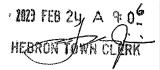
#### **MISSION STATEMENT**

The Board of Selectmen, acting as stewards of the Town and agents of the people, will provide services that promote safety; an affordable healthy living environment; and through effective land use and town resources, an economic base that creates jobs and tax assistance to the community while preserving our rural historic character.

#### RECEIVED

#### TOWN OF HEBRON BOARD OF SELECTMEN REGULAR MEETING (VIRTUAL)



#### **Board of Selectmen Regular Meeting**

March 2, 2023, 7:00 p.m. (America/New York)

Please join my meeting from your computer, tablet or smartphone.

https://meet.goto.com/417330117

You can also dial in using your phone.

Access Code: 417-330-117

United States: +1 (571) 317-3122

Get the app now and be ready when your first meeting starts:

https://meet.goto.com/install

#### Thursday, March 2, 2023

7:00 p.m.

#### **AGENDA**

# Time Guideline 7:00 p.m. 1. CALL TO ORDER 7:00 p.m. 2. PLEDGE OF ALLEGIANCE 7:02 p.m. 3. TOWN MANAGER'S FY 2023-2024 BUDGET PRESENTATION 7:32 p.m. 4. ADDITIONS AND CHANGES TO THE AGENDA

#### 7:35 p.m. 5. PUBLIC COMMENT

This section of the agenda is reserved for persons in attendance who wish to briefly address the Board. The Board requests that comments be limited to three minutes or less. Persons wishing to comment should type "comment" and your name in the chat box and you will be recognized.

#### 7:40 p.m. 6. TOWN MANAGER'S REPORT

- a) Recent Activities
- b) Correspondence
- c) Town Manager Updates

#### 7:55 p.m. 7. OLD BUSINESS

- a) American Rescue Plan State and Local Recovery Funds Update \*\*\*
- b) Public Works Building Project Next Steps \*\*\*
- c) Charter Revision Discussion \*\*\*
- d) Any Other Old Business

#### 8:15 p.m. 8. NEW BUSINESS

- a) Award Contract for Facilities Evaluation
- b) Approve Revenue Recovery Service Agreement with Certified Ambulance Group
- Approve NCAAA Hebron Outreach and Social Support Services Grant Application
- d) Approve NCAAA Hebron Therapeutic Activity Grant Application
- e) Approve NCAAA Hebron Transportation Grant Application
- f) AHM Budget
- g) Draft Agenda for March 16, 2023 Meeting
- h) Any Other New Business

#### 8:35 p.m. 9. CONSENT AGENDA

Consent agenda items are considered to be routine in nature, which the Board may not need to discuss individually and may be voted on as a group. Any board member who wishes to discuss a particular item in this section may request the Chair to remove it for later discussion and a separate vote if necessary.

#### a) **APPROVAL OF MINUTES**

9.a.1 January 19, 2023 – Regular Meeting 9.a.2 February 16, 2023 – Regular Meeting

#### b) TAX REFUNDS

#### 8:40 p.m. 10. LIAISON REPORTS

- a) AHM Youth Services
- b) Hebron BOE Gail Richmond
- c) Board of Finance Peter Kasper
- d) Land Acquisition Tiffany Thiele
- e) RHAM BOE Marc Rubera
- f) Parks & Recreation Commission Peter Kasper
- g) Economic Development Commission Tiffany Thiele
- h) Hebron Historic Properties Commission Dan Larson
- i) Commission on Aging/Senior Center Gail Richmond
- j) Fire Department Dan Larson
- k) WPCA Andrew Tierney/Kevin Kelly
- I) Green Committee Tiffany Thiele
- m) Douglas Library Board of Trustees Gail Richmond

#### 8:50 p.m. 11. PUBLIC COMMENT

<sup>\*\*\*</sup> No need for discussion or action at this time

- 8:55 p.m. 12. ANTICIPATED EXECUTIVE SESSION
  - a) Town Manager Annual Evaluation
- 9:30 p.m. 13. ADJOURNMENT

# **CORRESPONDENCE**



# Town of Helmon

DANIEL LARSON CHAIRMAN

GAIL B. RICHMOND VICE CHAIRMAN

PETER D. KASPER

SELECTMAN

MARC P. RUBERA

SELECTMAN

TIFFANY V. THIELE

SELECTMAN

**TOWN OFFICE BUILDING** 15 GILEAD STREET **HEBRON, CONNECTICUT 06248** TELEPHONE: (860) 228-5971 FAX: (860) 228-4859 www.hebronct.com

ANDREW J. TIERNEY TOWN MANAGER

Mr. Kevin Kelly 12 Church Street Hebron, CT 06248

February 16, 2023

Dear Kevin:

As the Town Manager of Hebron and on behalf of the Board of Selectmen and town residents, I want to personally congratulate and thank you for your 10 years of service, as of February 1, 2023.

Your continued dedication, support, diligence and hard work have not gone unnoticed. You are a valued employee who goes above and beyond, and it is much appreciated.

Every town should be so lucky to have an employee like you.

Again, congratulations on this milestone!!!

Sincerely,

Andrew J. Tierney

Town Manager

AJT:dw

cc: Board of Selectmen



# Town of Helica

**TOWN OFFICE BUILDING** 15 GILEAD STREET **HEBRON, CONNECTICUT 06248** TELEPHONE: (860) 228-5971 FAX: (860) 228-4859 www.hebronct.com

ANDREW J. TIERNEY TOWN MANAGER

February 16, 2023

CHAIRMAN

DANIEL LARSON

GAIL B. RICHMOND VICE CHAIRMAN

PETER D. KASPER SELECTMAN

MARC P. RUBERA SELECTMAN

TIFFANY V. THIELE SELECTMAN

Ms. Adrian Maclean 8 Kristy Lane Ext, Unit 4D Colchester, CT 06415

Dear Adrian:

As the Town Manager of Hebron and on behalf of the Board of Selectmen and town residents, I want to personally congratulate and thank you for your 15 years of service, as of February 11, 2023.

Your continued dedication, support, diligence and hard work have not gone unnoticed. You are a valued employee who goes above and beyond, and it is much appreciated.

Every town should be so lucky to have an employee like you.

Again, congratulations on this milestone!!!

Sincerely,

Andrew J. Tierney

Town Manager

AJT:dw

cc: Board of Selectmen

#### TOWN OF HEBRON BOARD OF SELECTMEN REGULAR MEETING MARCH 2, 2023

#### AWARD CONTRACT FOR FACILITIES EVALUATION

The Town of Hebron recently conducted and RFP/Q for proposals for Municipal Facilities Evaluation and received proposals from three (3) firms (summary attached). Please see attached letter of recommendation from the Public Building Committee.

#### Proposed Motion:

Move that the Hebron Board of Selectmen award the contract for the Municipal Facilities Evaluation to Bureau Veritas of Owings Mills, Maryland, in the amount of \$49,933.72 and authorize Andrew J. Tierney, Town Manager, to sign any necessary documents.

# Town of Hebron BID # 2023-02 Evaluation of Existing Municipal Facilities February 2, 2023

		1	1										1
			Proposal	Non	Statement of			Understanding	Invoice				
			Amount	Collusive	Qualifications	Contact	References	Approach	Format	Schedule	Contract	Insurance	j
			Item 5		Item 1	Item 2	Item 3	item 4	item 6	Item 7	Item 8		
х	B L Companies	Meriden/Hartford CT	357,500.00	Sec IX	Sec I	Sec II	Sec III	Sec IV	Sec VI	Sec VII	Sec VIII *	no	* markup
х	Bureau Veritas	Owings Mill MD	49,933.72	Page 15	Page 1	Page 2	Page 9	Page 18	Page 33	Page 34	no	no	AssetCALC
х	Silver Petrucelli	Hamden CT	177,100.00	no	?	Intro letter	Sec V	Sec IV	no	Sec IV	no	yes	
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#### PUBLIC BUILDING COMMITTEE TOWN OF HEBRON 15 GILEAD STREET HEBRON, CT 06248

February 22, 2023

Mr. Andy Tierney Town Manager Town of Hebron 15 Gilead Street Hebron, CT 06248

RE:

Municipal Facilities Evaluation
Recommendation of Contract Award

Bureau Veritas

Dear Andy:

The Public Building Committee convened a Special Meeting on February 14<sup>th</sup> to conduct a Post Bid Scope Review meeting with the apparent low bidder for the Town's Municipal Facilities Evaluation project. In attendance was Cheyenne Irby, Project Executive of Bureau Veritas.

