



Hebron Parks & Recreation



Burnt Hill Park

Office :148 East Street, Hebron, CT 06248

Mail: 15 Gilead Street, Hebron, CT 06248

Phone: 860-530-1281

Fax: 860-228-5912

www.hebronct.com

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Fall 2017



Discovery Zone Learning Center



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Infant Program (6 weeks- 14 months)

Our primary objective in the Infant Room is to keep each child happy, secure, and safe. We know that by focusing on this, each parent will have the confidence of knowing that their child is in the right environment.

Toddler (14 months – 2.9 years)

At Discovery Zone Learning Center, our Toddler curriculum is based on current research in early brain development, early childhood education and developmental psychology. Through careful observation we can assure that individual developmental needs are being met.

Preschool (2.9 years – 5 years)

The Preschool/Kindergarten curriculum is divided into four areas:

**Language & Literacy Creative Expression
Science & Sensory Gross Motor Skills**

Before & After School

The after school program at Discovery Zone Learning Center is designed for children from grades K through fifth, and is fun, low-key, and neighborhood-like.

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Parks and Recreation Staff:

Richard Calarco, CPRP, CSFM, AOLCP, Parks and Recreation Director,
rcalarco@hebronct.com

Richard Gadoury, Recreation Manager, rgadoury@hebronct.com

Steven Bakowicz, Recreation Supervisor, sbakowicz@hebronct.com

Kelly Bindert, Office Assistant, kbindert@hebronct.com

Park Staff:

Jason Hunniford and Jason Costa

Parks and Recreation Commission

Co-Chairpersons: Claudia Natorski and Ken Jardin

Machel Gauthier, Charles Daniels, Dan Grabowski, Chris Cowles,
John Russo, Eric Lemieux ALT, and Jessica Petro ALT

BOS Liaison: Brian O'Connell

How to reach us

Mailing address: Hebron Parks & Recreation, 15 Gilead Street, Hebron,
CT 06248

Office address: Burnt Hill Park, 148 East Street, Hebron, CT 06248

Phone: 860-530-1281

Fax: 860-228-5912

Web site: www.hebronct.com

Hours: Monday-Friday, 8 am-3:30 pm

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★★★ Mission Statement ★★★

- To enhance the quality of life for all Hebron Residents.
- Offer a diverse cultural community and special event activities for all family members.
- Offer a full array of informational services to all leisure activities and organizations.
- Provide professional leisure department assistance to all community groups.
- Provide quality leisure opportunities in a safe and healthy atmosphere.
- Provide a well maintained park system and recreational facilities.
- Provide a comprehensive Master Plan for park development.
- Preserve open space for future generations.
- Impact the quality of life in a positive way.



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General Information

Community Contacts

Hebron Town Hall	860-228-5971	www.hebronct.com
AHM Youth Services	860-228-9488	www.ahmyouth.org
Douglas Library	860-228-9312	www.douglaslibrary.org
Gay City State Park	860-295-9523	www.ct.gov
Hebron Interfaith Human Services	860-228-1681	www.hebroninterfaithhumanservices.org
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Hebron Soccer		www.hebronsoccer.org
Hebron Youth Baseball		www.hebronbaseball.org
RHAM Youth Lacrosse		www.cecaayouthsports.org
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RHAM Youth Football & Cheerleading		www.rhamfootball.com

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Parks and Recreation Enrichment Program



PREP

Parks and Recreation Enrichment Program "PREP"

PREP - Parks & Recreation Enrichment Program - continues to offer before and after school care for Hebron children in grades PRE K (3 or 4 year olds on or before December 31st of the current school year) 6th grade. Our goal at "PREP" is to provide a supportive, nurturing environment in which school-age children can develop socially, emotionally, and physically, by encouraging positive self-esteem, self-respect, and problem-solving skills. At PREP children engage in arts & crafts activities, team building games, sports, cooking and outside time weather permitting. Snack is provided to children at the PREP program. In the AM Care session the staff to child ratio is 1 staff member for every 6 children. In the PM Care session the ratio is 1 staff for every 7 children. The PREP staffs are First Aid, CPR and Blood Borne Pathogens certified. For more information about the Hebron Parks & Recreation PREP program please call the Parks and Recreation office at 860-530-1281

PREP classrooms are located at Gilead Hill School, Entrance near the playground in back of the school.



