition of excellence will remain intact with the ongoing support of the community.

The 2017-2018 school year also ushered in a new era in leadership development for the Hebron Public Schools. Hebron Elementary School joined an ever-growing list of schools that recognize the value of offering a student leadership development academy. As part of this effort, the Bonstingl Leaders for the Future program was introduced to students in third through sixth grade. The purpose of the program was to help students see themselves as leaders who are capable of making positive and lasting change in their schools and the community in which they live. As they learned about the attributes of leadership, our students worked in groups to develop community service projects that would enhance Hebron Elementary School. The first graduating class of the leadership development program will share their personal journeys and special projects at an evening ceremony on June 6,

2018. Congratulations to our 2017-2018 Leaders for the Future - Ellie Ballard, Elizabeth Sementa, Kiley Stanford, Olivia Cama, Brendan Connolly, Thiago Delacruz, Ava DeRier, Ryan Eaton, Gabriella Fuschino, Taite Goodwin-Babka, Brooke Gorgone, Taegan Klein, Maja Knutsen, Garrett Levesque, Xavier Lizarraga, Joseph Mangiafico, Samuel Stern, Thomas Meli, Colton Selbie, Yarixia Thillet, Milena Tuohey, Kendra Wilkie, Camryn Williamson, and Olivia Wright.

I would like to conclude this article by thanking the Board Of Education, our faculty and staff, our parents, and the community of Hebron for your continued support of the Hebron Public Schools. The success of our schools bears testament to your commitment to the children of Hebron. As another great school year comes to an end, we have already begun to plan new and enriching opportunities for the 2018-2019 school year. I hope everyone has a wonderful summer, and I look forward to seeing our students back in school on August 29, 2018.

Timothy M. Van Tassel  
Superintendent

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### AHM Summer Youth Theater presents the Musical "Thirteen"

The RHAM High School auditorium will soon be transformed into a Broadway musical set for the show, "Thirteen." Now in its 35th year, the AHM Summer Youth Theater is the longest running program for the regional youth service bureau. Over the past three decades more than 1800 local teens have participated in this wonderful positive youth development summer program. According to Theater Director Kyle Reynolds: "This year's production of 13: the musical is a hilarious, coming of age rock musical about teenage discovery. Nerd. Jock. Popular. Wannabe. All of the above. This musical includes an unforgettable rock score from the Tony award winning composer, Jason Robert Brown.

This year's cast and crew all come from Andover, Columbia, Hebron and Marlborough. The 2018 Summer Youth Theater will include a matinee on Thursday July 26th at 2:00 PM and two evening performances on Friday and Saturday evenings AT 7:00 PM, July 27th and 28th. Tickets can be purchased at the door of the RHAM High School Auditorium or at the AHM offices in Hebron. For questions call the AHM offices at 860-228-9488.

### AHM Family Resource Center

The AHM FRC is holding Summer Play and Learn groups for 6 weeks starting on June 27th. The groups are for families with children from Birth-5 from Andover, Columbia, Hebron and Marlborough. Parents and children can enjoy socializing with other families, doing an art activity, and circle time with stories and songs. Free developmental screenings are available for enrolled children. Parenting information and information about child development will also be available for families.

There will be registration forms available on the AHM website, <http://ahmyouth.org/wp-content/uploads/2015/06/registrationformplayandlearn-Summer-2018-Registration-form.pdf>, or at the AHM building. To register, please mail the registration form along with a \$40 check made payable to AHM



to: AHM Youth Services, Attn: FRC, 25 Pendleton Dr., Hebron, CT 06248. If you have any questions, please contact Becky Murray at (860) 228-0871 or [beckym@ahmyouth.org](mailto:beckym@ahmyouth.org).

### AHM KinderRHAMa 3-year-old preschool program at RHAM High School

Enroll your child in a nurturing, enjoyable, and educational program! Kinder-RHAM-a Preschool, a collaboration between AHM Youth and Family Services and RHAM High School, has a few remaining openings in the 3-year old program for the 2018-2019 school year. The program is held on Tuesdays and Thursdays from 8:30 A.M.-12:00 P.M. Parents have the option of Before School care (7:00-8:30 AM) and/or After School care (1:00-2:30) for an extra fee. Please visit [www.ahmyouth.org](http://www.ahmyouth.org), or call Becky at (860) 228-0871, or the classroom at (860) 228-5310 for additional information or to schedule a visit.

### Upcoming AHM Summer and Fall Events

- The Annual AHM Golf Open, at Blackledge Country Club on Friday August 10th.
- The Annual AHM Gina Marie's Dinner on Monday evening September 17, 2018.
- The Annual AHM Fall Foliage Concert and Auction on Saturday November 3, 2018.

Please call the AHM offices at 860-228-9488 or visit the AHM website at [www.ahmyouth.org](http://www.ahmyouth.org) for more information.



## HEBRON PARKS & RECREATION

**THE TOWN OF HEBRON** Parks and Recreation Department provides numerous recreational programs and park services throughout the year, working independently and in conjunction with other organizations and volunteers in town. Studies have shown that Parks and Recreation departments improve the quality of life for residents, spur economic development and enhance home and property values in local communities.

Many Hebron residents may not be aware of the broad range of activities conducted by the Parks and Recreation Department, so we would like to expand on that now.