A very extensive and thorough scope review confirmation was conducted by members of the Committee. It is our opinion that Bureau Veritas has included in their bid all the work that is necessary and required to provide a complete and comprehensive evaluation and recommendation in regards the Town's facilities.

At last night's PBC meeting, "a motion was made by Mal Leichter and seconded by Chairmen Wayne Warwick that the Public Building Committee vote to approve the Base Bid from Bureau Veritas of Owings Mills, MD, in the amount of \$49,933.72 to perform the Town of Hebron's Municipal Facilities Evaluations. In addition, the Building Committee requests that this item be placed on the next Board of Selectmen meeting for their formal approval and with the Town Manager authorized to sign all necessary documents and contracts related to this work." A vote was taken and it was unanimous (4-0) with no abstentions.

Attached is a copy of Bureau Veritas' fee proposal from their RFQ/RFP submission for your information and use.

If you have any questions or comments, please feel to contact myself or any member of our committee.

Buchand

Richard B. Steiner Recording Secretary

Cc:

**Public Building Committee Members** 

Enc.

#### FEES

The following table provides a breakdown of the fees associated with the Town of Hebron's high-priority buildings listed in the RFP.

SERVICES	FEE (Fixed Price)
Facility Condition Assessment	\$49,933.72

#### **INVOICE FORMAT**

BV will submit a monthly invoice inclusive of all services performed during that period. The per site fee will be established per the schedule of values provided at the program kick-off, and invoiced at the billing milestones stated below. Invoices will be payable within 30 days of receipt:

Completion of onsite assessments:

50% of per site fee

Delivery of Draft Reports:

45% of per site fee

Delivery of Final Reports:

5% of per site fee

Upon receipt of each monthly invoice, the amount due per billing milestone is fully collectible. Please forward payments to: Accounting Department, Bureau Veritas Technical Assessments LLC, PO Box 74007289, Chicago, IL 60674-7289 or contact BV-invoicing@BVNA.com to pay via credit card or to receive wiring instructions. Please ensure that BV Proposal #161734.23P or invoice number is clearly identified on all payments and correspondence for proper credit.

Please submit all draft comments to BV within 60 days of draft delivery. Unless otherwise communicated, BV will consider all drafts approved for finalization after 60 days, and the remaining balance due will be invoiced.

#### **HOURLY RATES**

The following fees include all costs associated with travel, lodging, car rental, food, tools, equipment, and all other miscellaneous expenses applicable to the work related to this project.

Team Role	Hourly Rate (\$)		
Project Executive	\$190.00		
Program Manager	\$140.00		
Project Manager I (PE/RA)	\$120.00		
Project Manager II (PE/RA)	\$130.00		
Quality Control Manager	\$135.00		
Technical Report Reviewer	\$115.00		
Administrative	\$80.00		

#### TOWN OF HEBRON BOARD OF SELECTMEN REGULAR MEETING MARCH 2, 2023

### APPROVE REVENUE RECOVERY SERVICE AGREEMENT WITH CERTIFIED AMBULANCE GROUP

Peter Starkel, Fire Chief, is recommending the change in provider for ambulance billing from Shared Response to Certified Ambulance Group. Attached is an agreement between the Town of Hebron and Certified Ambulance Group, Inc. which has been reviewed by the Town Attorney. The Town Attorney has also recommended adoption of the attached Business Associate Agreement. The proposal is for a five-year term.

#### Proposed Motion:

Move that the Hebron Board of Selectmen award the contract for ambulance billing to Certified Ambulance Group, of Rocky Hill, Connecticut, and authorize Andrew J. Tierney, Town Manager, to sign the Revenue Recovery Service Agreement and the Business Associate Agreement between the Town of Hebron Fire Department and Certified Ambulance Group, Inc.

#### REVENUE RECOVERY SERVICE AGREEMENT

THIS AGREEMENT is between Certified Ambulance Group, Inc., a Connecticut corporation having its
principal place of business at 148 Dividend Road, 06067 Rocky Hill, Connecticut (hereinafter "Certified
Ambulance Group") and Town of Hebron Fire Department, a corporate entity having an address of 44 Main
Street, Hebron, CT 06248 - (hereinafter the "Provider"). This agreement becomes effective on

#### WITNESSETH

WHEREAS, the Provider supplies certain emergency medical services to the residents and visitors of its primary service area and other individuals; and,

WHEREAS, the Provider desires to be reimbursed, to the extent legally permissible, by the individuals utilizing the Provider's emergency medical service; and,

WHEREAS, Certified Ambulance Group has experience in revenue recovery for services as a thirdparty billing service and is willing to provide such service to the Provider for a fee; and,

WHEREAS, the Provider desires to have Certified Ambulance Group provide revenue recovery services in accordance with the terms and conditions of this Agreement as a third party billing service.

NOW, THEREFORE, the parties agree as follows:

#### 1. Work To Be Performed And Services To Be Rendered

- (A) Certified Ambulance Group shall provide revenue recovery services on behalf of the Provider for revenues owed to the Provider. Such revenue recovery services and procedures are specified in Attachment A attached and incorporated as part of this Agreement.
- (B) Certified Ambulance Group's services to the Provider shall include the filing of annual rate application filings when necessary, or provide assistance to the Provider in the determination of annual rate adjustments.
- (C) Certified Ambulance Group will assist the Provider with public relations and consultation relating to revenue recovery services.
- (D) The Provider shall authorize Certified Ambulance Group to act as the Provider's representative for the purpose of obtaining the necessary authorizations, provider numbers and insurance company contracts required for revenue recovery.

Clients Initials:	
Date:	

- (E) Certified Ambulance Group shall maintain its billing records in electronic format for a period of seven (7) years beginning on the day the first Statement of Services Rendered (as described in Attachment A) is mailed on behalf of the Provider. The Provider understands and agrees that original documents are destroyed upon data entry.
- (F) Certified Ambulance Group shall upon receipt of any payment by or on behalf of any patient who received the service from the Provider, forward said payment, no less frequently than four (4) times per month, to the Provider or deposit said payment in a bank account established for receipt of said payments.
- (G) The data and payment entry and record maintenance and retention services to be rendered by Certified Ambulance Group shall be performed by Certified Ambulance Group utilizing direct employees and shall not be subcontracted.
- (H) The revenue recovery services rendered by Certified Ambulance Group are contingent upon the Provider supplying to Certified Ambulance Group certain information and CMS mandated documentation: (i) In accordance with the terms and conditions described in Attachment B1, "Table of Required Information and Documentation" which is attached and becomes part of this Agreement, the required documentation and information must be provided and must be accurate and complete. (ii) In accordance with the terms and conditions described in Attachment B2, "Run Information Forwarding," which is attached and becomes part of this agreement, complete and accurate run information must be provided to Certified Ambulance Group in a timely fashion. The Provider's failure to timely supply such information to Certified Ambulance Group shall release Certified Ambulance Group from any obligation under this Agreement to recover revenue from any patient or Payor for whom such information and documentation was not supplied.

#### 2. <u>Compensation and Fees</u>

(A) Within five (5) days after the last day of every calendar month, Certified Ambulance Group shall determine the total payments received by it on behalf of the Provider. The Provider shall also give to Certified Ambulance Group, within 3 days after the last day of each calendar month, a monthly accounting for payments received by it or from a party other than Certified Ambulance Group. After Certified Ambulance Group has determined the total payments received from all sources for the previous month, Certified Ambulance Group shall invoice the Provider for an amount equal to **five and one half percent (5.5%)** of the total payments received. "Payments" as used in this section shall mean those funds that are paid to the Provider as a result of the activities of Certified Ambulance Group and shall not include donations, grants or other funds received by the Provider.

