



Hebron Historic Properties Commission

We welcome Visitors and Volunteers ...

... We appreciate our MEMBERS

5 regular members

3 alternates

... Our Roles are Statutory, Regulatory, and
“Recommendatory”

... We are appointed by BOS, not elected

Hebron:

310 years young

Let's take a walk back through those years.

Check out both the natural ... built resources!

We try to preserve and protect all of it!

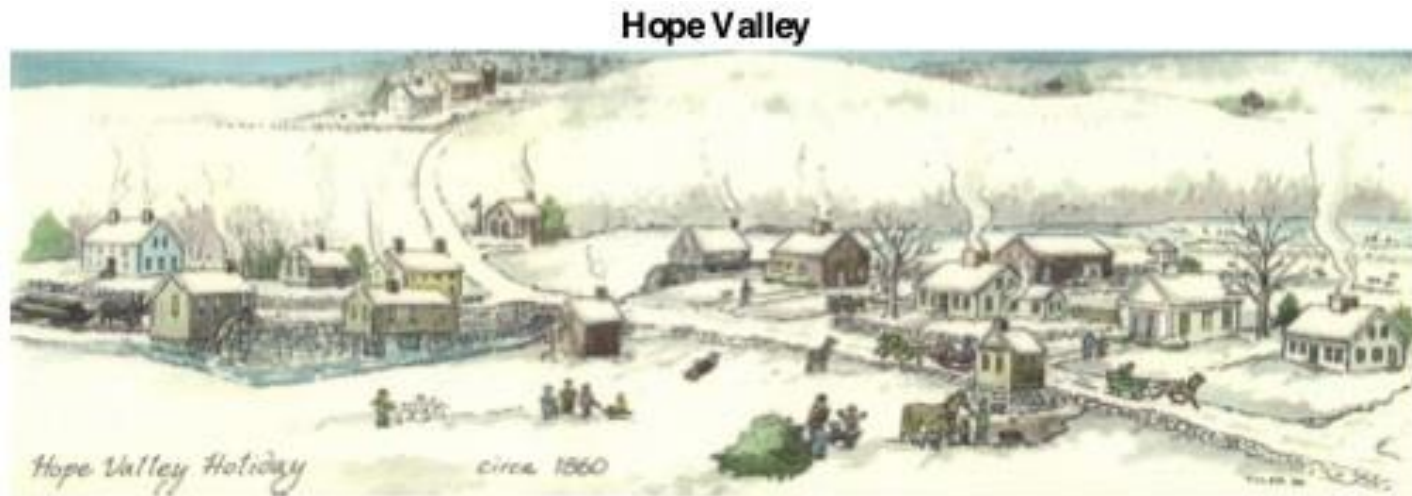
How can we do that?

HOW, NOW?

- Learn Background History
- Open HHPC Toolbox
- Select Appropriate Tool
 - Statute (Designation, COA, Demolition)
 - State/Federal Agreement (CLG, Preserve America, Freedom Trail)
 - Plan of Conservation & Development (POCD)
- Keep Informed

Hope Valley 1860

~~Watercolor by Diana W. Tyler as gleaned from research by Joan Rowley



How much is still here?

The way it was...

CALICO BALL !

The Annual Calico Ball

WILL BE GIVEN AT

GILEAD HALL

ON

Wed'y Eve, Apr. 10, 1907

A Prize will be given for the Plainest
Calico Costume worn by any Lady.

The one thinking she is the Plainest Dressed to
claim the Prize.

If more than one claimant, the General Manager,
Mr. C. L. Perry, will decide which is entitled
to the prize.

SUPPER AND ICE-CREAM
Will be Served.

Admission, 25 cents.

Dancing, 25 cents.

Ladies wearing Calico Dresses Free.

W. H. BIRD, PRINTING OFFICE, GILEAD, IOWA

Printed for Apr 10 1907

Hodge's Dam and Mill



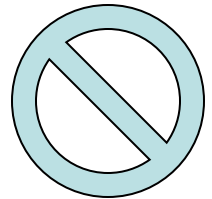
circa 1900

Hodge's Dam



Dam at Hodge's Mill as it appears in 2016. Photo taken on the east side of the river looking westerly.

2016



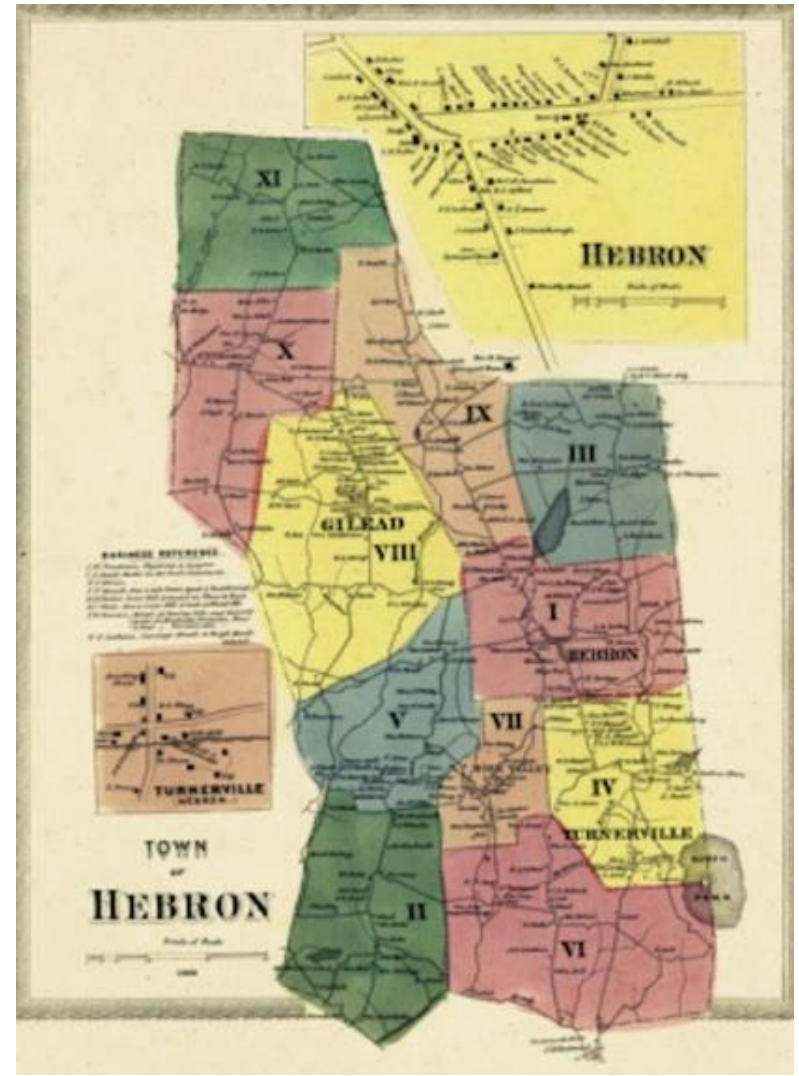
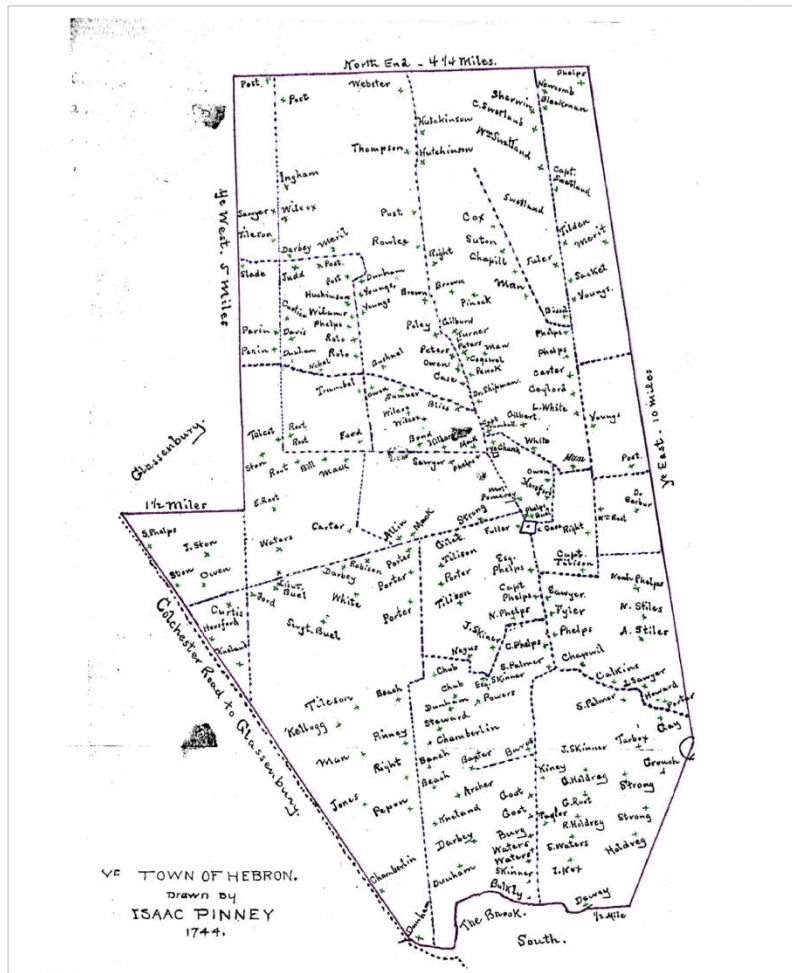
2018