The goal of Park operations is to maintain quality facilities for the community and to ensure the highest level of safety for all participants. Park operations maintains the grounds, buildings and athletic fields at Burnt Hill Park, Veterans Memorial Park, St. Peter's field, Old Colchester Road field, and the Lion's Fairgrounds soccer fields. We also mow and mulch Gilead Hill School, Hebron Elementary School, Burrows Hill Old School, Town Hall, The Horton House, The Russell Mercer Senior Center, Douglas Library, Old Town Hall, The Horton House, The Russell Mercer Senior Center, Douglas Library, Old Town Hall, AHM, five cemeteries, four Fire Department locations, Grayville Park, Memorial Corner, Downtown and Commuter Parking Lot, Horton Blvd., seven Pump Stations, The Peters House, Public Works, and several intersections. Our responsibilities include overseeing more than 1,700 acres of Open Space and six miles of Town trail systems, which includes invasive plant management, clearing brush, trail repair, maintenance on the Skatepark at Veterans Memorial Park, servicing our park equipment,



snow removal on town sidewalks and building props for our community events. We also provide Turf management services for RHAM to improve the school's athletic fields. Recent projects include trail and parking area construction at Raymond Brook Preserve and the recently completed upgrades at Veterans Park completing baseball field reconstruction and the addition of dugouts for the softball fields.

Recreation operations is managed by Rich Gadoury who provides free events throughout the year, including an Easter Egg Hunt, Farmers and Crafters Market, Halloween Happenings at the Lions Fairgrounds and Hebron Day at Burnt Hill Park. A variety of individual programs and classes are offered for all ages, which is coordinated by our Program Supervisor Steve Bakowicz. Adult program offerings are expanding, such as Pickleball, Softball, Volleyball, Yoga, Pilates, and Adult Education classes at RHAM. We offer PREP

(Parks and Recreation Education Program) at Gilead Hill School for before and after school child care for students K through Grade 6. The PREP program offers a variety of exciting experiences by our trained staff. Summer and Vacation Adventure Camps are available throughout the year. Youth Recreation Basketball and Travel Leagues are coordinated for Grades K-12. All Recreation

programs are self-funded through user fees and the Town of Hebron Recreation Fund 4. Continuing efforts are made to offer a wide range of activities.

For more information or to register for a program, visit <http://www.hebronct.com/park-recreation/>

Rich Calarco, CSFM, CRPA, AOLCP  
*Director, Hebron Parks and Recreation*



# HEBRON PARKS & RECREATION

## STAFF

### Parks and Recreation Staff

Richard Calarco-CPRP, CSFM, AOLCP,  
Parks and Recreation Director rcalarco@hebronct.com

Richard Gadoury-Recreation Manager  
rgadoury@hebronct.com

Steven Bakowicz-Program Supervisor  
sbakowicz@hebronct.com

Park Staff: Jason Hunniford and Jason Costa

### Parks and Recreation Commission

Co-Chairpersons-Claudia Natorksi and Ken Jardin

Machel Gauthier, Charles Daniels, Dan Grabowski,  
Chris Cowles, John Russo, Eric Lemieux, ALT and Jes-  
sica Petro ALT

BOS Liaison: Brian O'Connell

### Mission Statement

To enhance the quality of life for all Hebron Residents.  
Offer a diverse cultural community and special event  
activities for all family members.

Offer a full array of infor-  
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leisure activities and or-  
ganizations.

Provide professional leisure  
department assistance to  
all community groups.

Provide quality leisure op-  
portunities in a safe and  
healthy atmosphere.

Provide a well maintained  
park system and recre-  
ational facilities.

Provide a comprehensive Master Plan for park devel-  
opment.

Preserve open space for future generations.



### How to reach us

Mailing address: Hebron Parks & Recreation,  
15 Gilead Street, Hebron, CT 06248

Office address: Burnt Hill Park,  
148 East Street, Hebron, CT 06248

Phone: 860-530-1281

Fax: 860-228-5912

Web site: [www.hebronct.com](http://www.hebronct.com)

Hours: Monday-Friday, 8:00 am-3:30 pm

### Registration Information

Nothing spoils a good program faster than everyone waiting until the last minute to register. Registrations cannot be processed without full payment. Hebron Parks & Recreation reserves the right to set minimums and maximums for all programs and trips and to cancel any program or trip due to insufficient enrollment, as well as, change the date, time for location for any program because of unforeseen circumstances.

Registrations are accepted:

Walk in registrations are accepted!

By mail-Complete your registration form and return it with full payment to:

Hebron Parks & Recreation,  
15 Gilead Street, Hebron, CT 06248

By phone--With payment made in full using a Master-Card, Visa or Discover. Please call 530-1281. (American Express is not accepted)