Clients Initials:	
Date:	

- (B) If the Provider pays the invoice noted in Subsection (A) above within fifteen days or the payment is post marked on or before the fifteenth of the month, a three percent (3%) discount of the net payable will be granted.
- (C) The Provider shall pay Certified Ambulance Group's invoice within thirty (30) days from date of invoice from Certified Ambulance Group. In the event that the Provider does not pay the invoice noted in Subsection (A) within the thirty (30) day period then Certified Ambulance Group reserves the right to hold all payments in escrow until payment is made.
- (D) The right of Certified Ambulance Group to receive payments for services performed pursuant to this Agreement shall survive termination of this Agreement.
- (E) It is understood between the parties that **Town of Hebron Fire Department** has sole control of the funds recovered and any and all bank accounts into which the funds are deposited. Certified Ambulance Group has neither access to nor direct use of the collected revenues.

#### 3. Reports

- (A) A financial report will be mailed to the Provider each calendar month by Certified Ambulance Group. The financial report shall detail credits for each patient for which payment has been received; and the total dollar amount and source of any payments.
- (B) At the request of the Provider, Certified Ambulance Group shall also provide a fiscal year end report.
- (C) If the Provider requests additional reports from Certified Ambulance Group and if Certified Ambulance Group agrees to prepare such additional reports, the Provider agrees to provide any additional information required to prepare such reports. A fee, to be mutually agreed upon between the parties, shall be paid to Certified Ambulance Group prior to the compilation or preparation of such additional reports requested by the Provider.

#### 4. Availability of Records, Audits

(A) All records generated by Certified Ambulance Group with respect to this Agreement shall be open and available to the Provider for inspection at any time during the normal business hours of Certified Ambulance Group. All records generated by Certified Ambulance Group with respect to this Agreement shall be available at the office of Certified Ambulance Group in Rocky Hill, Connecticut. Likewise, the Provider shall allow for similar inspection by Certified Ambulance Group of its records relating to the services provided and fees due to Certified Ambulance Group.

Clients Initials:	
Date:	

- (B) Upon any reasonable request by the Provider, Certified Ambulance Group shall permit the Provider to retain the right to perform or have performed an audit of its billing records held by Certified Ambulance Group. The cost or expense of any audit(s) shall be borne solely by the Provider and not be charged to Certified Ambulance Group or be used to offset any payment owed to Certified Ambulance Group. Certified Ambulance Group shall provide necessary staff time for one (1) such audit per year without additional cost. The cost of additional audits in a given year will be mutually agreed to by the Provider and Certified Ambulance Group prior to such audit(s) being conducted.
- (C) Should any audit by the Provider or designated agent of the Provider of records held by Certified Ambulance Group specified in Section 4(B) above, reveal any discrepancy concerning sums due to the Provider in excess of five thousand dollars (\$5,000) per annum, the cost of said audit shall be reimbursed by Certified Ambulance Group.

#### 5. <u>Limitation of Liability</u>

- (A) If any action arises from inaccurate or inappropriate billing based on inaccurate or inappropriate information that the Provider has provided to Certified Ambulance Group, the Provider shall be solely responsible for any and all actions. The Provider shall indemnify, hold harmless and defend Certified Ambulance Group and its officers, directors, agents and employees from and against all claims, damages or suits in law or in equity arising from or relating to the provision by the Provider of incomplete or inaccurate information to Certified Ambulance Group or the Provider's negligence or willful misconduct in its performance under this Agreement.
- (B) If any action arises from inaccurate or inappropriate billing based on inaccurate or inappropriate information that Certified Ambulance Group has provided to the Provider, then Certified Ambulance Group shall be solely responsible for any and all actions. Certified Ambulance Group shall indemnify, hold harmless and defend the Provider and its officers, directors, agents and employees from and against all claims, damages or suits in law or in equity arising from or relating to the provision by Certified Ambulance Group of incomplete or inaccurate information to the Provider or Certified Ambulance Group's negligence or willful misconduct in its performance under this Agreement.

Clients Initials:	
Date:	

(C) Certified Ambulance Group may act upon any instrument or other writing believed by it, in good faith, to be genuine and to have been supplied by the Provider, Patient, Payor or their agents or attorneys, and shall not be liable to any party hereto in connection with the performance of its duties hereunder except for its own gross negligence or willful misconduct. Certified Ambulance Group's duties shall be determined only with reference to this Agreement. Certified Ambulance Group is not charged with knowledge of or any duties or responsibilities in connection with any other document or agreement. Certified Ambulance Group's sole obligation is to provide the Provider with revenue recovery services based on the information and documentation provided by the Provider or its agents in accordance with the terms and conditions of this Agreement, and shall have no responsibility or liability for the accuracy of any such information provided by the Provider or its agents.

#### 6. Termination of Agreement

Either party may terminate this Agreement at any time by giving 30 days written notice.

- (i) If the Provider terminates the Agreement, Certified Ambulance Group shall continue to provide agreed upon services for 120 days following the notice of termination. However, additional Statements of Services Rendered for new accounts will <u>not</u> be mailed by Certified Ambulance Group from the date of receipt of the termination notice. If this Agreement is terminated by the Provider within one (1) year of the date of execution, then Certified Ambulance Group's fee will increase to twenty-five percent (25%) of payments received from the date of receipt of the termination notice to the effective date of termination.
- (ii) If Certified Ambulance Group is the party that terminates this Agreement, Certified Ambulance Group shall continue to provide all services for open accounts hereunder for the 120-day period. Certified Ambulance Group's fee will <u>not</u> increase during this 120-day period. However, the Provider agrees to pay Certified Ambulance Group the standard fee, as provided in this Agreement for all payments received as a result of revenue recovery that Certified Ambulance Group initiated. This commitment shall survive termination of this Agreement.

Clients Initials:	
Date:	

#### 7. <u>Confidentiality</u>

Each party acknowledges that by reason of the relationship contemplated hereunder that it may have access to certain information and materials concerning each other's business (including without limitation the terms and pricing of this Agreement), technology, service or products that constitute trade secrets of the other party and/or is confidential ("Confidential Information"), which Confidential Information has substantial value. Each party acknowledges that said value would be impaired if such Confidential Information was disclosed to third parties. Each party ("Recipient") agrees that it will protect the Confidential Information of the other party ("Discloser") with at least the same degree of care and skill, but not less than a reasonable standard of care, as it uses for its own confidential information; provided, however, that the Recipient may provide access to and use of the Confidential Information only to those third parties that: (1) provide services to the Recipient, and (2) need to use and access the Discloser's Confidential Information in the provision of such services, and (3) have agreed to substantially similar nondisclosure obligations as those imposed hereunder. This Agreement imposes no obligation upon the Recipient with respect to the Discloser's Confidential Information for which the Recipient can establish by legally sufficient evidence: (i) was in the possession of, or was rightfully known by, the Recipient without an obligation to maintain its confidentiality prior to receipt from Discloser; (ii) is or becomes generally known to the public without violation of this Agreement; (iii) is obtained by the Recipient in good faith from a third party having a right to disclose it without an obligation of confidentiality; or (iv) was required to be disclosed by applicable law, provided that Recipient notifies Discloser of such requirement prior to disclosure, and provided further that Recipient makes diligent efforts to limit disclosure.

The obligations and requirements of this section shall survive termination of this Agreement.

#### 8. <u>Term of Agreement</u>

This Agreement shall be in effect for a period of five years, with option to extend for an additional five years, from the date of execution, unless terminated as provided herein. Upon expiration of this agreement, payments to Certified Ambulance Group shall continue for services rendered as a result of billings that Certified Ambulance Group initiated. This Agreement shall automatically renew for additional term(s) unless one party notifies the other party 30 days before expiration of the term of its intent not to renew.

#### 9. General

- (A) This Agreement is the sole and entire understanding between the parties relating to the subject matter hereof, and supersedes all prior understandings, agreements, and documentation relating to the subject. This Agreement may be amended only by an instrument executed by the authorized representatives of both parties.
- (B) This Agreement shall be governed by the laws of the State of Connecticut, without regard to conflict of laws provisions.