Sequence of Hebron Development

Beginning in 1708 after CT Colony Approval

- Churches
- Schools
- Mills
- Cemeteries
- Communities
- General Stores & Post Offices
- Railroad

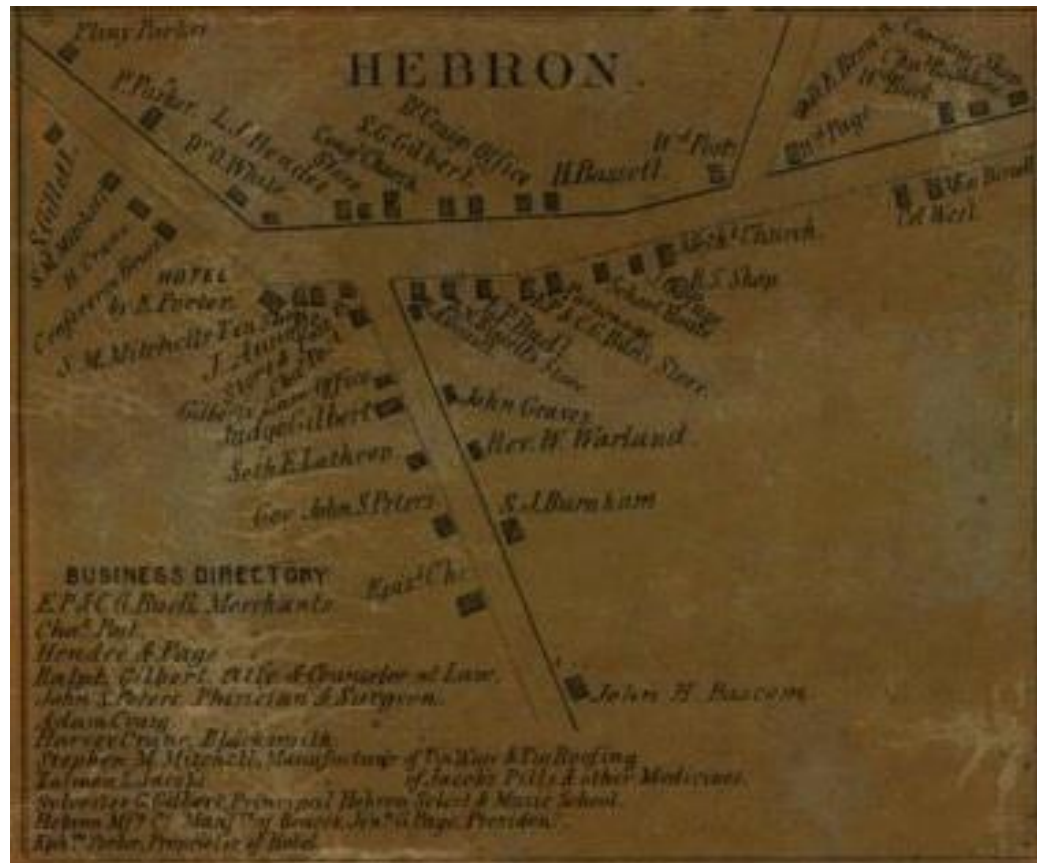
What's different?



Hebron Center - 1857

from Tolland County Map

--What burned in 1882?



Hebron Historic Properties Commission

Mission Statement

To promote the educational, cultural, economic and general welfare of the Town of Hebron *through the preservation and protection of historic properties within the Town and to preserve and protect its architectural and historical integrity.*