Adult Programs

Pilates

Join Tina Catanzaro in this dynamic mind/body class. The focus is on core strength and stabilization using the Joseph Pilates method. Please bring a mat, water bottle and towel. Wear comfortable clothing. All are welcome. (6 weeks)

Location: Gilead Hill School Activity Room or Music Room

Age	Day	Time	Date	Fee
Adult	W	6:30-7:15P	9/13-10/18	\$70
Adult	W	6:30-7:15P	10/25-12/6	\$70 No class 11/22
Adult	W	6:30-7:15P	12/13-1/24	\$70 No class 12/27



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Yoga

Join Tina Catanzaro, (AAFA, AAAI certified Yoga Instructor) as she takes you through a journey of self-exploration. Each class will include breath work, postures, and meditation. Come increase your energy and flexibility while reducing stress. This class will allow you to honor your body, mind and spirit; explore your limits and maximize your potential. Please bring your own yoga mat, water bottle and towel. Wear comfortable clothing. All are welcome. (6 weeks)

Location: Gilead Hill School Activity Room or Music Room

Age	Day	Time	Date	Fee
Adult	M	6:30-7:30P	9/11-10/23	\$80 No class 10/9
Adult	M	6:30-7:30P	10/30-12/4	\$80
Adult	M	6:30-7:30P	12/11-2/5	\$80 No classes on 12/25, 1/1, 1/15

Taekwondo

Come join 5th degree black belt Master Scott Lesinski and learn the traditional martial art of Taekwondo. You will learn the basics for fitness, self-defense, and Olympic style sparing. A traditional uniform is included. Look below; unlimited classes are Saturday mornings and Monday through Friday nights. Attend one or attend them all. (6 weeks)

Location: Tae San Taekwondo Academy, 111 Main Street (behind Dunkin Donuts)

Age	Day	Time	Date	Fee
Adult	M,W,F	6-7 pm	9/25-11/04	\$99
	Sat	10-11 am		

PickleBall

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game!

Location: Gilead Hill School Gymnasium

Age	Day	Time	Date	Fee
Adult	M/Tu	6:30-8:30	9/11-11/13	\$6 per Monday /\$50 for the session

College Planning & Funding A-Z

Planning for college can be difficult, confusing and costly. Don't go it alone. This is a great opportunity to learn how to make the right college choices to maximize you're funding and financial aid results. Highlights will include SAT & ACT PREP Courses, College Profile Reports, Merit Based Scholarship Eligibility, FASFA & CSS Profile Form Completion and College Funding Analysis.

Location: RHAM High School

Age	Day	Time	Date	Fee
Adult				Call RHAM Guidance Department for information

Holiday Shopping Made Easy – We'll watch the kids!

Take the night for your holiday shopping while your kids have fun at Gilead Hill School. The Hebron recreation staff will have no shortage of fun for your children. We'll do it all from gym time to arts and crafts. We'll show a movie and even do the cooking providing dinner and a snack. Take advantage of this opportunity to get caught up in the holiday spirit or even a good ol' fashion date night. Just know that your children are in good hands for the evening!

Location: Park and Recreation classrooms; entrance near playground

Grade	Day	Time	Date	Fee
PK-6	F	5:30-9:30	12/8/17 (snow 12/15)	\$30 (\$5 for each additional children)



Continuing Education

Introduction to Watercolor Painting

Learn some of the basic of watercolors and techniques. Complete a painting that you would be proud to hang on your walls. Materials Included!

Instructor: Susan Bagdonis

Location: RHAM art classroom

Age	Day	Time	Date	Fee
Adult	W	6:30-8:00	9/13 – 10/4	\$55 – 4 week Course

Introduction to Welding

This is a hands on class where participants will learn the basics on the following types of welding: MIG, TIG, Stick and Brazing. This class will also use the various hand tools and machines associated with welding.

Instructor: Eric Soucie

Location: RHAM Welding Shop

Age	Day	Time	Date	Fee
Adult	W	7:00-9:00	9/13 – 11-8	\$100 – 8 week Course





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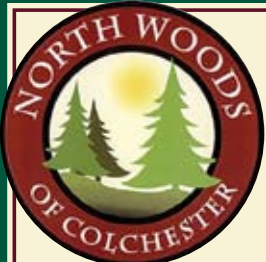
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Greeting Card Making

Students will earn the basic techniques of paper cutting, layering, dry embossing, and stamping.