Clients Initials:	
Date:	

- (C) Certified Ambulance Group and its representatives are independent contractors of the Provider, and Certified Ambulance Group and its representatives in no event will be considered an agent, employee or joint venturer of, or with the Provider or its representative or agents. The lone exception to this paragraph is for the purpose of obtaining necessary authorizations, provider numbers and insurance company contracts as cited in Section 1., paragraph (D).
- (D) Provider understands and agrees that Certified Ambulance Group is not a "collection agency" and Certified Ambulance Group shall <u>not</u> be responsible for collection of payments for Provider services through the use of "collection agency" methodologies or strategies. The duties of Certified Ambulance Group are solely that of a revenue recovery service.
- (E) Any waiver of any provision of this Agreement must be in writing. No waiver of any provision of this Agreement will constitute a waiver of any other provision, whether or not similar, or a continuing waiver. The failure of either party to enforce at any time any of the provisions of this Agreement shall not be deemed to be a waiver of the right of such party thereafter to enforce any such provision. Except for payment obligations, neither party shall be liable for any failure to perform due to causes beyond its reasonable control and where failure is not caused by negligence of the nonperforming party.
- (F) If any provision of this Agreement is held to be invalid by a court of competent jurisdiction, then the remaining provisions shall nevertheless remain in full force and effect.
- (G) In addition to the reports provided by Certified Ambulance Group, the Provider agrees to maintain such records of expenditures and other income as is needed for the purpose of filing any necessary rate application, or the determination of any rate adjustments made by the Provider.
- (H) Any notice to a party hereto pursuant to this Agreement will be given in writing with Acknowledgement of Receipt, addressed as follows:

If to Certified Ambulance Group, to: Certified Ambulance Group, Inc. Post Office Box 290184 Wethersfield, Connecticut 06129

If to the Provider, to: Town of Hebron Fire Department 44 Main Street Hebron, CT 06248

Clients Initials:	
Date:	

Revenue Recovery	Agreement
Page 8 of 11	

IN WITNESS WHEREOF, the parties hereto have caused this Agreement to be executed by their duly authorized representative as of the date last below written.

Certified Ambulance Group, Inc.	Town of Hebron Fire Department
Signature	Signature
Name	Name
Title	Title
Date	Date
lients Initials:	
ate:	

#### ATTACHMENT A

#### REVENUE RECOVERY SERVICE PROCEDURES

Reference: Section 1

Certified Ambulance Group will accept the appropriate documentation of a billable response from the **Town of Hebron Fire Department** (Provider) at a mutually agreed upon schedule. Certified Ambulance Group will mail or electronically transmit a standard Billing Form to the Recipient of Services' appropriate insurance provider or other entity within five (5) business days of receipt of the required information from the Provider. If the Provider fails to supply any insurance information or the Recipient of Services is uninsured, Certified Ambulance Group shall mail a Statement of Services Rendered to the Recipient of Services. Upon the request of the Provider, Certified Ambulance Group will attach an informational paragraph with such Statement of Services Rendered.

#### For Insured Recipient of Services:

Thirty (30) days after the mailing or electronic transmission of the first billing claim form, Certified Ambulance Group will mail or electronically send a second claim to the insurance carrier, if the insurance company has not contacted Certified Ambulance Group.

Sixty (60) days after the mailing or electronic transmission of the first billing claim form, Certified Ambulance Group will mail a Statement of Services Rendered to the Recipient of Services, if the insurance company has not contacted Certified Ambulance Group. This Statement of Services Rendered will explain that the claim has been filed with their insurance carrier over sixty days ago but we haven't received a response from that insurance carrier. If no response is received within thirty (30) days, this account will now process the same as the Uninsured described below.

#### For Uninsured Recipient of Services:

Twenty Five (25) days after mailing the first Statement of Services Rendered, a second Statement will be mailed, if the Recipient of Services or responsible party has not contacted Certified Ambulance Group.

Fifty (50) days after mailing the first Statement of Services Rendered, a third and final Statement will be mailed, if the Recipient of Services or responsible party has not contacted Certified Ambulance Group.

Twenty Five (25) days after the mailing of the third Statement of Services Rendered to the Recipient of Services, the account will be considered as uncollectible and the account will be closed and so reported to The Provider. The Provider then has the option to send all or selected accounts on to Collections. The Provider has the option of working with the Collection Agency of their choice or Certified Ambulance Group can refer all Collection accounts to Green Flag Collections program offered by Transworld. This is a two phase program and the Provider has the option to use either phase or combine the phases of the program. The cost for Phase 1 of the Green Flag program is a fixed eleven dollars (\$11) per claim. The cost for Phase 2 of the Green Flag program is based on a percentage of the funds collected. Current percentage rate is forty five percent (45%). The collections fees are on top of the Certified Ambulance Group fee already established.

All requests for payments, regardless of where sent, shall direct that payment be made to the Provider. Payments and correspondence from insurance carriers will be mailed to Certified Ambulance Group's address so that proper credits can be posted to patient accounts. Checks shall be delivered to the Provider or deposited into a bank account mutually agreed to by the parties four (4) times each month.

NOTE:	$No\ insert\ letters\ will\ be\ enclosed\ for\ statements\ mailed\ directly\ or\ electronically\ transmitted\ to\ third\ party\ payers.$

Clients Initials:	
Date:	

#### ATTACHMENT B1

#### TABLE OF REQUIRED INFORMATION AND DOCUMENTATION

- 1) Client Profile (Completed by CAG Staff at time of Contract signing)
- 2) Verification from IRS of Tax Identification Number (TIN) (This must be from the Internal Revenue Service preferably Form CP 575). (Completed with CAG Staff)
- 3) Verification of Tax Exempt status (if applicable)
- 4) Provider "Supplier" Identification Information form (Completed with CAG Staff)
- 5) Adverse Legal History, if any.
- 6) Authorized Official Signature "Certification Statement", Original Signature in **BLUE INK** only.
- State License or Certification Information. A Copy of the CURRENT License or Certificate MUST be attached.
- 8) Description of Vehicle(s) (Current Vehicle Registrations), Copy of Current Registration(s) MUST be attached.
- 9) Current Certificate of Liability Insurance
- 10) Proof of Vehicle insurance if not bundled under liability policy
- 11) List of Board of Directors with Social Security Numbers, addresses, date of birth, place of birth and the date office held became effective.
- 12) Articles of Incorporation (if applicable)
- 13) If bundle billing for ALS, copies of contracts with ALS intercept providers or BLS providers.
- 14) Banking information for deposit of checks (Medicare) Voided Check or Savings Deposit Slip.
- 15) Municipalities using a purchase order attach a purchase order form,
- 16) For Providers already billing; Rate Schedule, Provider Numbers, National Provider Identification (NPI) number (if assigned), Contact name and phone number for previous billing office, signed letter authorizing remittance address change.

basis to ensure the submission

All information and acceptance	n must be current at the time of contract signing and up-dated on an annual to of claims.
Clients Initials: Date:	

Date:

# ATTACHMENT B2 RUN INFORMATION FORWARDING

No less frequently than twice per month, Provider shall send to Certified Ambulance Group the following information with respect to all services provided by the Provider during the preceding week. Certified Ambulance Group will not process claims that are older than one hundred and eighty (180) days unless agreed upon by the Provider and Certified Ambulance Group.

- 1) The date and time the Provider or its representative(s) rendered the service to an individual or individuals.
- 2) The location where the service originated and occurred.
- 3) The apparent reason why the service was requested (e.g. auto accident, heart attack, non-vehicle trauma, seizure, etc.)
- 4) If the service is, in part or in whole, transportation, the destination of the service including the name of any hospital.
- 5) The name, address, Social Security Number and gender of the individual(s) who received the service.
- 6) The name and address of the legally responsible party if other than the individual(s) who received the service.
- 7) The date of birth of the individual(s) who received the service.
- 8) An assessment of the illness/injury of the individual(s) who received the service.
- 9) Whether the injury/illness to the individual who received the service is work related.
- 10) If the service is provided to an individual who is insured for any portion of the cost of the service, the name and address of the insurer and the insured's insurance identification number(s) including group and individual numbers, also, any signatures required for revenue recovery.
- 11) Any supplemental insurance information requested by Certified Ambulance Group where the service is provided to an insured individual.
- 12) Whether the Provider desires direct billing to a third party (such as a third party payer) for the service provided to an insured individual(s).