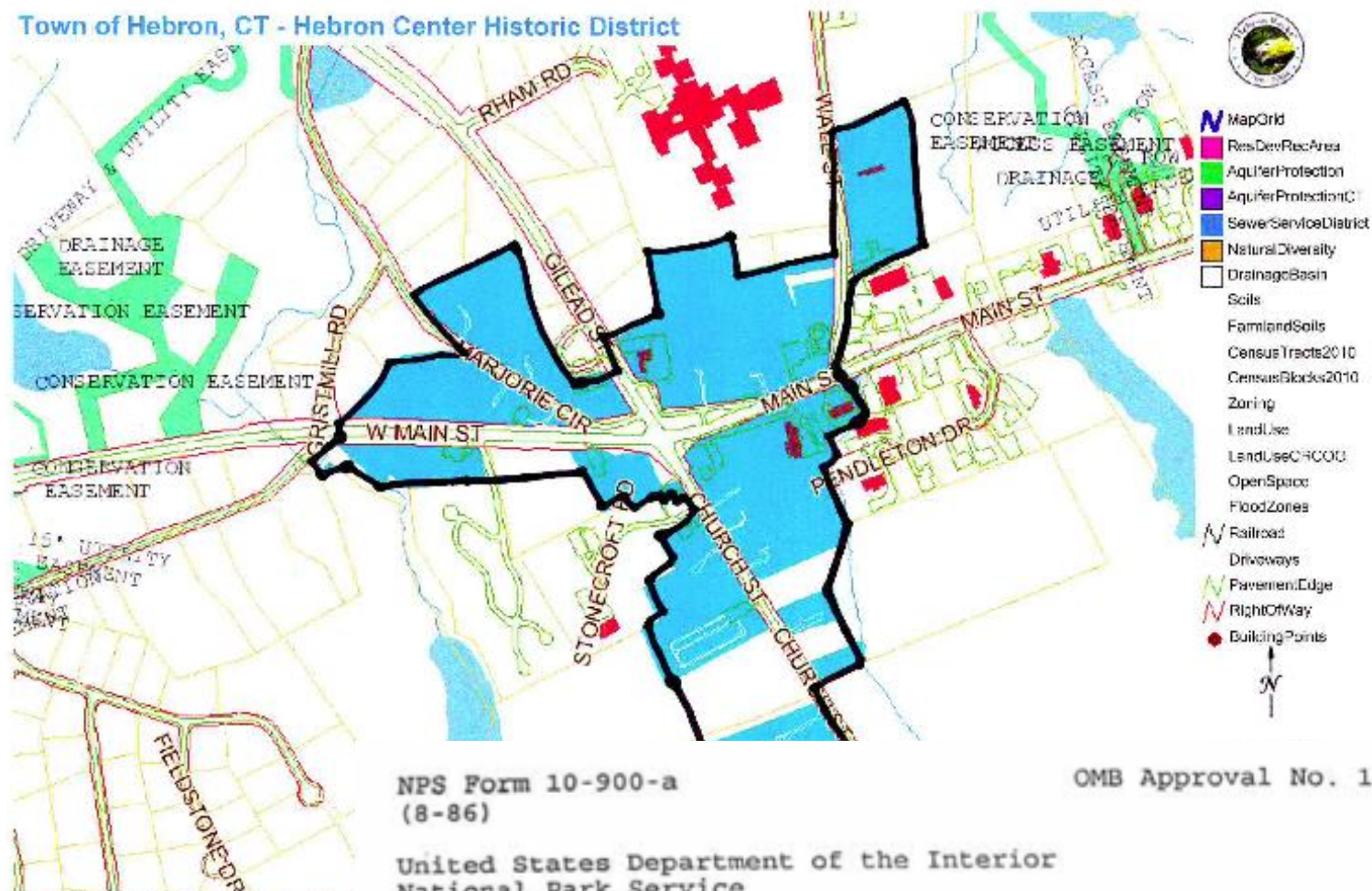


HHPC History

- Historic Properties Study Committee (1990)
- Hebron Center Historic District
- National Register (NR) Nomination
- Property Owners voted NO to Historic District Commission
- Study Committee then Recommended:
 - ~Designation of Burrows Hill School
 - ~Historic Properties Commission (1994)
- Established HPC by Ordinance 94-1 to carry out provisions of CT General Statutes 7-147p-y

Hebron Center Historic District

Town of Hebron, CT - Hebron Center Historic District



NPS Form 10-900-a
(8-86)

OMB Approval No. 1024-0018

United States Department of the Interior
National Park Service

**NATIONAL REGISTER OF HISTORIC PLACES
CONTINUATION SHEET**

Location: 0 CHESTNUT HILL RD

Owner: HEBRON TOWN OF

MainStreetGIS, LLC - www.mainstreetgis.com

Disclaimer: This map is for assessment purposes

Description

Hebron Center Historic District
Hebron, Tolland County, CT

7-1



Burrows Hill Schoolhouse (ca. 1750) {D1}

Hebron Historic Property Designation Protocol

- **Investigate property, utilizing Baber's 1978 Inventory, Maps, Hebron Land Records, Historic Documents, Hale and Barbour Indices, etc., and write research report.**
- **Approach owner for designation willingness.**
- **Submit report to SHPO, P & Z Commission, and BOS for approval.**
- **Hold Public Hearing.**
- **After final BOS approval, add Property to Ordinance Chap. 224-7, and Town Clerk records it in Hebron Land Records.**

Old Town Hall
Built 1838
{D2}



WPA Architectural Survey - ca. 1935 - # 11



Town Records Bldg.
Built 1909
{D3}

Certified Local Government

- “Preservation through Partnership” are the keywords of this program shared by our Federal, State of Connecticut, and Hebron governments.
- By becoming certified, Hebron made a commitment to historic preservation and awareness of our built uniqueness.
- Hebron’s CLG status was achieved thru the National Park Service and the CT State Historic Properties Office in 2002.

Certified Local Government

Provides technical assistance - small matching grants

Hebron has received 3 Historic Preservation Enhancement Grants (HPEG) to:

- create a website [<http://www.hebronthpc.org>],**
- enhance our historic property inventory,**
- conduct research on several historic properties.**

HHPC website:

<http://www.hebronhpc.org/>

Browse Properties

Search Properties

View Maps

Documents

About Us

Contact Us



Certified Local Government

- CLG can help maintain local historic preservation programs that will influence zoning & permitting decisions critical to historic preservation; i.e., better “preservation through partnership” with P & Z Commission.

Certified Local Government

- In all its work, CLG tries to maintain preservation standards as established by the Secretary of the Interior.

Certified Local Government

- CLG has provided credibility to preservation efforts and “legitimacy” as a function of local government



Horton House
Built ca. 1850
{D4}

Gull Schoolhouse
Built ca. 1815
{D5}



Preserve America

- Status achieved by Hebron in 2009



- Federal initiative, established under George W. Bush in 2003, that intended to encourage & support efforts to preserve and enjoy the priceless cultural and natural heritage of the country.

American Legion
(Center School)
Built 1883 after fire
{D6}



Old Gilead Hill School
Built ca. 1890
{D7}

Demolition Authority of HHPC

- From CT Statutes and Town Ordinance
- HHPC Receives Demolition Applications on Historic Buildings. Order of the HHPC pursuant to Act or Ordinance shall be enforced by Zoning Official.



Town of Hebron

15 Gilead Street, Hebron, CT 06248
Tel (860) 228-5971 FAX (860) 228-5980
www.Hebronct.com

DEMOLITION APPLICATION FORM

| PROJECT INFORMATION | |
|---|-----------------------------|
| Legal | Address |
| Street No. & Street: | |
| Detailed Description of Project: | |
| | |
| Demolition Start Date: | Demolition Completion Date: |
| PROPERTY OWNER and Business Owner if applicable | |
| Name: | |
| Business Name: | |
| Mailing Address: | |
| City/State/Zip: | |

The application for the demolition of a building or structure, or part thereof, with a ground floor area of 300 square feet or larger, and which is more than 75 years old, except for such buildings or structures so damaged by fire, storm, or other casualty or so deteriorated as to constitute in the opinion of the Building Official, a public hazard, prior to the issuance of a demolition permit shall follow the requirements of the Town of Hebron Ordinance Chapter 171, Demolition of Buildings.