Instructor: Nancy Roberts-Schweitzer

Location: RHAM art classroom

Age	Day	Time	Date	Fee
Adult	M	7:00-9:00	9/11 – 10/6	\$50 – 4 week class \$10 material fee applies per student)

Beyond Main Street – The Other Hebron

This course will lead attendees on a tour of some of the lesser known aspects of Hebron! From historical facts and notable places that residents may have passed by, to local lore and legends that residents may not have heard. The purpose of this class is to inform attendees about the richness of Hebron, beyond the business on Main Street and the high school. Attendees will hear stories collected from the Hebron Historical Society and from other sources.

Instructor: Stephen Pozzato

Location: RHAM History classroom

Age	Day	Time	Date	Fee
Adult	Th	6:00	10/19	\$15 per person/\$25 per couple



Youth Programs

After School Art

Join Deb Pierce for 4-8 weeks of creative exploration. Participants will have the opportunity to use a variety of materials and try many different media in a relaxed instructional setting. Painting, sculpting, drawing, crafting and a season project will be presented throughout the session.

Location: Art Room at Gilead Hill School or Hebron Elementary School

Grade	Day	Time	Date	Fee
3-6	M	3:15-4:45P	9/11-11/6	\$87.00 (8 weeks) no class on 10/09
3-6	M	3:15-4:45P	11/20-12/11	\$54.00 (4 week mini class)
1-2	TH	3:15-4:45P	9/14-11/9	\$87.00 (8 weeks) no Class 9/21
1-2	TH	3:15-4:45P	11/16-12/14	\$54.00 (4 week mini class) no class on 11/24

Taekwondo

Come join us at Tae San Academy to learn the traditional martial art of Taekwondo. You will learn the basics of fitness, flexibility, self-defense, and Olympic style sparring. A traditional uniform is included. Look below, unlimited classes are offered Saturday mornings and Monday through Friday nights. Attend one or attend them all. (6 weeks)

Location: Tae San Academy, 111 Main Street (behind Dunkin Donuts)

Age	Day	Time	Date	Fee
Child (4 & 5yrs)	M, W, F	4-4:45 pm	9/25-11/04	\$99
Juniors (6 & up)	M-F	5-5:50pm		\$99
	T & Th	5-5:50pm, 6-6:50pm		
	Sat	9-9:50am		



Parks and Recreation Vacation Camps

SCHOOL VACATION DAY CAMPS

Pre – K thru 6th Grade (@ Gilead School)

School vacation days are open to all Hebron and non-Hebron residents Kindergarten through 6th grade. On the days that school is closed (for example staff development and vacation time) Hebron Parks and Recreation offers child care. Camp days include games, sports, art & crafts, cooking, and outdoor activities. Children are split up into rooms/groups depending on grade and block schedules are followed. Send your children in with 2 snacks and a lunch.

Please note that additional fees may apply for field trips.

Vacation Day Camps

Dates:	8/29, 8/30, 10/10, 11/7, 12/13, 2/20, 2/21, 3/9
Location:	Gilead Hill School (Park and Recreation classrooms; entrance near playground)
Time:	7:00am-6:00pm
Cost:	\$46.50 per day

December Vacation Camp

Dates:	12/27, 12/28, & 12/29
Location:	Gilead Hill School (Park and Recreation classrooms; entrance near playground)
Time:	7:00am-6:00pm
Cost:	\$46.50 per day

April Vacation Camp

Dates:	4/17, 4/17, 4/18, 4/19 & 4/20
Location:	Gilead Hill School (Park and Recreation classrooms; entrance near playground)
Time:	7:00am-6:00pm
Cost:	\$46.50 per day

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Youth & Travel Basketball

Youth Recreational Basketball

Be a part of our popular basketball program for boys and girls in grades 1 - 12. Come develop and improve your basketball skills in our recreational youth league.

****Prior to attending tryouts you must be registered with Parks and Recreation****

Fees are as follows:

- Grade 1 & 2-\$55.00 per child
- Grade 3 & 4-\$85.00 per child*
- Grade 5 & 6-\$114.00 per child*
- Grade 7 & 8-\$131.00 per child*
- Grade 9-12-\$131.00 per child*

*Fee includes Reversible Jersey

****YOUTH BASKETBALL PARTICIPANTS****

**For Grades 1st-8th only:
REGISTRATION CLOSES FRIDAY,
OCTOBER 27th, 2017.**

**High School Boys & Girls:
REGISTRATION CLOSES THURSDAY,
NOVEMBER 9th, 2017.**

****NO LATE REGISTRATIONS WILL BE ACCEPTED ****

- 1st & 2nd grade basketball season will be 7 weeks long and there will be an on-site referee at the practices and scrimmages.
- 3rd through 6th grade recreational participants will be given a set time and date for evaluations and must be pre-registered. Please contact the Parks and Recreation office for date and time.
- 3rd & 4th grade basketball teams will be playing games on Saturdays and Sundays and may travel to near-by towns for some games.
- Evaluations and team selection for grades 3 & 4, and grades 5 & 6 will be in the beginning of November.