All of the above information shall be transmitted to Certified Ambulance Group utilizing an agreed upon Revenue Recovery form. This form shall be in addition to the PCR/Runform and the Hospital Face Sheet if available.

Cliente	e Initi	ดใद•												
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ambu:	lanc	e, tr	ansı	porta	ation	or	emerg	ency	medica	al s	ervic	e prov	7ided	by
For 1	the	purpo	ses	of t	this	Atta	chmen	tВ	"servi	ce"	shall	mean	any	

Revenue Recovery Page 12 of 11	y Agreement			
transported :	by the Provid	er or its rep	resentatives	
Clients Initials: _ Date: _				

#### **BUSINESS ASSOCIATE AGREEMENT**

This BUSINESS ASSOCIATE AGREEMENT (as amended or otherwise
supplemented from time to time, this "Agreement") is executed as of this day of
, 2023 (the "Effective Date"), by and between Town of Hebron Fire Department
("Covered Entity") and Certified Ambulance Group, Inc.("Business Associate").

#### Recitals

WHEREAS, Business Associate and Covered Entity have entered into an Engagement Letter (as amended or otherwise supplemented from time to time, the "Engagement Letter"), wherein Business Associate will perform or assist Covered Entity with certain business and legal services (the "Services") involving the use or disclosure of protected health information, as defined in the HIPAA Standards referred to below ("PHI");

WHEREAS, in connection with the Services, Covered Entity and Business Associate desire to comply with the requirements of the Health Insurance Portability and Accountability Act of 1996, as amended by the Health Information Technology for Economic and Clinical Health Act ("HITECH"), enacted as part of the American Recovery and Reinvestment Act of 2009 (as so amended and as it may be further amended or otherwise supplemented from time to time, "HIPAA"), and the related implementing regulations which are codified at 45 C.F.R. Parts 160, 162 and 164 (as such regulations may be amended or otherwise supplemented from time to time, the "HIPAA Standards");

WHEREAS, Covered Entity and Business Associate acknowledge and agree that capitalized terms used, but not otherwise defined, herein are used herein as defined in the HIPAA Standards; and

WHEREAS, the HIPAA Standards require that Covered Entity obtain satisfactory assurances that Business Associate will appropriately safeguard the PHI created, received, maintained or transmitted by Business Associate in the course of performing the Services pursuant to the Engagement Letter.

NOW, THEREFORE, in consideration of the foregoing and the mutual promises and covenants herein contained, the parties agree as follows:

# Section 1 Obligations and Activities of Business Associate

Business Associate agrees to the following:

1.1 Not Use or Disclose PHI Unless Permitted or Required. Business Associate agrees not to use or disclose any PHI other than as permitted or required by this Agreement or the Engagement Letter, provided that such use or disclosure of PHI is permitted by HIPAA, the HIPAA Standards and other applicable laws or regulations, or as Required By Law.

- Safeguarding and Security of PHI. Business Associate agrees to use appropriate safeguards to prevent use or disclosure of PHI other than as permitted by this Agreement. Business Associate will implement administrative, physical and technical safeguards that reasonably and appropriately protect the confidentiality, integrity and availability of any PHI that Business Associate creates, receives, maintains or transmits on behalf of Covered Entity, in accordance with Subpart C of 45 C.F.R. Part 164.
- 1.3 Mitigate Harmful Effects. Business Associate agrees to cooperate in good faith in response to any reasonable requests from Covered Entity to discuss, review, inspect and/or audit Business Associate's safeguards with respect to PHI, and agrees to mitigate, to the extent practicable, any harmful effect that is known to Business Associate of a use or disclosure of PHI by Business Associate in violation of this Agreement.
- 1.4 Report Unpermitted Uses or Disclosures of PHI. Business Associate agrees to notify Covered Entity by telephone call, plus email or fax, within fifteen (15) calendar days thereof, upon becoming aware of the use or disclosure of PHI other than as permitted by this Agreement, including the discovery of any Breach of unsecured PHI as required at 45 C.F.R. §164.410.
  - (A) Discovery of a Breach. The Breach of unsecured PHI shall be treated as discovered by Business Associate (a "Discovered Violation") as of the first day on which the Breach is known to Business Associate, or, by exercising reasonable diligence would have been known to Business Associate, in accordance with 45 C.F.R. §164.410(a)(2).
  - (B) <u>Mitigation</u>. Business Associate shall reasonably cooperate with Covered Entity's efforts to prevent or curtail any threatened or actual Breach.
  - (C) Investigation of Breach. Business Associate shall promptly investigate the Discovered Violation and notify Covered Entity in writing within twenty (20) calendar days of the Discovered Violation with the following information: (1) A brief description of the incident that resulted in the Discovered Violation as appropriate; (2) The identity of each Individual who's PHI has been or is reasonably believed by Business Associate to have been accessed, acquired, used or disclosed during the Discovered Violation; (3) The date of the Discovered Violation and the date Business Associate discovered the Discovered Violation; (4) A description of the types of unsecured PHI involved in the Discovered Violation (such as whether full name, social security number, date of birth, home address, account number, diagnosis, disability code, or other types of information were involved); (5) Any steps that Individuals whose PHI was or is suspected to be involved in the Discovered Violation should take to protect themselves from potential harm resulting from the Discovered Violation; and (6) A brief description of what Business Associate is doing to investigate the Discovered Violation, to mitigate losses and to protect against future Breaches.

- (D) Business Associate Cooperation. If Covered Entity is responsible for notifying Individuals under 45 C.F.R. §164.404 or providing any other notifications as may be required by Subpart D of 45 C.F.R. Part 164, Business Associate will cooperate in good faith with Covered Entity to ensure that Covered Entity may complete such notification as promptly as possible in full compliance with the HIPAA Standards.
- 1.5 Ensure Compliance of Agents. Business Associate agrees to require any agent, including any Subcontractor, that creates, receives, maintains or transmits PHI on behalf of Business Associate in connection with the performance of the Services by Business Associate to agree to the same restrictions and conditions that apply to Business Associate in this Agreement with respect to such PHI, and shall document such requirements in a written business associate agreement between Business Associate and such agent.
- 1.6 Provide Access. Business Associate agrees to provide access, during normal business hours, to PHI in a Designated Record Set of Covered Entity to Covered Entity in order for Covered Entity to meet the requirements of 45 C.F.R. §164.524, provided that Covered Entity has delivered written notice to Business Associate, at least five (5) business days in advance, requesting such access. This provision does not apply if Business Associate and its Workforce members, Subcontractors and other agents have no PHI in a Designated Record Set of Covered Entity or if the PHI held by Business Associate merely duplicates information held by Covered Entity.
- 1.7 Respond to Requests for Accountings from Individuals. If an Individual who is a patient of Covered Entity or his/her Personal Representative (as described in 45 C.F.R. §164.502(g)) makes a request to Business Associate for an accounting of disclosures of his/her PHI, Business Associate will forward such request in writing to Covered Entity within five (5) business days of receipt of such request. Covered Entity shall be solely responsible for preparing and delivering the requested accounting to the Individual or Personal Representative in accordance with 45 C.F.R. §164.528. If requested by Covered Entity, Business Associate shall make available to Covered Entity, within ten (10) business days of such request, all information about Business Associate's disclosures of PHI, if any, that must be included for Covered Entity to fully and properly respond to any request for an accounting in accordance with 45 C.F.R. §164.528.
- 1.8 Respond to Requests for Access from Individuals. If an Individual who is a patient of Covered Entity or his/her Personal Representative makes a request to Business Associate for access to his/her PHI, Business Associate shall forward such request in writing to Covered Entity within five (5) business days of receipt thereof. Covered Entity shall be solely responsible for providing such access in accordance with 45 C.F.R. §164.524, unless Business Associate is the only holder of the Individual's Designated Record Set, in which case Business Associate shall, if instructed by Covered Entity, provide the Individual or Personal Representative

making such request with access to the information requested in accordance with 45 C.F.R. §164.524. If requested by Covered Entity, Business Associate shall make available to Covered Entity, within ten (10) business days of such request, any PHI that is maintained by Business Associate on behalf of Covered Entity to enable Covered Entity to fully and properly respond to the request for access in accordance with 45 C.F.R. §164.524.