### Scholarship Program

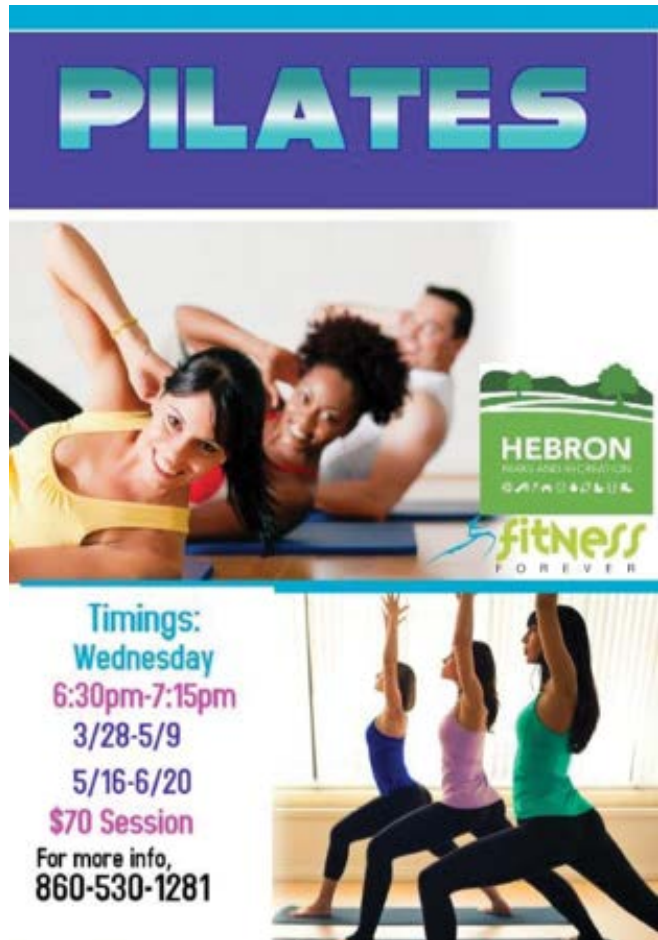
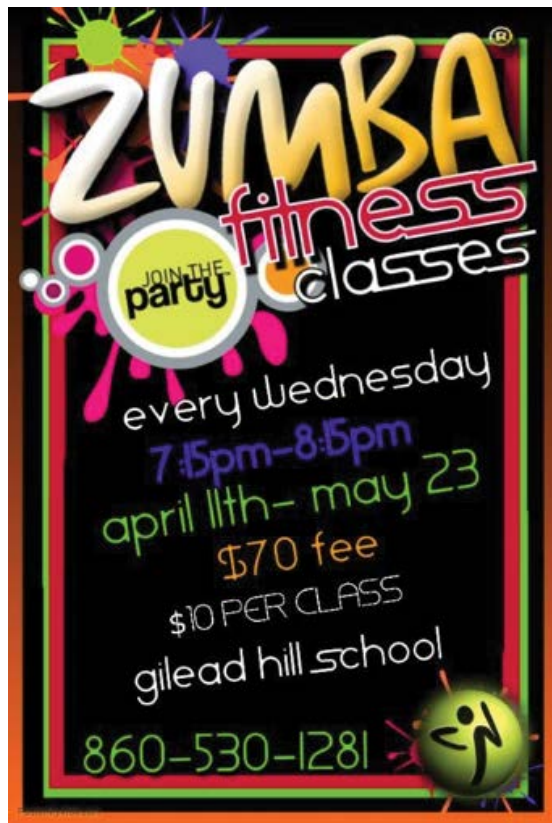
Any Hebron resident may apply for a scholarship for a recreation program due to financial need. Requests must be made in writing on an official application form, available in the Parks & Recreation Office. All requests are confidential and will be evaluated based on financial or personal hardship.





## HEBRON PARKS & RECREATION

### ADULT PROGRAMS



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## ADULT PROGRAMS

### Yoga

Join Tina Catanzaro, (AAFA, AAAI certified Yoga Instructor) as she takes you through a journey of self-exploration. Each class will include breath work, postures, and meditation. Come increase your energy and flexibility while reducing stress. This class will allow you to honor your body, mind and spirit; explore your limits and maximize your potential. Please bring your own yoga mat, water bottle and towel. Wear comfortable clothing. All are welcome. (6 weeks)

**Location:** Gilead Hill School Activity Room or Music Room

Age	Day	Time	Date	Fee
Adult	M	6:30-7:30P	6/4-6/25	\$54 (4 week class)

### Adult Tennis

Want to get a little exercise, meet some new people and just have a lot of fun? This is the group for you! We will meet on Wednesday evenings to play some recreational doubles tennis. This is a non-competitive league. Players will be matched to others with like skills. All levels are welcome. Participants should be 18 years or older.

**Location:** RHAM High School Tennis Courts

Age	Day	Time	Date	Fee
Adult	W	6:30-8:00	6/6-8/29	\$6



### Pickle Ball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game!

Age	Day	Time	Date	Fee
Adult	M	6:00	6/25-8/13	\$20

### Paper Making and Simple Paper Marbling

Students will learn to make hand-made papers and 3 different simple paper marbling techniques.

**Location:** RHAM – Room 606

Age	Day	Time	Date	Fee
Adult	S	10:00A -1:00 PM	6/2	\$25 (material fee \$10 paid directly to teacher)

### Introduction to Drawing

In this beginner drawing course, you'll learn how to draw representational objects through studies in contour drawing, perspective, positive/negative space, and value. We will focus on basic skills, such as composition, structure, and proportion. Drawing will focus on monochromatic mediums of pencil and charcoal. No prior drawing experience required.

**Location:** RHAM – Room 606

Age	Day	Time	Date	Fee
Adult	S	9:00A -12:00 PM	5/26 and 6/9-6/23	\$85 (material fee \$10 paid directly to teacher)

### Jewelry Making 101 – Earrings

*Instructor – Sandy Merrill*

This class is for anyone interested in making beaded jewelry. You will learn to make a pair of earrings using many different types of beads including glass, plastic, metal, semi-precious, etc. You can make as many items as time allows in each class. The instructor will supply all the tools needed and bring jewelry making supplies for you to purchase.