Travel Basketball

Travel Basketball Tryout Dates can be found on www.hebronct.com.

****You must be registered prior to the tryout dates in order to be placed on a team****

Travel Team Fees 2017-2018:

- Grade 5 & 6-\$225.00 per child
- Grade 7 & 8-\$225.00 per child

Important Travel Basketball Information

- We will have a 7th and 8th Travel Team, however, if numbers are low we will combine to one 7/8 Travel Team
- We will have a 5th and 6th Travel Team, however, if numbers are low we will combine to one 5/6 Travel Team
- Please Note that if your child makes a travel team that they will not be able to play recreational basketball as well.

Coaches Needed

The Hebron Parks and Recreation Department is looking for Recreational league coaches for the upcoming season. We are also looking for Gym Supervisors and Referees. Please contact the P&R Office if you are interested at (860)530-1281.

Basketball Meetings for Referees and Gym Supervisors

Referee meeting for 3rd & 4th grade games will be held Monday, November 13th, 6:00pm at Hebron Elementary gym.

Gym Supervisor meeting will be held Wednesday, November 15th at 6:00pm at Hebron Elementary School. Those interested in applying for a refereeing or gym supervisor position must submit an application to the Hebron Parks and Recreation Department.



**PLEASE CHECK
the Hebron Parks and Recreation
website at www.hebronct.com for
updates on schedules, evaluations
and tryouts.**

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Douglas Library of Hebron

CHILDREN'S PROGRAMS

Storytimes

Storytime sessions run from September to June in six-week block sessions. Registration is free and required in advance due to limited class sizes. Parents and caregivers may come into the library to register or call the Children's department for more information. Waiting lists are available as classes fill.

- Tuesday, 10am: "Toddlers" 2 to 3 years
- Thursday, 10am: "Baby and Me" 0 to 2 years

Come join the fun!

YOUNG ADULT PROGRAMS

Teen Advisory Board the Teen Advisory Board regularly meets the **first** and **third** Wednesday of each month during the school year. This group helps plan teen events and discusses young adult program ideas and library collection needs. Time spent working in the meetings can be counted toward volunteer requirements.

ADULT PROGRAMS

Film Series

The Douglas Library will be showing a variety of new films that were recently released over the past year. Look for our next series in September. Many of the selections are award winning movies. These movies range from PG to R rating, so they may not be suitable for children. During the movies coffee and tea will be provided with the option of popcorn if attendees are interested. Movies will be shown for six consecutive weeks. **All movies begin at 1pm. Free, no registration required.**

Location: Douglas Library Community Room



MULTIPLE AGES

Monday Night Handicraft Group

Join our knitting/crochet group every **Monday night from 6 to 7:45** to work on knitting in a congenial atmosphere. Any level of knitter/crocheters is welcome. During the colder months, the group is working on knitting/crocheting for area residents in need. Bring your own projects, or just get inspiration or pointers from the other crafters **Drop-In, No registration required.**

Location: Douglas Library Board Room (Lower Level)



Chess Night

The last Thursday of each month, join us in learning the fun and strategic game of Chess. Learn some new moves and clever tricks. All ages and experience levels welcome. Boards and pieces are provided by the library, but if you wish to bring your own, you are welcome too.

Location: Douglas Library Community Room

GENERAL INFORMATION

Friends of the Library Book Sale

The Friends of Douglas Library hold quarterly book sales whose proceeds support the library's collections and programming needs. The next Book Sale is on **Saturday, September 16th from 9am to 3pm.** Get there early for the best selection. Bestsellers, audiobooks, children's material and much more! From 2pm to 3pm it is a dollar a bag!

Becoming a Friend of the Library

If you are interested in joining the Friends of the Library and helping out with the Book Sales and/or to be a part of their library support mission, please call 860-228-9312 x312.