- 1.9 Respond to Requests for Amendment of PHI from Individuals. If an Individual who is a patient of Covered Entity or his/her Personal Representative makes a request to Business Associate for amendment of his/her PHI, Business Associate, within five (5) business days of such request, shall direct the Individual or Personal Representative to present any such request for amendment to Covered Entity. Covered Entity shall be solely responsible for making all determinations and taking all actions regarding amendments to PHI in accordance with 45 C.F.R. §164.526. If requested by Covered Entity, Business Associate shall include any amendments agreed to by Covered Entity in any PHI that is maintained by Business Associate on behalf of Covered Entity in a Designated Record Set of Covered Entity.
- **1.10 Document Disclosures**. Business Associate agrees to document such disclosures of PHI by Business Associate as would be required for Covered Entity to respond to a proper request by an Individual or his/her Personal Representative for an accounting of disclosures of PHI in accordance with 45 C.F.R. §164.528.
- 1.11 Internal Practices. Unless otherwise protected or prohibited from discovery or disclosure by law, Business Associate agrees to make its internal practices, books, and records relating to its use or disclosure of PHI received from, or created or received by Business Associate on behalf of, Covered Entity available to Covered Entity for purposes of determining Covered Entity's compliance with the HIPAA Standards. Business Associate shall have a reasonable time within which to comply with requests for such access and in no case shall access be required in less than ten (10) business days after Business Associate's receipt of such request, unless otherwise designated by the Secretary. Business Associate agrees to make its internal practices, books, and records relating to its use or disclosure of PHI received from, or created or received by Business Associate on behalf of, Covered Entity available to the Secretary for purposes of determining Covered Entity's and/or Business Associate's compliance with the HIPAA Standards in a time and manner determined by the Secretary.
- 1.12 Limit Disclosures to Minimum Necessary. Business Associate reserves the right to limit the disclosure of PHI under this Section 1 to the minimum necessary amount in order to accomplish the intended purpose of the request, use, or disclosure; provided that, minimum necessary does not apply in the circumstances described in 45 C.F.R. §164.502(b), including to requests made for the purposes of treatment or patient access to his/her own PHI.

## Section 2 Permitted Uses and Disclosures of Business Associate

- 2.1 Functions and Activities on Behalf of Covered Entity. Under the Engagement Letter, which is attached hereto, Business Associate provides Covered Entity with Services that may involve the use and disclosure, or creation, receipt, maintenance and/or transmission, of PHI by Business Associate. These services include business and legal matters on behalf of Covered Entity. Except as otherwise limited by this Agreement or by specific written instruction of Covered Entity, Business Associate may make any use or disclosure of PHI on behalf of Covered Entity for purposes of providing the Services described herein and in the Engagement Letter, provided that such use or disclosure shall not violate the HIPAA Standards if done by Covered Entity.
- **2.2** Requests for, or Use or Disclosure of, PHI at Minimum Necessary. Business Associate agrees to limit requests for, and its use and disclosure of, PHI to no more than the minimum amount of PHI necessary to accomplish the purpose of the request, use or disclosure.
- **De-identification**. Business Associate may de-identify any and all PHI that it obtains from or on behalf of Covered Entity subject to prior written approval of Covered Entity, but only if such de-identification is accomplished in accordance with the requirements of 45 C.F.R. §164.514(a) and (b).
- **2.4** Business Associate's Management, Administration and Legal Responsibilities. Except as otherwise limited by this Agreement, Business Associate may use PHI for the proper management and administration of the Business Associate and to carry out the legal responsibilities of the Business Associate.
- 2.5 Disclosure to a Subcontractor or Agent. Except as otherwise limited in this Agreement, Business Associate may disclose PHI to an agent or Subcontractor for the proper management and administration of Business Associate, or to carry out the legal responsibilities of Business Associate, provided that such disclosures are Required By Law and/or Business Associate has required any such agent or Subcontractor to whom the disclosure of PHI is made, in a written agreement between Business Associate and such agent or Subcontractor, to agree to hold the PHI confidentially and use or further disclose the PHI only as Required By Law or for the purposes for which it was disclosed to the agent or Subcontractor, to notify Business Associate of any instances of which it is aware in which the confidentiality of any of the PHI has been breached, and to abide by the other restrictions and conditions that apply to the Business Associate in this Agreement with respect to such PHI.
- **2.6 Data Aggregation Services**. Except as otherwise limited by this Agreement, Business Associate may use PHI to provide data aggregation services to Covered Entity as permitted by 45 C.F.R. §164.504(e)(2)(i)(B).

# Section 3 Obligations of Covered Entity

- 3.1 Safeguarding and Security of PHI. Covered Entity shall be responsible for using appropriate physical, administrative and technical safeguards to maintain and ensure the confidentiality, privacy and security of PHI transmitted to Business Associate in connection with the provision of Services and this Agreement, in accordance with HIPAA and the HIPAA Standards, until such PHI is received and safeguarded by Business Associate.
- 3.2 Notice of Privacy Practices. Promptly upon execution hereof, Covered Entity shall notify Business Associate of any limitations in the Notice of Privacy Practices that Covered Entity maintains in accordance with 45 C.F.R. §164.520 to the extent that such limitations may affect Business Associate's use or disclosure of the PHI. Covered Entity will provide Business Associate with a copy of the Notice of Privacy Practices and any changes to such Notice within thirty (30) days of the effective date of such changes.
- 3.3 Notification of Changes to Permissible Uses or Disclosures. Covered Entity shall provide Business Associate with any changes in, or revocation of, permission by an Individual under 45 C.F.R. §164.506 or §164.508 to use or disclose PHI to the extent that such changes may affect Business Associate's permitted or required uses or disclosures of PHI.
- 3.4 Notification of Restrictions on Uses or Disclosures. Covered Entity shall notify Business Associate of any restriction on the use or disclosure of PHI that Covered Entity has agreed to or is required to comply with in accordance with 45 C.F.R. §164.522, or in accordance with Section 13405 of HITECH, to the extent that such restriction may affect Business Associate's permitted or required uses or disclosures of PHI.
- **No Impermissible Requests**. Covered Entity shall not request Business Associate to use or disclose PHI in any manner that would not be permissible under the HIPAA Standards if done by Covered Entity.

# Section 4 <u>Term and Termination</u>

- **4.1 Term**. The Term of this Agreement shall begin on the Effective Date and shall remain in force and effect until terminated pursuant to Sections 4.2, 4.3 or 4.4 herein.
- 4.2 Termination for Cause.
  - (A) Upon Covered Entity's or Business Associate's reasonable determination that the other has breached or violated a material term of this Agreement, Covered Entity or Business Associate, as the case may be, shall give written notice of such breach

to the other, and provide reasonable opportunity for the party to cure the breach or end the violation, which in any event shall not exceed thirty (30) days from the date of receipt of such notice. Covered Entity or Business Associate may terminate this Agreement upon notice to the other if the breach is not cured within such cure period, or cure is not possible.

- (B) Either party may terminate this Agreement upon notice to the other when all of the PHI received from Covered Entity, or maintained, transmitted, received, or created by Business Associate on behalf of Covered Entity, is destroyed or returned to Covered Entity, or, if it is infeasible to return or destroy the PHI, the protections are extended to such information in accordance with the provisions of Section 4.5 herein.
- **4.3 Automatic Termination**. This Agreement shall automatically terminate without further action of the parties upon the termination of the Engagement Letter and the Services provided thereunder by Business Associate to or on behalf of Covered Entity.
- 4.4 Judicial or Administrative Proceedings. Either party may terminate this Agreement and the provision of Services under the Engagement Letter, effective immediately upon notice to the other party, if the other party is named as a defendant in a criminal proceeding for an alleged violation of the HIPAA Standards or if there is a finding or stipulation that the other party has violated any requirement of HIPAA, the HIPAA Standards, the Payment Card Industry Data Security Standards or any other security or privacy laws in any administrative or civil proceeding in which the party has been joined.