192 Hope Valley Rd.
Built in ca. 1735
{D8}

233 Millstream Road
Built in 1850
{D9}



Certificates of Appropriateness

- No exterior structure of a Hebron Historic Property may be altered until after application for “COA” has been submitted and approved by the HPC.
- Application for approval of alterations must be processed under requirements of [CT Statute 7-147s-v](#)
- Guidelines for Appropriateness shall look both to the protection of the old and to the interest and distinctiveness of the community.



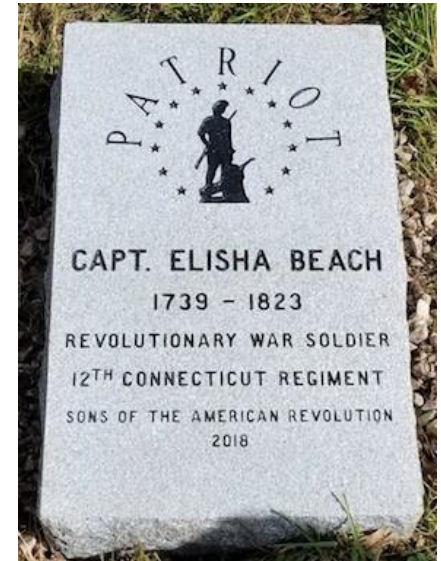
Blacksmith Shop
44 Porter Road
Built 1789
{D10}

780 Gilead Street
Built 1906
{D11}



Involvement with Town-Owned Historic Property requests

- Request for SAR Patriot Marker for Elisha Beach in [closed] Burrows Hill Cemetery
- HPC studied request and offered recommendation to BOS.





80 Hardy Road
built 1780-1820
{D12}

WWII Civilian Aircraft
Observation Post
Built 1942
{D13}



The Peters House

Built ca. 1795 {D14}



Testimonies from 1787

To Elihu Marvin Esq a Justice of the peace within and for the County
of Tolland Come Elijah Grove of Hebron in the County of Tolland
and Complaineth in his name as follows in the Name of the State of Connecticut
Commonly known By the Name of Cesar Peters and Lowis his wife
and James & Dorus and Talle & Iri and Sylvania and Ziba &
Lowis and Cesar children to said Cesar and Lowis his wife all Negro
Persons Belonging to said Hebron are all Guilty of theft in that
they did in said Hebron on the Night after the 24th
Instant feloniously Steel and Carry of from your
Dwelling house in said Hebron the following Articles
Broad Cloth Coat with white miller Buttons worth
Lawfull money one pr of Coduroy Briches partly worn
Shillings & money one Coduroy Vest part finished
and the pence 2 mon 1 one pr Silver knee B
three Shillings & mon all the Property of your Co
and is to your Complainant's Damage the sum of
Shillings Lawfull money and Against the Laws of
therefore your Complainant Prays that they the above^d Persons
May be apprehended and Dealt with according to Law
Oath Hebron the 27th Day of Septemb^r 1787 Elijah Grove

This is the sham
used to save Cesar,
Lowis & family from
re-sale

To Elihu Marvin Esq a Justice of the peace within and for the Co
of Hebron In the County of Tolland and Complaineth in his name
& Company of the State and gives said Justice to understand that
Name of Cesar Peters and Lowis his wife and James & Dorus and
Lowis and Cesar children to said Cesar and Lowis his Wife all Ne
Hebron are all guilty of theft in that they did in Said Hebron on th
September Instant feloniously Steel and Carry of [sic] from Your
Hebron the following articals viz. one Blue Broad Cloth Coat wit
Shillings Lawfull money, one pr. of Coduroy Briches partly worn
Coduroy Vest part finished worth two Shillings and six pence L. 1
Buckles worth three Shillings L. money, all the Property of Your
Complainant's Damage the sum of Eighteen Shillings Lawfull M
State therefore Your Complainant Prays that they the above-Pers
with according to Law.

Can you read the
document at left?



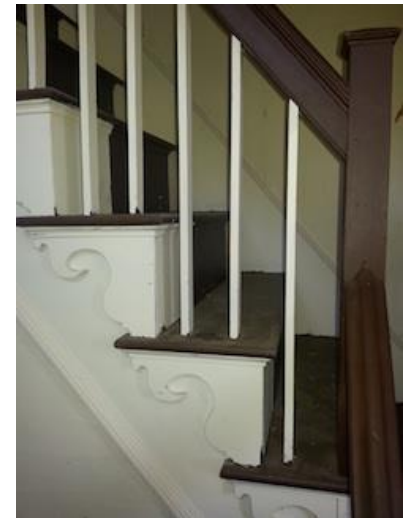
- Example of State/Federal Initiative
- Designated Site on CT Freedom Trail:
Cesar and Lowis Peters
Archaeological Site
Hebron Village Center, Hebron, CT 06248



The Peters House



- With BOS decision to retain the Peters House, the BOS determined the ell to be utilized as a museum and the main house for meetings, workshops, etc.
- The HPC was selected to guide the rehabilitation process and potential uses of the house.



The Peters House Moving Forward



Federal Colors



Peters House Volunteer Sign-ups:

1)

2)

3)

****To sign up, contact
mafoote@fairpoint.net**



your bridge to the community

Overview of Andover, Hebron and Marlborough Youth & Family Services, Inc.



your bridge to the community

<http://www.hfpg.org/ar2016/ahm-youth-services/>







your bridge to the community

Mission Statement

“To provide mental health and positive youth development services which assist children, young people and their families in creating a supportive and caring environment for them to reach their maximum potential as members of society.”

Fast Facts About Your Local Youth Service Bureau



CT Department of Education

A Youth Service Bureau is defined by the Connecticut Legislature as:

“An agency operated directly by one or more municipalities, or a private agency designated to act as an agent of one or more municipalities. Its purpose is to provide evaluation, planning, coordination and implementation of prevention, intervention, and treatment services for delinquent, pre-delinquent, pregnant, parenting and troubled youth, and for the provision of youth to develop positively and to function as responsible members of their communities.”

General Statute 10-9

A Community Partnership

The vast majority of Youth Service Bureaus in Connecticut serve individual towns under the umbrella of municipal government.

Fewer than ten bureaus statewide are set up as private non-profit corporations.

AHM was established in 1983 through a legal partnership with the three municipalities and later formed a program-funding partnership with the four local school districts.



Current Demographics

(People served by AHM)

July 1, 2016 – June 30, 2017

| | |
|------|--------------------------------|
| 2033 | Hebron Children and Teens |
| 916 | Hebron Adults |
| 726 | Andover Children and Teens |
| 237 | Andover Adults |
| 1400 | Marlborough Children and Teens |
| 552 | Marlborough Adults |
| 492 | Columbia Children and Teens |
| 75 | Columbia Adults |

Total:

6431 Individuals Served



School and Youth Service Partnership

1982-1983 K-12 school administrators serve on exploratory committee with parents and police.

1983- AHM'S first program – SUMMER YOUTH THEATER 6-12.

1984- AHM incorporates as a 501C-3 non-stock corp.

1984 -K-12 school administrators join forces with newly formed board of directors to establish a youth services bureau under the jurisdiction of the Department of Children and Families.

1985 -K-12 school administrators agree to terms of office as voting members of the AHM Board of Directors.