Homebound Program

Did you know the Douglas Library had a Homebound Delivery Program? To qualify for this free service, the homebound patron must live in either Hebron or Amston. To be eligible to receive items for home delivery, the patron must be the following; 1.) Confined to their home due to prolonged illness, extended convalescences, or advanced age and have no household member available to get to the library for items. 2.) Have a temporary or permanent physical or mental disability that prevents them from coming into the library.

Call the library to see if Homebound Delivery is an option for you!

Museum Passes

(Please call the library for specifics on each pass)

Beardsley Zoo – Bridgeport, Basketball Hall of Fame, Children's Museum of West Hartford, Connecticut Eastern Railroad Museum – Willimantic, Connecticut Historical Society – Hartford, Connecticut Old State House, Connecticut Science Center, Florence Griswold Museum, Lutz Children's Museum, Lyman Allyn Art Museum, Maritime Aquarium at Norwalk, Mark Twain House – Hartford, Mystic Aquarium, Mystic Seaport New Britain Museum of American Art, New England Air Museum – Windsor Locks, Old Sturbridge Village, Peabody Museum, Roger Williams Park Zoo – Rhode Island, State Park and Forest Day Pass – Connecticut, Wadsworth Athenaeum Museum of Art – Hartford

Volunteer Opportunities

The library has various volunteer opportunities. Currently, we offer both inside and outside volunteer hours as we have recently been working on a community garden project. We are also interested in creating a Teen Advisory Board. This teen volunteer group would help the library with program planning, collection guidance and space planning for our Young Adults. Any of these volunteer hours can be set up by visiting the library and filling out our volunteer form.

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Library Contact Information

Telephone: (860)228-9312

To register:

- for Adult programs call (860)228-9312 x323
- for Children's programs call (860)228-9312 x324

Website: www.douglaslibrary.org

Email Questions: info@douglaslibrary.org

Catalog:

<http://douglas.biblio.org/eg/opac/home>

Use the catalog to look up our collection and place holds on items.

Find Douglas Library of Hebron on:

Facebook/Pinterest/Twitter/Tumblr/Instagram



Hours

Monday & Wednesday 12-8
Tuesday & Thursday 10-8
Friday 12-6
Saturday 10-3

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Magazines, Newspapers * E-Books * Audiobooks * Study Rooms *
Hotspots * Scanner, Copier, Printer, Computers *

Knights of Columbus

All boys and girls ages 9 to 14 are invited to participate in the local level of competition for the 2017 Knights of Columbus Free Throw Championship.

Location: HES Gym

Date: Thursday, January 18th, 2017 Local Level
(snow date January 25th, 2017)

Times: 5:00pm-7:00pm

Fee: Free



Community Events

Soccer Shootout

The Knights of Columbus in collaboration with Parks & Recreation is offering a competition designed for players to demonstrate the most basic soccer skill – the penalty kick. Open to boys and girls in Hebron, ages 9 – 14 years old, where each player will be allowed 15 shots at the goal from the penalty line (12 yards from the goal). Winners progress to the district, regional, state and international levels.

Date: Saturday, September 16th, 2018
(rain date of Sunday, September 19th)

Location: RHAM Middle School Soccer Field

Times: 12:00pm - 3:00pm

Fee: Free

CONTACT: Adam Phelps, abp429@gmail.com,
860-368-8249



Like **Hebron
Parks & Rec** on



HEBRON'S HALLOWEEN HAPPENINGS – Friday October 13th Hebron Lion's Fair Grounds (rain date October 14th)

Trunk or Treat

Calling all Hebron residents, businesses and community groups! The Hebron Parks and Recreation Department is looking for individuals and groups to participate in the annual Trunk or Treat event. Trunk or Treat is a spook-tacular Halloween event that provides a safe and fun way to celebrate Halloween with the whole family. Children will enjoy going from trunk to trunk to receive pre-packaged candy from costumed car owners. All cars are welcome. The spooky evening event includes trick-or-treating, entertainment and much more!

Time: 5:30pm-6:45pm

Cost: Free to all

Haunted Happenings

Come check out Halloween Happenings at the Hebron Lions Fair-ground, in collaboration with RHAM Middle School Drama Department. Haunted Happenings will have scares, laughs, and mores. Participants will be able to play Halloween games, walk through the Trail of Terror, hop on a hay ride for Halloween family fun. Entrance will be through Gate 4 at the Fairgrounds. Don't forget to wear your favorite Halloween attire. If you are interested in volunteering for the event, feel free to contact the Parks and Recreation department.