#### 4.5 Effect of Termination.

- (A) Upon termination of this Agreement for any reason and receipt of written demand from Covered Entity, Business Associate agrees to, if feasible, return or destroy all PHI received, retained by, or in the possession of Business Associate, in whatever form, and shall not retain any copies thereof, and Business Associate shall notify its Subcontractors of their comparable obligations under their agreements with Business Associate.
- (B) In the event the return or destruction of any PHI is not feasible in the reasonable determination of Business Associate, Business Associate shall provide to Covered Entity notification of the conditions that make the return or destruction of such PHI infeasible. To the extent that any PHI created, received or retained by, or in the possession of, Business Associate is not returned or destroyed due to the infeasibility of doing so, Business Associate shall extend the protections of this Agreement to such PHI, and shall limit further uses and disclosures of such PHI to those purposes that make the return or destruction of the information infeasible, and appropriately safeguard such PHI, for so long as Business Associate retains such PHI. Any such retained PHI shall be destroyed or returned to Covered Entity when it becomes feasible to do so.

- (C) Notwithstanding the foregoing, Business Associate may retain copies of any PHI used for the purposes set forth in Section 2.4 of this Agreement to the extent necessary for such purposes after the termination of this Agreement, provided Business Associate shall extend the protections of this Agreement to such PHI, shall limit further uses and disclosures of such PHI, and appropriately safeguard such PHI, for as long as Business Associate retains such PHI. Any such retained PHI shall be destroyed or returned to Covered Entity when it is no longer needed by Business Associate.
- (D) Business Associate shall not be responsible for the privacy and security of PHI that may be retained and integrated into the Designated Record Set of another Covered Entity or Business Associate.
- (E) In the event that it is infeasible for Business Associate to obtain from a Subcontractor of Business Associate any PHI in the possession of the Subcontractor, Business Associate shall provide to Covered Entity notification of the conditions that make return or destruction of such information from the Subcontractor infeasible. Upon such notification, Business Associate shall require the Subcontractor to extend the protections of its agreement to such PHI, and limit further uses and disclosures of such PHI to those purposes that make the return or destruction infeasible, for so long as the Subcontractor maintains such PHI.

# Section 5 Limitation of Liability

Each party to this Agreement (the "Indemnifying Party") agrees to indemnify, defend, and hold harmless the other party to this Agreement from any and all loss, liability, damage, cost, and expense, including without limitation civil monetary penalties, monetary settlements, fines, and damages, as a result of any federal or state enforcement or arising from any use or disclosure of PHI, breach of this Agreement, or violation of the HIPAA Standards by the Indemnifying Party or its subcontractors, agents or employees, provided that the Indemnifying Party shall not indemnify the other party for any act or omission made on advice, request or direction of the other party.

# Section 6 Miscellaneous Provisions

- **6.1** Regulatory References. Any reference in this Agreement to a provision of HIPAA or the HIPAA Standards shall be to the provision as in effect or as amended or superseded.
- 6.2 Amendment. This Agreement shall automatically incorporate any change or modification of applicable state or federal law as of the effective date of the change or modification. Business Associate agrees to maintain compliance with all changes or modifications to applicable state or federal law and to take such action

- as is necessary to amend this Agreement from time to time as is necessary for Covered Entity to comply with the requirements of the HIPAA Standards.
- 6.3 Nature of Agreement. Nothing in this Agreement shall be construed to create a partnership, joint venture, or other joint business relationship between the parties or any of their affiliates, or a relationship of employer and employee between the parties. Rather, it is the intention of the parties that their relationship shall be that of independent contractors.
- **Governing Law**. The laws of the state of Connecticut (without giving effect to its conflicts of law principles) govern all matters arising out of or relating to this Agreement, including, without limitation, its validity, interpretation, construction, performance, and enforcement.
- **Integration**. This Agreement contains the complete and final understanding of the parties with respect to the subject matter herein and supersedes all prior or contemporaneous agreements, whether oral or written, between the parties relating to such subject matter.
- **6.6 Survival**. The rights and obligations of Business Associate under Sections 4.5 and 5.1 of this Agreement shall survive the termination of this Agreement.
- 6.7 Interpretation. Any ambiguity in this Agreement shall be resolved in favor of a meaning that permits Covered Entity to comply with HIPAA and the HIPAA Standards, as those statutes and implementing regulations may be amended from time to time.
- **Severability**. Any provision of this Agreement that is determined to be invalid or unenforceable shall be ineffective to the extent of such determination without invaliding the remaining provisions of this Agreement or affecting the validity or enforceability of such remaining provisions.
- **6.9 Counterparts.** This Agreement may be executed in one or more counterparts, each of which shall be deemed an original, but all of which together shall constitute one and the same document.
- **6.10 Notices**. All notices, requests, consents, and other communications related to this Agreement shall be in writing and addressed to the receiving party's address set forth below or to such other address as a party may designate by notice, and shall be (i) if sent by overnight courier, next day delivery, effective as of the date sent, or (ii) if sent by facsimile or email (with written and/or electronic evidence of transmission of the same), effective as of the date of transmission:

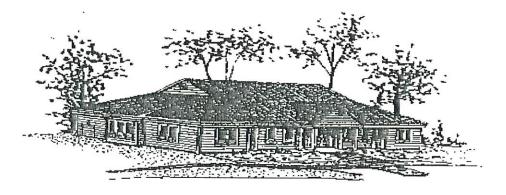
If to Covered Entity:	Town of Hebron Fire Department 44 Main Street Hebron, CT 06248 Attn: Fax: Email:
If to Business Associate:	Certified Ambulance Group, Inc. 148 Dividend Road, Rocky Hill, CT06067 Attn: Fax: Email:
<b>6.11</b> Authority. By signing this A	Agreement, the parties each represent, and the other
party may rely, that the sig	gnatory is authorized to bind that entity.
IN WITNESS WHEREOF,	the parties have executed this Agreement by their duly
authorized representatives to be	effective as of the Effective Date set forth above.
Covered Entity Town of Hebron Fire Departmen	Business Associate nt Certified Ambulance Group, Inc.
Ву:	By:

#### TOWN OF HEBRON BOARD OF SELECTMEN REGULAR MEETING MARCH 2, 2023

# APPROVE SENIOR CENTER NORTH CENTRAL AREA AGENCY ON AGING, INC. (NCAAA) HEBRON OUTREACH AND SOCIAL SUPPORT SERVICES PROJECT GRANT APPLICATION

#### **Proposed Motion:**

Move that the Hebron Board of Selectmen approve the grant application in the amount of \$38,564 with \$54,327 in-kind matching funds from the Hebron Senior Center budget, for the FFY 2024 North Central Area Agency on Aging, Inc. — Hebron Outreach, Information, Assistance and Referral, and Social Support Services Project Grant; and that Town Manager Andrew J. Tierney be authorized to apply for, accept and receive this grant and to sign any necessary documents.



#### **Russell Mercier Senior Center**

Sharon M. Garrard, Senior Services Director/Municipal Agent for the Elderly Phone: (860) 228-1700 x 203
12 Stonecroft Drive Fax: (860) 228-4213
Hebron, CT 06248-1439 E-Mail: <a href="mailto:sgarrard@hebronct.com">sgarrard@hebronct.com</a>

#### February 23, 2023

Annually, three grant applications are submitted to the North Central Area Agency on Aging (NCAAA) seeking Federal Title III Older Americans Act (OAA) funds. Again this year, in light of the impact that the COVID-19 pandemic has taken on the older adult population, NCAAA also has American Rescue Plan Act (ARPA) funds available – please note that all three grants seek both Federal Older Americans Act dollars and ARPA funds. All three grants have an in-kind match consisting of a portion of existing budgeted items (e.g., personnel, utilities, postage, office supplies, fuel, etc.) None of the grants have a cash match commitment

For Fiscal year 2024 (October 1, 2023 through September 30, 2024), the three grant proposals are:

Outreach, Information, Assistance & Referral, and Social Support Services

Total Project Cost \$92,891 OAA/ARPA Funds Requested \$38,564 In-Kind Match \$54,327

Therapeutic Activity

Total Project Cost \$67,676 OAA/ARPA Funds Requested \$15,600 In-Kind Match \$52,076

Transportation

Total Project Cost \$118,495 OAA/ARPA Funds Requested \$42,308 In-Kind Match \$76,187

I am seeking approval from the Board of Selectmen to submit all three of these grant proposals to the North Central Area Agency on Aging (NCAAA)

Sincerely,

Sharon M. Garrard

Senior Services Director and Municipal Agent for the Elderly

haron m. Garrard

#### NCAAA Grant Application Fiscal Year 2024 Application Due Date: March 17, 2023 Cover Sheet

Please refer to the Grant Instructions document for detailed information on answering the questions.

