



## SENIOR COMMUNITY CAFÉ MENU CALENDAR – DECEMBER 2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
3	<p>Orange Juice Salisbury Steak / Veg Gravy Yellow Rice Cut Carrots 12 Grain Bread/ Margarine Peaches</p> <p><i>Hello,</i> <b>DECEMBER</b> <i>make my wishes come true.</i></p>	4	<p>National Cookie Day !</p> <p>White Bean &amp; Escarole Soup Tuna Fish Salad Whole Grain Kaiser Roll Sweet Potato Wedges Sliced Tomato Shredded Lettuce Cookie</p>	5	<p>Orange Juice Roast Turkey w/ Gravy Broccoli Cornbread Stuffing Cranberry Sauce Wheat Dinner Roll/ Margarine Applesauce</p> 	6	<p>Country Vegetable Soup Penne &amp; Mini Beef Balls Garden Salad w/ Cherry Tomatoes &amp; Cucumbers Ranch Dressing Saltine Crackers Fresh Banana</p>
10	<p>Stuffed Green Pepper w/ Marinara Sauce Bowtie Pasta Broccoli &amp; Cauliflower Oatnut Bread/ Margarine Peaches &amp; Pears</p>	11	<p>Turkey Meatballs w/ Sweet &amp; Sour Sauce Whole Gr White / Brown Rice Italian Blend Vegetables 100 % Whole Wheat Br / Marg. Fresh Orange</p>	12	<p>Corn Chowder Breaded Fish Filet/ Tartar Sce On Multi- Grain Bun Tortellini Salad Stewed Tomatoes Tropical Fruit</p>	13	<p>Orange Juice Rosemary Baked Chicken Baked Potato Sliced Carrots 12 Grain Bread/ Margarine Fruit Yogurt</p>
17	<p>Grande Cheese Ravioli with Italian Sauce California Normandy Veggies Mixed Salad Greens w/ Cherry Toms &amp; Cucs / Ranch Dressing 12 Grain Bread/ Margarine Fruit Cocktail</p>	18	<p>Apple Juice Kielbasa Pierogies w/ Onion Butter Sce Caribbean Blend Vegetables Wheat Dinner Roll/ Margarine Applesauce</p>	19	<p><i>Birthday Party</i> <b>MUST RSVP BY DEC. 12<sup>th</sup></b> <i>Cost is \$5</i></p> <p>Stuffed Chicken Breast/ Gravy Mashed Potatoes Peas &amp; Diced Carrots Wheat Dinner Roll Cranberry Sauce Birthday Cake Party Punch</p>	20	<p>Sauerbraten with Gingersnap Gravy Parslied Potatoes Broccoli Florets 100 %Whole Wheat Bread Margarine Pears</p>
24	<p>SENIOR CENTER CLOSED</p> 	25	<p>SENIOR CENTER CLOSED</p> 	26	<p>CRT Celebrates Dec Birthdays BBQ Pork Ribeye Carnival Rice Cut Green Beans 12 Grain Br/ Marg Frosted Cake / Fresh Orange</p>	27	<p>Italian Beef Meatballs with Italian Sauce Seashell Pasta / Marinara Sauce Italian Blend Vegetables Wheat Dinner Roll/ Marg Fresh Banana</p>
31	<p>New Year's Eve Day Party Hors d'oeuvre's Sliced Meatloaf w/ Gravy Spanish Rice Mixed Vegetables Dessert Doors open at 11:30 lunch at Noon - \$5 per person</p>	<p>Sometimes the littlest things take up the most room in your heart. — Winnie the Pooh</p> 					

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses. All meals are served with milk, bread and margarine. SUGGESTED DONATION: \$2.50 (or whatever you can afford)