

Community Renewal Team Congregate Menu Calendar – AUGUST 2021

Hebron Senior Center

Seating at 11:50/Lunch Served at Noon

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
9		10		11		12	Orders must be placed for Grab N Go meals by 3pm – pick-up on Monday, August 16 th This will be last Grab N Go In-House Lunch starts Aug. 23 rd
16	Last day for Grab N Go Pick-ups..... Orders must be placed by Thursday, August 12 th at 3PM	17		18		19	
23	Stuffed Cabbage/Marinara Sauce Farfalle Noodles Beets 100 % Whole Wheat Bread Fresh Fruit	24	Orange Juice Hot Dog / Hot Dog Roll Mustard, Ketchup, Relish Baked Beans Mixed Vegetables Chocolate Chip Cookie	25	Apple Juice Rosemary Baked Chicken Yellow Rice Peas & Diced Carrots 12 Grain Bread Fruit Yogurt	26	Seafarer's Seafood Salad Baked Sweet Potato Vegetable Medley Club Roll Peaches
30	Meatloaf w/ Gravy Chive Mashed Potatoes Capri Blend Vegetables Wheat Bread Pears	31	Apple Juice Stuffed Pepper w/ Sauce Seashell Pasta w/ Sauce Mixed Vegetables Whole Gr White Bread Lemon Pudding/topping		September Menu will be released as soon as we receive it		

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses

All meals are served with milk, bread and margarine. SUGGESTED DONATION: \$3.00 (or whatever you can afford)