**Location:** RHAM – Cafeteria

Age	Day	Time	Date	Fee
Adult	W	6:00-8:00 PM	6/20	\$20 (material fee paid directly to teacher)



## HEBRON PARKS & RECREATION



**BOOT CAMP CHALLENGE®**  
Invest in yourself

**Summer Boot Camp**  
Instructor: Donna Bellmore  
Burnt Hill Park  
6:30-7:30pm  
May 22,29  
June 12,19,27  
July 3

**\$60 FOR 6 WEEKS- \$15 Drop In**  
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HEBRON Parks & Recreation  
148 East Street Hebron, CT, 06248

Hebron Parks & Recreation

**OPEN GYM**

**RHAM HIGH SCHOOL**  
START DATE 3/20  
EVERY TUESDAY 30+  
EVERY WEDNESDAY 18+  
8:00-10:00 PM  
\$20 FOR ENTIRE SESSION

860-530-1281 HPR OFFICE

### Basic Cake Decorating – Course 1

Instructor – Linda Stevenson

Learn how to ice and smooth a cake, torte and fill. Decorate a cake and cupcake with numerous borders, writing and printing, Drop Flowers, Ribbon Rose, Rosebud, Ruffle Flower, Sunflower, Daisy, Leaf, grass and pattern transfer. A certificate will be awarded on the last night of the 4 week class. Students are required to purchase all materials for class. List will be given upon registration.



HEBRON Parks & Recreation  
**Basic Cake Decorating**  
8/29, 9/5, 9/12, 9/19  
6:00-8:30PM  
Instructor: Linda Stevenson  
Gilead Hill School  
\$60 FEE NOT INCLUDING MATERIALS  
CONTACT US AT (860) 530 1281

**Location: Gilead Hill School – PREP Blue Room**

Age	Day	Time	Date	Fee
Adult	Tu	6:00-8:30pm	5/28-6/19	\$70 plus supply fees

**CO ED SOFTBALL League**

TUES/THURS/SUN  
5:00-8:30 PM  
7/24-9/2

**Signup**  
By June 15th

Contact Person: Ryan Price  
ryandavidprice@yahoo.com  
www.hebronrecsports.com

HEBRON Parks & Recreation

# HEBRON PARKS & RECREATION

## MAD SCIENCE SUMMER PROGRAMS

### Brixology: Engineering with LEGO™

*Mad Science engineering program with LEGO™ Bricks*

Brixology sets the foundation of our next generation of makers! Kids learn about different types of engineering and then team up to construct a different engineering-themed project using LEGO™ bricks. They learn about aerospace engineering while assembling a space station. They explore mechanical engineering as they build boats and vehicles. That's not all, from carnival rides to drawing machines, mechanical animals to truss bridges; your future engineer will build upon their creativity to solve real-world design challenges, while developing their problem-solving and team-building skills. Let the tinkering begin!



**Location: GHS GYM**

Age	Day	Time	Date	Fee
Grades 1-5	M-F	9:00-12:00P	8/6-8/10	\$165

### Mad Science Special!

If registered for both Brixology and Rockin' Robots labs participate at a discounted price.

**Fee for both camps is \$290/student**



### Rockin' Robots

Children will step into the shoes of rocket scientist and learn the fundamentals of flight, propulsion and rocket propulsion; We'll have fun exploring astronomy and trying out various flight designs from hot air balloons to hovercrafts (and many more!). "Launch Day" will bring real excitement to your budding astronaut! Kids will build rockets as well as discover the fundamental concepts involved in launching and recovering many different types of rockets. Students will make and take home their own complete mad science rocket.

**Location: GHS GYM**

Age	Day	Time	Date	Fee
Grades 1-5	M-F	1:00-4:00P	8/6 - 8/10	\$165

## YOUTH CAMPS

### Performing Arts Camp

Explore the dramatic arts in a safe, fun, highly-charged setting, with classes in acting and dance. Afternoons will focus on rehearsals for the end of the week show on Friday at 1:30pm.

**Location: GHS GYM**

Age	Day	Time	Date	Fee
6-11	M-F	9:00-2:30P	6/25-6/29	\$220 resident/ \$225 nonresident

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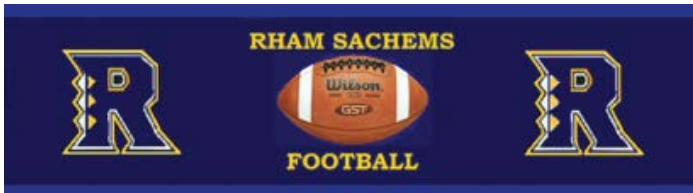
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# HEBRON PARKS & RECREATION

## YOUTH SPORTS CAMPS



### Football Camp

Join All American coaches for a fun and exciting week long camp. The Camp will consist of learning the basic fundamentals and techniques needed to play football. Children will learn throwing and receiving mechanics, blocking fundamentals, fakes and handoffs. If you would like more information about the camp you can contact Parks and Recreation.

**Location:** RHAM High School Cafeteria

Age	Day	Time	Date	Fee
6 and up	M-Th	10AM-1 PM	July 9-12	\$50

### Volleyball Camp

Come join head RHAM Volleyball coach Timothy Guernsey in the fun and learn the game of volleyball. The philosophy of the camp is to teach proper skill technique through competitive games and drills.