School and Youth Service Partnership

1986- School system establishes a working partnership to establish community based mental health service for students and families.

1986- AHM is approached to start a alcohol and drug free graduation party for the seniors of RHAM High School and starts it's 30 year history of putting on this special night for graduating seniors.

1988- School system requests YSB to develop a model school based drug prevention education program.

1989- School system and Troop K request that AHM begin raising funds to support the DARE program.



your bridge to the community

School and Youth Service Partnership

1990 - School administrators move to permanent advisor status on the AHM Board of Directors.

1992- Schools, courts, police and AHM collaborate to establish a K-12 Juvenile Review Board.

1995- Youth Service Bureaus move from Department of Children and Families to the State Department of Education Sec. 10-19m of the CT. General Statutes.

1996- School administrators request that AHM develop a program partnership to establish school based social work services.

1997- Hebron school administrators request and the school Board of Education forms a program and funding partnership with AHM to establish an SDE funded Family Resource Center.



your bridge to the community

School and Youth Service Partnership

1999- AHM and the Hebron Board of Education awarded the Schools of the 21st Century first Family Resource Center Grant.

1999 -Elementary Schools and AHM begin coordinating the Lanterns Mentoring Program.

2000-2006- AHM in partnership with Hebron and Gilead Hill Elementary Schools expand services offered through the FRC.

2006- AHM is awarded a multi-jurisdictional SDE grant to fund five after-school sites in Andover, Hebron, Gilead, Marlborough and RHAM schools. AHM and the four school districts are only one of 17 sites in the state to receive the first ever grant.

School and Youth Service Partnership

2006-2014

During this period of time, AHM saw a substantial period of growth including:

- The Creation of the Community Center on Pendleton Drive
- The growth of Teen Center programs
- Community Mental Health Fund created
- CHORES Worker Program created
- Substance Abuse Counselor in the High School
- Many other programs that responded to changing needs of the community and families.



School and Youth Service Partnership

2014- AHM receives a 5 year federal grant (with possibility of 10 years) to address substance abuse and prevention work for youth ages 12-18. The grant is through the Substance Abuse Mental Health Services Administration and Office of Drug Control Policy called the Drug Free Community Grant.

2015- AHM Hires RHAM School Staff to be RALLY Advisor for the CHEC Coalition

2016- AHM receives one of 20 grants in the state to address and support substance abuse recovery for teens ages 16-18 and support family and friends.

2016- A partnership was created between the St. Peter's Episcopal Church and the AHM Board to establish a trails committee. The work of the committee led to develop the St. Peter's Preserve and AHM Nature Trail.



Current AHM Youth Services Programs Include:

Areas of Focus

1. Intervention
2. Prevention
3. Juvenile Justice
4. Positive Youth Development



Family Resource Center

- KinderRHAMa Preschool-
(Partnership with RHAM High School
Early Ed. Course)
- Play and Learn Program
- Parent as Teachers in Home
program
- Romp and Stomp Program
- Mentoring
- Home Alone Program



Juvenile Justice

The Juvenile Review Board is a partnership between AHM, schools, other community partners and the police to divert young people from the court system. JRB works with situations like school truancy, police referrals for juvenile crimes and other school violations.

Members include:

- Law Enforcement
- School Administrators
- AHM Middle School Support Staff
- AHM High School Support Staff
- Court and Probation Officer
- DCF Representative
- NAFI
- Community Members



Prevention

Support for DARE Programs

Parent & Student Forums

Peer Mediation Training

Girl Power Camp

Project Graduation

Take Back Events- Prescription Drug

CHEC Coalition – substance abuse prevention

RALLY – Regional Activities Leading Local Youth



Child and Family Counseling

Individual and Group Counseling

Family Therapy

Assessments

K-12 School-Based Social Work Services

K-12 Juvenile Review Board

Support to school for crisis Intervention teams

Crisis Intervention Services



Positive Youth Development

Social Media Presentations

Mentoring Program

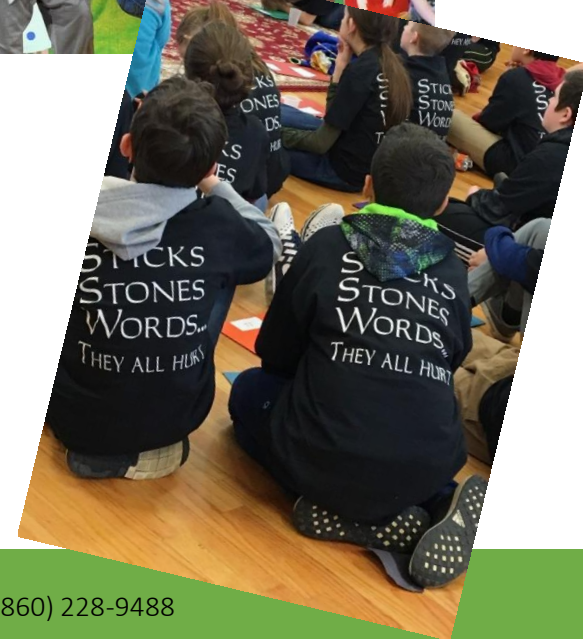
Summer Youth Theater

Peer Helpers

CHORES – Youth Worker Program

Power of Words – Middle and High School

Power of Words Jr.- Elementary School





your bridge to the community

THANK YOU!
Questions?

**Contact Michelle Hamilton,
Executive Director
michelleh@ahmyouth.org
860-228-9488 ext. 17**

DOUGLAS LIBRARY OF HEBRON

THE HEART OF THE HEBRON COMMUNITY



MISSION STATEMENT

The Mission of the Douglas Library of Hebron is to service the informational, educational, cultural and recreational needs of all members of the Hebron community by providing access to a professional staff, state of the art facility, quality resources, programs and support and preserve records of the town's history that are entrusted to the library.