Time: 6:30pm – 9:00pm

Cost: Free to all

Senior Center



15th Annual Airline Trail Ghost Run

The Parks & Recreation Departments of Hebron, Colchester, and East Hampton are collaborating along with the State of CT Department of Energy and Environmental Protection to host our 15th Annual Ghost Run – On our beautiful 13.1 mile certified half marathon course. The first 375 registered runners will receive a long sleeved t-shirt. If interested in volunteering for this event or if you need more information, feel free to contact any of the Parks & Rec offices; Hebron 860-530-1281, Colchester 860-537-7297 and East Hampton 860-267-7300.

Please mail registrations to Hebron Parks & Recreation, 15 Gilead Street, Hebron, CT 06248. Make check payable to "Town of Hebron".

- Date:** Saturday, November 4th, 2017
- Location:** Starts at Hebron Elementary School
Ends at Center Elementary School in East Hampton.
- Time:** 9:00 am (rain or shine)
- Cost:** **Individual:** \$37.00 (after October 21, \$44.00)
Relay Teams: \$60.00 (after October 21, \$65.00)



Holiday Extravaganza

Join Hebron Parks & Recreation, the Douglas Library, Hebron Economic and Development Commission, and the Hebron Fire Department in celebrating the holidays of the season! Santa Claus will be making a visit from the North Pole so don't forget your cameras!

Join us for a Jingle Bell Run Kicking off our Holiday Extravaganza!

- Location:** Down Town Hebron
- Please check the website for updates and details.

Hebron's Got Talent

Dancers, musicians, vocalists, comedians, performers of all kinds! Now accepting applications for local talent. Application can be picked up at Ted's IGA Supermarket, Hebron Parks & Recreation and AHM Youth and Family Services. All Applications are due by December 18th. All proceeds to benefit the Children's Scholarship programs of AHM Youth and Family Services and Hebron Parks & Recreation. For more information please contact Gilead Congregational Church at 860-228-3077.

- Date:** Friday, February 2nd, 2018 (snow date 2/09)
- Location:** RHAM High School Auditorium
- Time:** 6:30 pm
- Fee:** TBD



Senior Center

The Aging Mastery Program® - Join the Adventure!

LIMITED SPOTS AVAILABLE: SIGN UP NOW!!!

Contact: Mandy Rocznik



The Russell Mercier Senior Center is pleased to announce that we will be one of only 10 centers in Connecticut offering a ten-week educational program called the Aging Mastery Program®. It was developed by the National Council on Aging (NCOA) and encourages **mastery** of behaviors across many

dimensions that will lead to improved health, stronger financial security, and overall well-being.

This is a wonderful opportunity to participate in, and reap the benefits of, a cutting edge program. We are currently recruiting people for participation in this unique endeavor.

The goal of this program is to empower you to make and maintain small but impactful changes in your health behaviors, financial well-being, and enrichment in later life. The classes will explore navigating longer lives, physical activity, sleep, healthy eating and hydration, financial fitness, medication management, advance planning, healthy relationships, falls prevention, and community engagement. For each of these classes, we will provide basic educational materials developed from highly trusted sources, a checklist of action steps, and a system for tracking behaviors. Participants will earn points for positive actions and rewards. This is an opportunity to not only reap the benefits of the educational aspect of this program, but to also meet new people, provide support and encouragement to your peers, and become more involved in the community.

If you are interested in learning more about this program and/or registering, please call the senior center at (860) 228-1700. We hope to recruit a wide range of participants. If this program piques your interest . . . stop by or call to learn more! We hope that you'll take advantage of this fantastic opportunity that the Russell Mercier Senior Center has to offer the Aging Mastery Program® in our community!

Aging Mastery®, a program of the National Council on Aging, is coordinated in Connecticut by Connecticut Community Care, Inc. and sponsored in part by the Connecticut Community Foundation.





Sport Groups



Hebron, Andover and Marlborough Youth Soccer have merged. Soccer registration and information for all ages, from preKinder through 15, can be found at www.RHAMYouthSoccer.org.

Our preKinder and Kinders practice once a week and we offer different days and times for practices. Our 7/8U, 9/10U, 11/12U and 13/14/15U teams practice twice a week and have scheduled games on the weekend at home or away at a nearby town.

If you are interested in volunteering or have any questions, please contact our president and registrar, T.J. Morelli-Wolfe, at Morelli.wolfe.law@gmail.com.



