
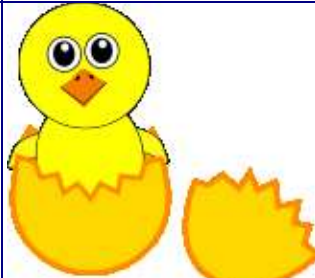


SENIOR COMMUNITY CAFÉ MENU CALENDAR – APRIL 2019

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
1	Boneless Mandarin Chicken Fluffy White Rice Oriental-Style Vegetables 100% Whole Wheat Bread Pears	2	Spring Vegetable Soup Chef Salad w/ Mixed Greens (Shredded Cheese / Turkey Ham / Cooked Egg) Ranch Dressing Wheat Dinner Roll Fresh Orange	3	Orange Juice Roast Beef w/ Gravy Mashed Potatoes Spinach 100 % Whole Wheat Bread Cherry-Peach Crumble	4	Beef Vegetable Soup Grande Cheese Ravioli w/ Italian Sauce Mixed Salad Greens w/ Cherry Toms, Cucumbers Raspberry Salad Dressing Ritz Crackers Fruit Cocktail
8	Italian Style Meatballs w/ Seashell Pasta in Marinara Sauce Italian Blend Vegetables Wholegrain White Bread Applesauce	9	Farmer Brown Soup Hamburger w/ Broth Potato Salad/ Mustard / Ketchup / Relish Sliced Tomatoes & Leaf Lettuce / Multi-Grain Bun Lemon Pudding w/ Whipped Topping	10	Orange Juice Barbeque Chicken Breast Mashed Potatoes Corn Wheat Dinner Roll Fruit Cocktail	11	Grape Juice Apple-Glazed Roast Pork Loin w/ Broth Yellow Rice Broccoli Florets 100 % Whole Wheat Bread Fresh Banana
15	Stuffed Green Pepper w/ Tomato Sauce Bowtie Pasta Capri Blend Vegetables 100 % Whole Wheat Bread Fresh Orange	16	Russian Cabbage Soup Kielbasa / Mustard Mashed Potatoes w/ Carmelized Onions Brussels Sprouts Oatnut Bread Pineapples	17	Orange Juice Seafood Salad Shredded Lettuce Multi-Grain Roll Sweet Potato Wedges Ketchup Fresh Grapes	18	Apple Juice Teriyaki Chicken Bites Brown & White Rice Broccoli Florets Dinner Roll Chocolate Pudding w/ Whipped Topping
22	Meatloaf w/ Veg Gravy Sweet Potato Wedges Spinach 100 % Whole Wheat Bread Peaches	23	Tomato Basil Soup Grilled American Cheese on Wholegrain White Bread Whole Green Beans Saltine Crackers Fresh Orange	24	April Birthday Party Chicken with Rice and Mixed Vegetables and birthday cake Cost is \$5 Please RSVP by Monday, April 22 nd – 860-228-1700	25	Vegetable Soup Hot Dog/ Mustard, Relish, Mustard / Hot Dog Roll Vegetarian Baked Beans Coleslaw Mandarin Oranges
29	Turkey Meatballs in Sweet & Sour Sauce Confetti Rice Vegetable Medley 12 Grain Bread Peaches	30	Macaroni & Cheese Stewed Tomatoes Spinach Salad w/ Toms & Cucs Raspberry Salad Dressing Club Roll Pineapple Tidbits & Mandarins				

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses
All meals are served with milk, bread and margarine. SUGGESTED DONATION: \$2.50 (or whatever you can afford)