History

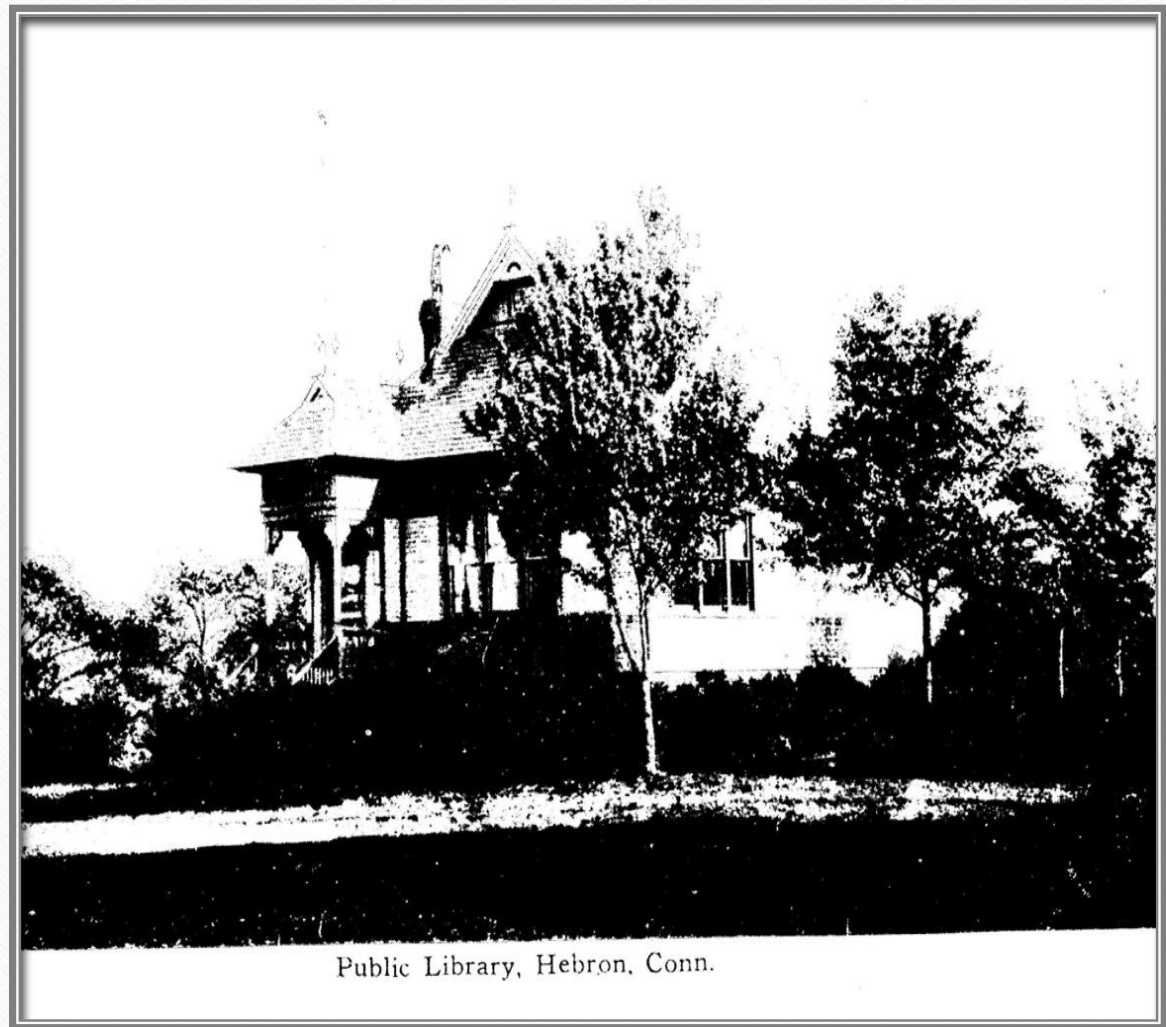
Once upon a time.....

- 1846 Literary Association
- 1876 Young People's Literary Club
- 1889 Hebron Literary Society
- 1898 Eben Page – Deed
- 1946 Charles J. Douglas Will
- 1948 Library Constitution Adopted
- 1949 Name changed to the Douglas Library of Hebron



Mrs. Charles J. Douglas
Ida Porter Douglas

Public Library, Hebron, Conn. - 1898



Public Library, Hebron, Conn.

The Douglas Library of Hebron - 1957



June 6, 2013

6

1999 Addition

- Acquisition of Ous Property – 1996
- Bonding – March 25, 1997 \$2,585,000 Project \$1,535,000 Bond
- Grants
- Endowment Spent Down

Library Transition

- Effective July 1, 2001:
 - Library Employees Became Town Employees
 - Library Functions as a Town Department
 - Town Funding to Budget Increases
 - Accounting Functions Performed by Town
 - Building and Grounds Maintenance by Town



Agreement

- 2007 Agreement between The Douglas Library Association Board of Trustees and the Town of Hebron
- 2012 Time for the Next Chapter

Task Force Recommendation

- Name Remains Douglas Library of Hebron
- Municipal Library – Library Association Continues
- Association Transfers Property to Town of Hebron
- Town Appointed Governing Board of Trustees
- Library Staff are Town Employees
- Library Budget Funded by the Town

Our Collection

- Books for all interests and reading abilities – 49,810 Items
 - Bestsellers
 - DVD's
 - Serials
- ILL - Borrowed 1,626 items Lent 1,784 items
- Consortium - 60 Public Libraries and 19 Schools
- Databases - 5
- Ebooks/Audiobooks - Overdrive and RBDigital

Our Programs

- Educational Programs For All Ages
- Book Discussions
- Community Events
- Storytimes
- Craft Events

For Peace of Mind Professional Organizers for Home and Office

**Reduce Stress by
Getting Organized!**
September 5th at 6:30pm
Douglas Library at 25 Main Street



Sandra Wheeler—Professional Organizer and owner of For Peace of Mind—will share key organizing tips to help you with any space in your home or office. Have you always dreamed of a less stressful and more organized home/office/life? Learn how to make those dreams a reality!

Sandra Wheeler is a member of the National Association of Professional Organizers. She has earned her Specialty Certificate in Residential Organizing and Workplace Productivity. Sandra served on the NAPO CT Board from 2008-2010 and earned the Executive Award for her contributions. Sandra also earned her Feng Shui Certification from the New England School of Feng Shui.

For Peace of Mind, LLC
www.forpeaceofmind.com
860-663-0005
sandra@forpeaceofmind.com



Garden Workshop

Join us Wednesday May 23rd
anytime between 3:00-
5:00pm to start up the
community garden located
on the side of library.

If you would
like to bring any
gardening tools
to share please
do!



CHESS NIGHT! MAY 24TH

6 p.m. in the Community Room
The Douglas Library invites all interested Chess players to participate in an evening of fun and challenge!
Learn some new moves and clever tricks.
All ages and all levels from beginners to advanced are welcome.
Seating and places will be provided by the library or if you wish, you may bring your own.



BOOK DISCUSSION MEET AND GREET

HANNA PERLSTEIN MARCUS



The award-winning author of *Surviving the Holocaust* is back with the sequel, *Surviving the Holocaust: A Woman's Story*. This is a powerful and poignant story of a woman's life during the Holocaust. Hanna Perlstein Marcus describes her adventures in seeking a better life for her family and husband for her single mother among the available families. Along the way, she becomes a friend to a young woman who is a story no one knew—until now.

Wednesday
October 18th
6:30-8:00 pm
Light refreshments
will be served.



generations apart, are for-
ing a heartbreaking injury
a world of wealth and
y Stafford seems to have it
daughter to her father, a US
her own ambitious career



PLEASE JOIN US FOR OUR "IN THE SPIRIT" BOOK DISCUSSION
ON WEDNESDAY, SEPTEMBER 26TH FROM 7:00 TO 8:30 PM.
AT THE AMERICAN LEGION, LOCATED NEXT DOOR, FOR THE
BOOK DISCUSSION ALONG WITH WINE AND REFRESHMENTS.
MUST BE OVER 21 YEARS OF AGE.



FRIDAY MOVIES Douglas Library

1:00 IN THE COMMUNITY ROOM



AND THE OSCARS
\$20.00
A SLICE OF DAVINO'S CHEESE PIZZA AND A SODA OR WATER FOR \$3.00.
ALL SLICES AVAILABLE FOR \$2 EACH.