**Location:** RHAM High School Gymnasium

Grade	Day	Time	Date	Fee
7 - 12	M-TH	9:00-12:00P	7/23-7/26	\$120
3 - 6	M -TH	9:00-12:00P	8/6-8/9	\$120

**2018 Boys/Girls Shooting Stars Basketball Camp**

**JUNE 25TH -JUNE 29TH**  
**Hebron Elementary SCHOOL**  
**8 am-12 pm**  
**Boys/Girls Ages 8- up**  
**\*Inclusion Camp**  
**\$125.00 FEE**  
**Instructor: Steve Emt**  
To Register please call the office at 860-530-1281

Lucy Drabek  
860-614-7577



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## COMMUNITY EVENTS

### Hebron Day - 5K Road Race

Saturday, August 25, 2018 Hebron Parks & Recreation Department will be hosting our Hebron Day 5k Road Race. The Hebron Road Race is a rolling course that loops around and within the town of Hebron's Burnt Hill Park and neighboring areas. This is a beautiful course with forests and farmlands; and 100% paved roads – a certified 5K. The race is chipped and all runners will receive a race shirt. Race starts at 9:00 am rain or shine. Registration forms can be found at [www.hebronct.com](http://www.hebronct.com)

Dates: Saturday, August 25, 2018  
 Location: Burnt Hill Park  
 Times: Starts at 8:30 am, rain or shine  
 Fee: \$28.00 before 8/6/18  
 \$35.00 after 8/6/18 and day of race

### Hebron Farmer's Market

The Hebron Farmers' Market brings local farmers, bakers, fiber producers and crafters to you and the surrounding community.

You'll experience the freshest fruits, vegetables, baked goods and natural products-grown right here in Connecticut-while enjoying live entertainment and browsing artisan ware.

Dates: Saturday – 7/7, 8/4, 9/1, 10/5  
 Location: Burnt Hill Park



Times: 9:00-1:00PM  
 Vendor Fee: \$100 Fee for the season  
 Event is free for the public



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**Think  
spring!**



# HEBRON PARKS & RECREATION

## HEBRON SUMMER ADVENTURES

This year's NEW Hebron Summer Adventure will consist of grades Pre K- 8th. Pre k- 1st grade will be held at Gilead Hill School, while grades 2-8th will be at RHAM HIGH SCHOOL GYMNASIUM. The summer adventure will run the duration of 9 weeks, from 6:45am to 5:00pm with extended care options. A full day of activities will be provided to meet the needs of the children. Kids in Prek-1st grade will be traveling throughout Connecticut twice a week to different adventures, while grades 2-8th will explore Connecticut 3 times per week. Some adventures include; Lake Compounce, Six Flags, Quassy, and the CT Science Center just to name a few. \*\*There will be an additional Admission/Activities fee for trips\*\* Registration forms will be on line, at Burnt



Hill park, or other the phone at 860-530-1281.

### Hebron Summer Adventure Session Dates

\*\*Starting on August 20th camp moves to Gilead Hill School

Session 1: Monday, June 25-Friday, June 29

Session 2: Monday, July 2-Friday, July 6 (4 days no camp on 7/4)

Session 3: Monday, July 9-Friday, July 13

Session 4: Monday, July 16-Friday, July 20

Session 5: Monday, July 23-Friday, July 27

Session 6: Monday, July 30-Friday, August 3

Session 7: Monday, August 6 -Friday, August 10

Session 8: Monday, August 13 -Friday, August 17

\*\*Session 9: Monday, August 20 -Friday, August 24 (Camp held at Gilead Hill School Only)

**For Children in Preschool, Kindergarten and 1st grade**

(Drop off & Pick up is at the Gilead Hill School at the rear of school near playscape)



\*A Half Day Option is available for Pre-Schoolers

\*\*There will be an additional Admission/Activities fee for trips\*\*

**Children in Grades 2nd -8th Grade**

(Drop-Off & Pick-up is at the RHAM High School Gym).

**FULL DAY FEE OPTION 6:45-5PM**

\$184.00 Weekly

\$92.00 Weekly

\*\*Session 2 (4 day week) \$148.00

**HALF DAY FEE OPTION Pre-School Only**

\$46.50 Daily

\$23.00 Daily

\*\*Session 2 (4 day week) \$74.00

Extended Care Options (for all camps)