RHAM Youth Lacrosse offers kids in our community the opportunity to learn the exciting sport of lacrosse! Safety, sportsmanship, and skills development are at the absolute center of every part of the RHAM Youth Lacrosse experience, and we offer age-appropriate developmental lacrosse for boys and girls in kindergarten through 8th grade.

We offer **Learn-to-Play** sessions each fall to give new players (and parents!) a chance to see what lacrosse is all about – sign up to receive announcement emails on our website (rhamyouthlacrosse.com).

Registration begins in the late fall and ends in January.

Questions? Email RYL president Lynne Murray at Lynnejmurray@gmail.com

www.rhamyouthlacrosse.com



Parks Information

(ALL PARKS ARE OPEN SUNRISE TO SUNSET)

TOWN PARKS

Burnt Hill Park

Located on 148 East Street, Burnt Hill Park has two baseball fields, three multipurpose fields and nature walking trails. A pavilion at the park is available for rental.

Hebron Veteran's Memorial Park

Located on Route 316 (across from the RHAM High School tennis courts), offering a baseball field, softball field, soccer field, playscape, basketball court, and skateboard area.

Old Colchester Park

Located on Old Colchester Road featuring a multi-purpose field for sports.

Hebron Elementary School

Located on Church Street has a playscape and multi-purpose fields for sports.

Gilead Hill School

Located on Gilead Street has a playscape and athletic fields for sports.

Airline Trail

An asset in our midst! Built in the 1870's the Air Line Railroad ran diagonally across Connecticut through East Hampton center, just south of Marlborough (through northern most Colchester, and continuing through southern Hebron/Amston). The trail is now a recreational haven for hiking, horseback riding, mountain biking, running, etc. (Non-motorized pursuits only). The Trail can be accessed at Grayville Park, or off Route 85, near Julianos Pools. Take a morning or early evening stroll, or bring the kids with their bikes! For inspiration, visit Photographer **Stan Malcolm's** website, which hosts scores of beautiful pictures from the Trail: www.performance-vision.com/airline.

Notice to Dog Owners

State statute states dogs must be under the direct control of its owner at all times, including town parks. Many children playing at our parks may be frightened of a loose dog. Help keep our parks clean.

STATE PARKS

Grayville Falls

Located off Grayville Road is great for picnics, hiking, etc.

Gay City State park

Located along Route 85 near the Hebron/Bolton Town line, this park offers swimming and picnic areas plus miles of maintained trails.

Registration Information

Registration Information

Nothing spoils a good program faster than everyone waiting until the last minute to register. Registrations **cannot** be processed without full payment. Hebron Parks & Recreation reserves the right to set minimums and maximums for all programs and trips and to cancel any program or trip due to insufficient enrollment, as well as, change the date, time for location for any program because of unforeseen circumstances.

Registrations are accepted:

In person: The Parks & Recreation Office is located at Burnt Hill Park, 148 East Street Hebron, CT 06248.

By mail: Complete your registration form and return it with full payment to: Hebron Parks & Recreation, 15 Gilead Street, Hebron, CT 06248

By phone: With payment made in full using a MasterCard, Visa or Discover. Please call 530-1281. (American Express in not accepted)

Scholarship Program

Any Hebron resident may apply for a scholarship for a recreation program due to financial need. Requests must be made in writing on an official application form, available in the Parks & Recreation Office. All requests are confidential and will be evaluated based on financial or personal hardship.

Refund Programs:

Refunds are issued only in the following circumstances:

- If a program is cancelled by the Parks & Recreation Department.
- On request for a medical reason and with written notification from a doctor.
- If a program participant's spot can be replaced with someone from a waiting list.
- There are no refunds once a class has begun. (see Bus Trips below)
- All program cancellations and changes are subject to a \$15.00 fee.
- There is a \$20.00 fee for returned checks.

Bus Trips:

Due to the nature and commitment of bus contracts, bus trips are non-refundable unless tickets can be re-sold.

Weather Related Cancellations

When schools are cancelled due to inclement weather, all Hebron Parks & Recreation programs are cancelled.

Stay tuned to these television stations for updated cancellation information or check on line.

Television:	NBC30	www.nbcconnecticut.com
	WFSB	www.wfsb.com
	WTNH	www.wtnh.com
	Fox 61	www.fox61.com

We Will Train You!

New and ongoing training is integral to the volunteer fire service. When you join your local emergency service organization, training will be provided* through regional fire training academies, local EMS schools, or in-house classes.