APRIL 6TH
PG-13



APRIL 27TH
PG

APRIL 13TH
R



MAY 4TH
R

APRIL 20TH
R



MAY 11TH
PG13

Hebron Holiday Fest
Saturday, December 1, 2018
Snow date is Saturday, Dec. 8th

Magic Season
A Holiday Magic Show
Todd Migliacci, Magician

Scheduled Events:
1:30 PM Hebron Historical Society - Trains
2:30 PM Todd Migliacci, magician - Douglas Library
3:30 PM Refreshments and cookie decorating - Douglas Library
4:00 PM Santa arrives on a firetruck at the library
4:30 Tree Lighting and Holiday singing

All events are free and open to the public

Disney Tea Party
Sat. August 11th 11am-1p
Ages 3-10
Join us for crafts,
music, snacks,
and juice!
Come dressed as a favorite
Disney Character if you want!
REGISTRATION REQUIRED
Sign up at the Children's Desk or
call 860-228-9312 ext. 3

AUGUST 21, 2017

"BEAT A PATH TO TOTALITY!"
THE ALL-AMERICAN
TOTAL SOLAR ECLIPSE
PARTIAL ECLIPSE
VISIBLE FROM EVERY
PARK & MONUMENT
TOTALITY
VISIBLE WITHIN
THE NARROW BAND

Some Douglas Library Statistics

- Circulation – 49,279 Items
 - Children - 14,405
 - Adults - 34,874
- Program Attendance
 - Children - 4,033
 - Young Adult - 441
 - Adults - 1,770

Our Services to the Community

- Computer Access
 - Wi-Fi
 - HotSpots
 - MS Office Suite
- Homebound Delivery
- Computer/Technical Classes
- Private Study Areas
- Volunteer Opportunities

...to do even more we devised a
Strategic Plan to guide us into the
future.

WHY WE PLANNED

- Last Strategic Plan was from 1992
- Evaluate existing services to stay relevant
- Plan our direction for the future
- Allow for input from community, staff and Library Board
- Create a measurable path for progress

VISION STATEMENT

The Douglas Library of Hebron is an integral part of our community offering a welcoming, safe and diverse environment in which to pursue lifelong learning by utilizing our ever-evolving collections, services and innovative technologies.

OUR FUTURE

SAFE SPACE · TECHNOLOGY · DIVERSITY ·

COMMUNITY · LIFELONG LEARNING

GOALS AND TASKS



Safe Space

A safe and
welcoming
library

- Maintain a collaborative relationship with emergency services
- reduce reportable incidences
- maintain physical plant

GOALS AND TASKS

Technology

Access to the
most sophisticated
technology
available

- Develop a tech plan in conjunction with the Town's
- In house software/hardware research committee
- Staff training in technology

GOALS AND TASKS

Diversity

A positive environment where diversity is welcomed and celebrated

-A dedicated Teen Area

-Increase public awareness of services for all demographics

-Make current space more welcoming

GOALS AND TASKS

Community

A community resource for civic and cultural activities

- Create a staff committee on community outreach initiatives
- Increase usage of space by a broad range of community groups
- Review current Meeting Room policies with Board of Trustees

GOALS AND TASKS

Lifelong Learning

With inspiration
for lifelong
learning through
programming,
collections and
social interactions

- Provide materials that meet the needs of everyone
- Increase door count
- Provide practical life skills seminars and workshops

Questions or Comments



and they lived happily ever after.....

Thank you!

Russell Mercier Senior Center

❖ **Sharon Garrard:**
Senior Services Director

❖ **Mandy Roczniak:**
Program Coordinator

❖ **Tanya Coles-Dailey:**
Social Worker



Mondays-Thursdays

8am-4:30pm

Fridays

8am- 1:00pm

Population Information according to the CT State Data Center

- ❖ Hebron's current 60+ population is 2,660 – 26.1% of the town's total population
- ❖ Through the Senior Center we currently serve approximately 24.74% of this population on a regular, ongoing basis
- ❖ By 2025, the 60+ population is projected to be 3,232 – 31.1% of the town's total population



- ❖ The Senior Center serves as a gateway to the aging network, connecting older adults to vital community services that can help them stay healthy, active, engaged, and independent
- ❖ The Senior Center is a designated focal point for delivery of Older Americans Act services, allowing older adults to access multiple services in one place
- ❖ The Senior Center is continuously examining and redesigning our programs to meet the needs and desires of the population we serve; evolving and developing new programs and opportunities that serve both existing and potential new participants

Research shows...

that older adults who participate in senior center programs can learn to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, economic well-being, and quality of life



Commission on Aging

- ❖ Hebron's Commission on Aging consists of seven members, each of whom shall serve four-year overlapping terms.

Current members of the Commission on Aging are:

Pamela Meliso, Chair

Laura Bennett

Gertrude Catullo

Barbara Soderberg

Cecile Piette

Beth Schmeizl

William Witt

Alternates:

Deborah Hart

Virginia Grabowski

- ❖ The Commission on Aging is charged with studying the needs of and coordinating programs for the aging in the Town of Hebron. Through continuous study of the conditions and needs of elderly persons in the community, recommendations shall be made
- ❖ The Commission on Aging conducts public meetings at the Russell Mercier Senior Center the first Wednesday of every other month starting at 8:30AM



Annual Budget

- ❖ The Senior Center has an annual budget of **\$29,796 for 2018-2019**
 - * \$6,000 is received through Federal Title III-B funds to help offset health, fitness and wellness programs and outreach services
- ❖ Elderly/Disabled Transportation services has an annual budget of \$58,158 for 2018-2019
 - * \$7,500 is received through Federal Title III-B funds and \$24,168 is received through State funds to help offset this service

- The Senior Center offers a wide variety of programs and services, including, but not limited to:
 - * Congregate and Home Delivered Meal Programs
 - * Information and Assistance
 - * Health, fitness, and wellness programs
 - * Transportation services
 - * Public benefits counseling
 - * Employment assistance
 - * Volunteer and civic engagement opportunities
 - * Social and recreational activities
 - * Educational and arts programs
 - * Intergenerational programs

Meal Programs

- ❖ Congregate Meals offer a hot, nutritious midday meal in addition to an opportunity for socialization Mondays through Thursdays.
- ❖ For individuals age 60+ there is a suggested donation of \$2.50 per meal; if under age 60 the cost is \$7.50 per meal
- ❖ Reservations are required 24 hours in advance
- ❖ Quarterly nutrition education is provided by a Registered Dietician



Meal Programs (continued)

- ❖ Home Delivered Meals provide nutritious meals 7 days a week and daily volunteer visits Mondays through Fridays for homebound individuals age 60+

A hot, nutritious meal is delivered at midday, along with a cold supper (if desired); weekend meals are delivered chilled on Fridays
Menus are modified to accommodate allergies, health concerns and religious preferences

Therapeutic meal plans offered, if ordered by a doctor or qualified health professional, include:

- * No concentrated sweets
- * Diabetic diets at 3 levels
- * Low potassium
- * Low sodium
- * Lactose intolerant
- * Modified consistency, including cut or ground