PM Care 5- 6 PM\* \$6.00 per day or \$22.00 Weekly



# HEBRON PARKS & RECREATION

## HEBRON PARK AND RECREATION SUMMER ADVENTURE SCHEDULE!!!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>June 25</b>	<b>26</b>	<b>27</b> Sonny's - \$20 All Campers p/u: 9:30 Return: 2:30	<b>28</b>	<b>29</b> Quassy - \$20 All Campers p/u: 9:30 Return: 4:00
<b>July 2</b>	<b>3</b> Jumping Jonnies (prek-1) \$7.50 Jump Off (2-8) 17.50 p/u: 9:30 Return: 4:00	<b>4</b> NO CAMP	<b>5</b>	<b>6</b> Ocean beach - \$12 All Campers p/u: 9:30 Return: 3:30
<b>9</b>	<b>10</b> Lake Compounce - \$29.50 Grade 2-8 p/u: 9:30 Return: 4:00	<b>11</b> Mystic Aquarium - \$20 All Campers p/u: 9:30 Return: 4:00	<b>12</b>	<b>13</b> Nature Village - \$20 All Campers p/u: 9:30 Return: 3:30
<b>16</b> NE Air Museum \$10 All Campers p/u: 9:30 Return: 2:30	<b>17</b> CT Science Museum \$13 All Campers p/u: 9:30 Return: 3:00	<b>18</b>	<b>19</b>	<b>20</b> Hammo Beach - \$12 All Campers p/u: 9:30 Return: 3:30
<b>23</b>	<b>24</b> Six Flags \$39.00 Grade 2-8 p/u: 9:30 Return: 4:30	<b>25</b> Brownstone \$32.00 Grade 2-8 p/u: 9:30 Return: 3:30	<b>26</b>	<b>27</b> Ocean beach - \$12 All Campers p/u: 9:30 Return: 2:30
<b>30</b> Nomads - \$15 All Campers p/u: 9:30 Return: 2:30	<b>31</b>	<b>August 1</b> Essex River Boat \$30 All Campers p/u: 9:30 Return: 2:30	<b>2</b> Spare Time Laser Tag - \$20 All Campers p/u: 9:30 Return: 2:30	<b>3</b>
<b>6</b>	<b>7</b> Black Hall Outfitters \$30.00 Grade 2-8 p/u: 9:30 Return: 3:30	<b>8</b> Brownstone \$32.00 Grade 2-8 p/u: 9:30 Return: 3:30	<b>9</b>	<b>10</b> Hammo Beach - \$12 All Campers p/u: 9:30 Return: 3:30
<b>13</b>	<b>14</b> Lake Compounce - \$29.50 Grade 2-8 p/u: 9:30 Return: 4:00	<b>15</b>	<b>16</b>	<b>17</b> Ocean beach - \$12 All Campers p/u: 9:30 Return: 2:30

**PRICES DO NOT INCLUDE DAILY CAMP FEE!**



# HEBRON PARKS & RECREATION



## Hebron Parks and Recreation

**Mailing Address**  
15 Gilead Street  
Hebron CT 06248  
860-530-1281  
860-228-4859 Fax

**Office Address**  
Burnt Hill Park  
148 East Street  
Hebron CT 06248  
[www.hebronct.com](http://www.hebronct.com)

## Program Registration Form

Please fill out this form in it's entirety. Registration will not be complete until we receive full payment for the program. Any questions in regard to the form or the program can be addressed by calling the Parks and Recreation office at 860-530-1281. Registration information is only used for Parks and Recreation purposes and will not be shared or sold.

**Participant's Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Town:** \_\_\_\_\_ **Zip** \_\_\_\_\_

**DOB:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Grade:** \_\_\_\_\_ ☐ Male ☐ Female

**Parent/Guardian Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Home Phone:** \_\_\_\_\_ **Cell/Work Phone:** \_\_\_\_\_

**Emergency Contact Person:** \_\_\_\_\_ **Emergency Contact Phone:** \_\_\_\_\_

**Emergency Contact Person:** \_\_\_\_\_ **Emergency Contact Phone:** \_\_\_\_\_

*Please list any medical concerns or medications taken regularly.*

### Program Information

List the programs sessions/dates and their costs below.

**Program Name:** \_\_\_\_\_ **Session/Date:** \_\_\_\_\_ **Cost: \$** \_\_\_\_\_

**Program Name:** \_\_\_\_\_ **Session/Date:** \_\_\_\_\_ **Cost: \$** \_\_\_\_\_

**Program Name:** \_\_\_\_\_ **Session/Date:** \_\_\_\_\_ **Cost: \$** \_\_\_\_\_

**REGISTRATIONS** for programs will be accepted on a first come, first serve basis. Class confirmation is up to the registrant. Please call the office if you have any questions.

**REFUNDS:** All programs are self-supporting and a commitment needs to be made to instructors and staff. Therefore, refunds are issued only in the following circumstances: If a program is cancelled by the Parks & Recreation Department or on request for a medical reason and with written notification from a doctor. If a program participant's spot can be replaced with someone from a waiting list. There are no refunds once a class has begun. All program cancellations and changes are subject to a \$15.00 fee and for all returned checks there is a fee of \$20.00.

**PHOTO POLICY:**  
By registering for a program, you give us permission to take and publish photos of the participant. If you do not wish to be photographed, you must include this request in writing along with your registration.

I hereby give approval for myself/my child to participate in the above listed Hebron Parks & Recreation Department Program. I agree to assume all risks and hazards incidental to this program(s), including transportation to and from the site of said program. I hereby waive, absolve, indemnify and agree to hold harmless the Town of Hebron, the department, the commission, supervisors, instructors, coaches, assistant coaches, referees and participants from claims arising out of injury to myself/my child. Any injuries will have to be covered by the individual's insurance.

**Parent/Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please make checks payable to: Town of Hebron 15 Gilead Street Hebron CT 06248

**Office Use Only:** Date Paid: \_\_\_\_\_  
Total Fee: \$ \_\_\_\_\_ Received by: \_\_\_\_\_  
☐ Cash ☐ MC ☐ Visa ☐ Check # \_\_\_\_\_

P&R Registration Form-Genrelr

## HEBRON SENIOR FRIENDS

**SENIOR FRIENDS LIVES UP TO ITS NAME**, friends with a heart. Though large in number (98 members total), a small group of directors lead actively and constantly. That is typical of any volunteer organization: a few giving so much. Senior Friends Board of Directors is amazing in that they give, give, give.