We Provide the Gear!



Dedicate your time and efforts in responding with your local department, and they'll make sure you have the gear necessary to stay safe and get the job done!

Do you think you can fill these boots?

We grow as a team!

The fire and emergency medical services are constantly evolving. To best provide for our communities, we work and learn together as a team to better prepare for the challenges of tomorrow. Your strengths help us grow stronger!

*Inquire with your local organization regarding cost of training, as each department follows different policies

Contact Your Local Department

BOLTON FIRE/EMS

860-649-3910
boltonchief34@gmail.com boltonfd.org



COLCHESTER FIRE/EMS

860-537-2512
info@colchesterfd.com colchesterfd.com



COLUMBIA FIRE/EMS

860-228-9602
membership@columbiafire5.org columbiafire5.org



HEBRON FIRE/EMS

860-228-3022
contact@hebronfd.com hebronfd.com



LEBANON FIRE/EMS

860-642-7546
lebanonfd.org



MARLBOROUGH FIRE/EMS

860-295-6219
marlboroughfire.com



Not Listed? Visit your local fire department during weekday business hours and inquire!

Join Our Team



Become a First Responder



Registration Form



HEBRON PARKS & RECREATION

Mailing Address:

Hebron Parks & Recreation
15 Gilead Street
Hebron, CT 06248

860-530-1281
860-228-5912 fax
www.hebronct.com

REFUNDS: All programs are self supporting and a commitment needs to be made to instructors and staff. Therefore, refunds are issued only in the following circumstances: If a program is cancelled by the Parks & Recreation Department or on request for a medical reason and with written notification from a doctor. If a program participant's spot can be replaced with someone from a waiting list. There are no refunds once a class has begun. All program cancellations and changes are subject to a \$15.00 fee and for all returned checks there is a fee of \$20.00.

Hebron Youth Basketball 2017-2018

NAME OF PARTICIPANT _____ M/F _____ DOB _____ AGE _____ GRADE _____

STREET ADDRESS _____ TOWN _____ ZIP _____

PARENT/GUARDIAN _____ HOME PHONE _____ WORK PHONE/CELL PHONE _____

EMERGENCY CONTACT PERSON _____ EMERGENCY CONTACT PHONE _____

Please list any medical concerns or medications taken regularly.

EMAIL ADDRESS: information is only used for parks & recreation purposes and will not be shared or sold.

CHECK ONE: _____ Grade 1 & 2-\$55.00 per child _____ Grade 7 & 8-\$132.00 per child
_____ Grade 3 & 4-\$85.00 per child _____ Grade 9-12-\$132.00 per child (may register through 11/09/17)
_____ Grade 5 & 6-\$114.00 per child **High School: Do you plan to try-out for the High School Team? Yes No**

****Deadline to register for grades 1-8 is October 27th, 2017****

Teams Grades 3-12 may play teams from other towns also may play games in other towns.

Will you be trying out for a Travel Team? Yes No

(There is an additional fee if you are placed on a Travel Team and you will be invoiced for the balance) **Jerseys are included.

*VOLUNTEER COACHES AND ASSISTANTS ARE NEEDED TO LIMIT TEAM SIZE AND MAKE THIS PROGRAM WORK.
PLEASE COMPLETE INFORMATION BELOW IF YOU ARE ABLE TO COACH.*

COACH NAME _____ WORK# _____ EMAIL _____

ASST. COACH NAME _____ WORK# _____ EMAIL _____

*Hebron Parks & Recreation's goal for youth basketball is to provide a fun, safe and meaningful experience to all participants.
To accomplish this we need the assistance and understanding of every parent.*

PHOTO POLICY: By registering for a program, you give us permission to take and publish photos of you participating, along with a photo identification. If you do not wish to be photographed, you must include this request in writing along with your registration.

I hereby give approval for myself/my child to participate in the above listed Hebron Parks & Recreation Department Program. I agree to assume all risks and hazards incidental to the program(s), including transportation to and from the site of said program. I hereby waive, absolve, indemnify and agree to hold harmless the Town of Hebron, the department, the commission, supervisors, instructors, coaches, assistant coaches, referees and participants from claims arising out of injury to myself/my child. Any injuries will have to be covered by the individual's insurance.

PARENT/PARTICIPANT SIGNATURE _____ DATE _____

Circle t-shirt size: YS YM YL S M L XL

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Hebron Parks & Recreation Dept.
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Hebron, CT 06248

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