There is a suggested donation of \$2.50 per meal



Information and Assistance

❖ *Information and Assistance is, but is not limited to:*

- * providing individuals with current information on opportunities and services available within the community, including information relating to assistive technology
- * assessing the problems and capacities of the individual
- * linking individuals to the opportunities and services available
- * to the maximum extent practicable, ensuring that individuals receive the services needed by establishing adequate follow-up procedures
- * serving the entire community of older individuals, particularly older individuals with greatest social need, greatest economic need and risk for institutional placement

Health, fitness, and wellness programs

- ❖ Various health screenings and services are offered through arrangements with a visiting podiatrist and a visiting audiologist
- ❖ Annual influenza immunizations are provided through the Chatham Health District
- ❖ Efforts continue to secure visiting nurse services
- ❖ Offer an array of ongoing fitness programs (Zumba Gold, Yoga, Silver Sneakers FLEX, and a Men's class that will be starting soon)
- ❖ 2 new evidence-based programs will be implemented
 - * ***EnhanceFitness*** (starting November 13)
 - * ***Tai Ji Quan***: Moving for Better Balance (starting in April – 1 of only 9 senior centers in CT offering this program)

Health, fitness, and wellness programs (continued)

- ❖ Offer Reflexology, Massage, and Mindful Meditation on an ongoing basis
- ❖ Various pieces of strength training equipment, a treadmill, and a recumbent bike are available for use during our normal operational hours
- ❖ Provide free File of Life Emergency Medical ID cards



Transportation services

- ❖ Dial-a-Ride transportation services are available to adults 60+ and disabled individuals 18+ via 2 multi-passenger handicapped accessible busses (10 passenger and 20 passenger) and 1 car for medical appointments, grocery shopping, mobile Foodshare, Hebron Interfaith Human Services food pantry, to /from the senior center, personal needs, etc.
- ❖ Service area is Hebron/Amston, Andover, Bolton, Colchester, Columbia, Glastonbury, Lebanon, Marlborough, Coventry, Cromwell, East Haddam, East Hampton, East Hartford, Farmington, Haddam, Hartford, Manchester, Mansfield, Middletown, New Britain, Newington, Portland, Rocky Hill, Salem, South Windsor, Tolland, Vernon, West Hartford, Wethersfield, and Windham
- ❖ Suggested donation of
 - * \$0 each way to/from the Senior Center
 - * \$.50 each way within Hebron/Amston
 - * \$1.00 each way to/from contiguous towns
 - * \$2.50 each way to/from other towns within our services area



Public benefits counseling

- The Senior Center is an intake site for the Renters Rebate Program, the CT Energy Assistance Program, and Operation Fuel
- The Senior Services Director and the Social Worker are certified CHOICES counselors providing comprehensive information regarding Original Medicare, Medicare Advantage Plans, Medicare Savings Programs, Medicare Supplements, Prescription Drug Coverage and Assistance, Medicaid, Long-Term Care Insurance, etc.
- The Senior Services Director serves as the town's Municipal Agent for the Elderly and is a MyPlaceCT Community Partner. Partners are specially trained to provide local, in-person help, from SNAP to housing options, from in-home care resources and accessibility modifications to adult day care, assistance with state and federal application completion, etc.



Employment Assistance

- ❖ The Senior Center is a host site for the Senior Community Service Employment Program hosting 3 workers at present
- ❖ Assistance is provided navigating online job sites and applications and various employment search engines



Volunteer and civic engagement opportunities

- The Senior Center has a host of volunteer and civic engagement opportunities from sharing your talents and skills leading or conducting a program, to delivering Home Delivered Meals, to assisting with clerical tasks, to sending out birthday, get well, sympathy, and other cards, to preparing the monthly newsletter for mailing, to assisting with special events, etc., etc.

Social and recreational activities

❖ **The Senior Center offers, but is not limited to:**

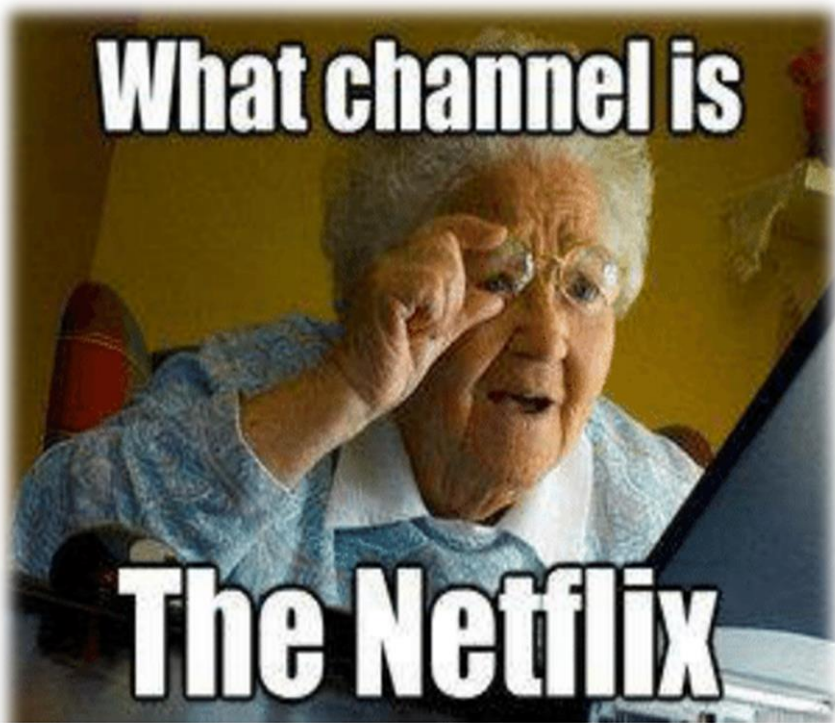
- * crafts groups and classes (needlecrafts, rubber stamping, and special projects)
- * cards groups (Bridge, Hand & Foot Canasta, Setback, Mahjongg)
- * billiards
- * choral group
- * bingo
- * movies
- * monthly birthday parties, various holiday and special event celebrations, annual veterans recognition, annual volunteer recognition, etc.
- * singular day and multiday excursions

Educational and arts programs

- ❖ Book club
- ❖ Watercolors classes
- ❖ AARP Smart Driving courses
- ❖ LGBT Movable Senior Center sessions
- ❖ Aging Mastery Program – 1 of only 10 senior centers offering this program in CT
- ❖ Various educational/informational speakers and panels - Navigating Probate, Estate Planning, Legislative Updates, Guest Authors, etc., etc.



Intergenerational programs



- ❖ Intergenerational bingo, elementary, middle and high school musical performances, etc.
- ❖ Community Service site for high school students
- ❖ Placement site for RHAM Special Education Work Study Program students
- ❖ Partner with and intake site for the AHM Chores Program

Other offerings

- ❖ Host site for annual AARP Foundation Tax-Aide Program which offers free tax preparation help to anyone 50+ who can't afford a tax preparation service by IRS-certified volunteers
- ❖ Office and in-home outreach, consultation and Case Management provided by our Social Worker
- ❖ Caregiver Support Group facilitated by our Social Worker
- ❖ Manage the Marion Celio Angel Fund for Special Needs and the Lions Utility Assistance Fund