Coming up in June will be an election of half of the current board as their terms are ending June 30th.

We look forward to “new” beginnings!

In September, there will be a Membership Drive to invite more Hebron friends and neighbors who are

at least 60 years young. Many do not want to admit that they are seniors, so perhaps we should refer to each other as peers, experienced, talented, mature, caring, or even retired. Many over 60 are continuing to work full time—we wonder if having some programs early evening would appeal to some. Let's see.

These past few months have produced recording The Mural Story by CVC (Community Voice Channel). Please check the program for airing. We will also be available for showings at other organizations, schools, etc. with a tape. An amazing story produced by your own community volunteers!

Also, Senior Friends have donated funds or items to:

- AHM (Andover, Hebron, Marlborough Youth and Family Services), CHORES Program for seniors' yard and home tasks and the SF Board meets at AHM monthly;

- St. PETER'S Church, Commercial Kitchen Fund new addition (used by Senior Friends at the Membership Meetings held at St. Peter's Phelps Hall monthly);
- The HEMLOCKS CENTER, Pool program for seniors and also use of the cozy library for occasional speaker meetings or other events;
- the Russell Mercier SENIOR CENTER for needed supplies and equipment to better serve all seniors.



New additions to the fund-raising WOODCRAFTS are original art work on many of the bird and garden houses and signs by one of our Mural Artists, Sara Walling. Her expert paintings are instantly popular. People may order ahead for their preferences by calling Barbara at 860-228-3106 or e-mailing [barbaraherbs@att.net](mailto:barbaraherbs@att.net).

Home visits are now being made to home-bound Hebron senior members.

This has been immediately well received by those we have visited thus far. The volunteers have enjoyed the visits as much as the people visited!

Plans for the near future include a Potluck Dinner, Stroll 'n' Roll Trail Time, Painted Rocks placed about Town and Trail with a prize for a special find!

August is rest time for this busy group.

Please continue to check the RiverEast for updates, and call President Marge with your thoughts and questions. Talk to you in the next issue of Hebron View or see you at a meeting/event!

Be well, be happy! ... from your Senior Friends.

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## ***LAZY DAYS OF SUMMER***

Enjoy Sunday afternoons in a lazy kind of way

### **Main Street, Hebron CT**

Join your friends ~ bring your family ~ one Sunday a month ~  
May to September, for leisure afternoons on Main Street in  
Hebron. Come after church, chores or on your way home from  
the beach!! Activities to include local musicians, street  
performers, corn hole, bocce ball, badminton, giant checkers ,  
sidewalk chalk, sack races, yard twister, free drop in tai  
chi/yoga/Pilates AND each month a special attraction!! May to  
include "Shoes Off" Poetry Slam.

**3 pm to 6 pm**

**May 20<sup>th</sup> (rain date 5/27)**

**June 24<sup>th</sup> (rain date TBD)**

**July 15<sup>th</sup> (rain date 7/22)**

**August 19<sup>th</sup> (rain date 8/26)**

**September 16<sup>th</sup> (rain date 9/23)**

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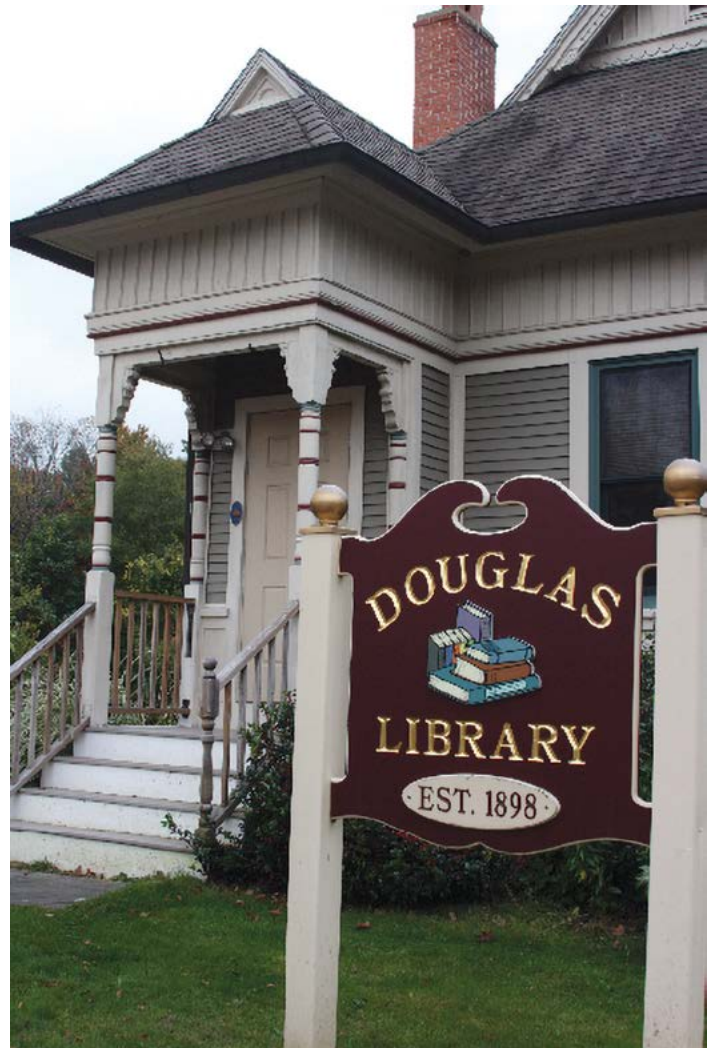
## SUMMER AT DOUGLAS LIBRARY

**Kids Summer Reading Program:** Every summer the Douglas Library offers some fun and educational programs for the children of Hebron. This year we are going to have some great programs and we hope you will join us Thursdays at 1:00 in our Community Room, we will get to visit with a crocodile, a pig and a couple of pugs, some reptiles, and some amazing birds of prey. Our kickoff event is on a Saturday, June 23rd with a Bring the Hoopla! More information will be going out to schools, so look for that!

**Teen Reading Program:** For the summer reading program for our young adults going into 7th grade to through those going into 12th grade, we offer a very laid back challenge. For each book read and review form filled out, you will be awarded a treat from our candy or chip box. We collect all of the review forms at the end of the summer, and randomly draw a name to win a 50 dollar Amazon gift card. So the more you read, the better your chances are. Begins June 23rd!

**Volunteer in the Garden:** If you need to finish some volunteer hours for school, or would just like to help out the library, we will have some volunteer hours this summer. We will need people to plant, weed, water, and monitor our compost bins. The food grown in the garden is given to our neighbors at the American Legion for their Friday lunches. If you need hours give us a call at 960-228-9312.

**Summer Movies:** This summer join us for a fun and exciting series of super heroes and heroines! Movies will start up again June 15th. All movies are shown on Friday at 1:00pm in the Community Room on our 80 inch Smart TV. Movies range from PG to R. Titles include; Black Panther, Wonder Woman, Atomic Blonde, Star Wars: The Last Jedi, Justice League, and Thor Ragnarok.



# LEXICON WORD GAME

Puzzle by Ann Hughes

Guess the word or words that best fit the description listed below and then find the word or words in the letter-graph supplied. Answers can be horizontal, vertical, diagonal, forward or backward.

L	O	C	V	B	I	B	L	I	O	G	R	A	P	H	Y	E	M	Y	D
S	P	I	E	S	T	W	I	Z	Z	L	E	X	Z	Z	B	O	C	J	E
C	Y	R	U	S	P	E	N	D	L	E	T	O	N	A	M	H	N	D	W
D	O	C	W	U	N	H	I	L	L	S	K	I	I	N	A	G	G	O	E
L	A	U	D	E	E	T	C	A	R	T	S	B	A	R	G	M	D	L	Y
P	A	L	I	S	R	S	F	I	Q	U	R	E	L	S	A	K	A	T	D
Q	U	A	T	R	A	B	U	T	T	A	M	O	P	L	Z	E	F	E	E
E	S	T	S	D	Y	R	U	P	D	O	T	N	U	T	I	S	R	M	C
L	J	I	N	M	L	K	P	C	A	T	A	L	O	G	N	P	A	M	I
I	I	O	U	H	O	B	V	G	E	Y	T	F	A	C	E	X	L	D	M
N	Q	N	L	O	P	G	G	S	U	Q	W	A	Z	S	S	E	L	R	A
E	U	D	B	M	H	A	W	L	F	F	L	Y	P	I	P	E	O	X	L
V	I	E	R	O	S	E	B	U	D	R	G	I	N	I	L	R	D	U	C
U	S	S	A	B	B	D	I	S	Q	M	N	U	A	L	I	F	E	R	S
J	I	K	B	Y	O	M	E	M	D	E	G	D	I	R	B	A	N	U	U
U	U	T	E	D	E	N	A	G	E	M	R	B	O	Y	L	R	O	I	G
H	A	X	R	I	T	F	Z	E	F	O	S	E	M	I	T	H	G	I	N
O	P	R	D	C	N	O	I	T	C	I	F	W	H	O	S	G	U	S	T
E	O	F	D	K	N	I	W	P	E	R	I	O	D	I	C	A	L	F	O
L	R	X	B	M	D	A	D	G	N	I	D	O	D	A	Y	T	A	H	W

- Title of book whose first sentence is "Call me Ishmael." 8 LETTERS
- Used in many libraries to arrange books by their subjects by deviding information into ten main subjects. 12 LETTERS
- President of the Library Association from 1889-1919. 14 LETTERS
- A list containing citations to the resources used in writing a research paper or document. 12 LETTERS
- One of the pre-cursors of the Hebron Library Associatin was called the \_\_\_\_\_Literary Society. 7 LETTERS
- The place in the library where you check out, renew, and return library materials. 15 LETTERS
- A database listing and describing the books, journals, documents and materials held by a library. 7 LETTERS
- A book that can be read online. 5 LETTERS
- A made up, imaginary literary composition. 7 LETTERS
- Books that are designed for children or young adults. 8 LETTERS
- A periodical publication for general reading, containing article on various subjects by different authors. 8 LETTERS
- A first person commentary on one's life, times, and experiences. 6 LETTERS
- Area of the library that contains newspapers, magazine, and journals. 10 LETTERS
- The part of a bound book that connects the front and back covers. 5 LETTERS
- Complete, not shortened, copy of the original work. 10 LETTERS
- A book or bound collection of maps or illustration. 5 LETTERS
- Before 1899, patrons paid \_\_\_\_\_ to use the library. 9 LETTERS
- A summary or brief description of the content of another longer work. 8 LETTERS
- Author of the Cat in the Hat. 7 LETTERS
- E. B. White's story about a famous pig. 13 LETTERS



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