(1a) Federal EIN (Tax ID): 0660215	(1b) DUNS Number:	021866104
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(2) Title of Project: Outreach, Information, Assistance & Referral, and Social Support

(3) Name of Organization: Town of Hebron

(4) Address: 15 Giles & Street City: Hebron State: CT Zip code: 06248

(5) Authorized Official: Andrew J Tierney Title: Town Manager

Phone: 860 228 597/Ext: 122 Email: 2 tierney@hebronet.com

(6) Project Contact Person: Sharon M GarrardTitle: Senior Services Director

Phone: 860 228-1700 Ext: 203 Email: Squrrard & hebronet.com

(7) Type of Agency: Municipality

(8) Year Agency established: 1708

(9) Is Applicant a Minority Provider? (No) Yes

(10) Grant Category: Title III-B Supportive Services & Senior Centers

Title III-D Evidence-Based Disease Prevention & Health Promotion

Title III-E National Family Caregiver (Grandparent) Support Program

ARPA American Rescue Plan Act

(11) Total amount of funding requested for funding period (10/1/2023 - 9/30/2024): \$ 38, 564.00

(12) Priority Areas: If you are applying for a Grant under Title III-B, please mark (x) the area(s) under which your proposed service/program fits.

Access Services

Adult Day Care

Legal Services

Community Services

In-home Services

Community Education / Counseling

(13) Authorized Official Signature

1

### I. Project Narrative

In the space provided, enter a narrative description of your proposed project that briefly addresses the following points: (a) the service(s) to be delivered, (b) the towns that will be served, (c) evidence of need for this service, (d) how your service(s) will support the mission of the NCAAA, (e) the estimated number of clients that will be served in the first 12 months, (f) the estimated number of service units to be provided in the first 12 months, and (g) how the service(s) will be evaluated.

- (a) Through Hebron Senior Services various formal and informal outreach mechanisms and interventions will be initiated to identify individuals with unmet assistance needs, provide guidance, and encourage the use of existing services and benefits. Individuals will be provided with current information and education regarding opportunities and services available. Assistance will include assessing needs/problems/capacity, arranging/coordinating/linking services, and providing follow-up and reassessment. Outreach will include, but not be limited to, benefit access assistance, money management strategies, employment and housing guidance, in-home supports, and caregiver counseling. When appropriate, depression and cognitive screenings will be performed and referrals made along with addressing critical needs
- (b) Services will be provided to Hebron residents
- (c) Nealy 90% of older adults across all income and health status categories want to remain at home and "age in place". This can present a wide range of challenges both today and in the future particularly if people have insufficient awareness of the range of services available to them and how to access those services. 34.8% of Hebron's older adults live alone with the incidence of living alone increasing with age. 14.8% provide care to a family member/friend. 95.3% own the home that they reside in. Many of these homes are older and can now be difficult and costly to maintain. With Hebron being a rural community comprised of 37.3 square miles, homes can be situated on large pieces of property, separating neighbors who might otherwise be a source of support. The tendency toward loneliness, isolation, depression, and diminished quality of life is therefore increased. Individuals experiencing isolation are less prone to reach out for information and assistance. Isolation can also be a contributing factor for the use and abuts of various medications/substances and increased incidents of self-neglect, along with the risk of abuse/neglect by others and fraud/exploitation. Isolation can impede receiving benefits and services that can improve economic security and the ability to live healthy, independent lives. Outreach and engagement not only addresses social isolation and caregiver stress/relief, it also creates opportunities for individuals to receive assistance and for changes in the ability to manage to be observed and appropriately addressed
- (d) NCAAA's mission will be supported through this project's goal of assisting individuals to meet their needs and overcome barriers to their independence, working with the senior themselves as well as family members, friends, and service providers to facilitate the maintenance, if not improvement, in quality of life and remain at home aging in place for as long as possible
- (e) It is estimated that 60 clients will be served in the first 12 months of this project
- (f) It is estimated that 760 service units will be provided in the first 12 months of this project
- (g) This service will be evaluated based on efficacy of bringing more individuals awareness of/ability to access services successfully meeting their needs/aspirations, including, but not limited to, financial, informational, educational, home-support, and psycho-social needs. Additionally, we will assess referral levels made both from professionals and lay community members, as a measure of awareness of services and supports that are available to seniors

#### II. Agency Mission, History and Structure

IIa. Please list the mission statement of your Agency.

Hebron's Senior Services will offer a responsive, evolving, broad range of services, activities, and supports, along with providing information, education, assistance, and referrals to link individuals with available resources. We recognize that older adults have diverse needs and interests, and desire the ability to engage in activities and services that reflect their experiences and skills, enhance their dignity, support their independence, and improve their quality of life

IIb. (If not a municipal agency), Please give a brief history of your agency and any changes in its mission statement or service focus over the lifespan of the agency.

- Ilc. There are multiple Certifications and Assurances that need to be completed by your agency. These can be found in Appendices B1 to B5 on <a href="https://www.ncaaact.org/funding">https://www.ncaaact.org/funding</a>. Please see Grant Instructions for more information on these.
- Ild. There are other Organizational Documents that may need to be included with the application in Appendices A and Appendices C1 to C7. Please see Grant Instructions for more information.

### III. Description of Services to be Provided

IIIa. In the chart on the next page, please list: (1) the specific services (from NAPIS List – see Grant Instructions) that will be provided using NCAAA funds, (2) the service code for each service, (3) the projected number of units of each service that will be provided, and (4) the percent of the amount requested from NCAAA that will be allocated to each specific service.

### IIIa. Description of Services to be Provided

(1) Service name (from NAPIS list)	(2) Service code from NAPIS list	(3) Projected number of service units to be provided	(4) Percent of requested funds allocated to this service
Outreach	131	760	100.00
			And the second s
			index to the Atlantic designation and
			The state of the s
	A CONTRACTOR OF THE CONTRACTOR		
Total (column 4 – should equal 100%)			100.00

.

Capitol Region	Central Region	Farmington Valley Region		Hockanum Valley Region
Bloomfield	Berlin	Avon		Andover
East Hartford	Bristol	Canton		Bolton
East Windsor	Burlington	East Granby		Ellington
Glastonbury	New Britain	Farmington		Enfield
Hartford	Plainville	Hartland	<b>\</b>	Hebron
Manchester	Plymouth	Granby		Mariborough
Newington	Southington	Simsbury		Somers
Rocky Hill	:	Suffield		Stafford
South Windsor				Tolland
West Hartford				Vernon
Wethersfield	TE S SOUTH OF THE THE PLAN PRINCIPLE AND A TELEPHONE AND A TEL			
Windsor		 · · · · · · · · · · · · · · · · · · ·	4	
Windsor Locks		· ·		

IIIc. Describe the specific location(s) the service will be provided within the community(ies) listed above if it is a place-based service.

Services will be provided at the Russell Mercier Senior Center along with in the homes of older adults

IIId. Describe the frequency of service provision.

Services will be provided Mondays through Thursdays from 8AM to 4:30PM and Fridays form 8AM to 1PM

IIIe. In narrative form, present supporting evidence suggesting the need for the proposed services in the targeted town(s).

In 2020 2,277 Hebron residents were age 60. By 2025 2,601 individuals will be age 60+ and 2,601 by 2030. 28.2% of those 60+ have very low income or income below 60% of Tolland county's median. 95.3% own their homes, with 49.6% still having a mortgage. 28.4% of homeowners/renters spend more than 35% of their income on housing, and 12.3% report experiencing stress about paying mortgage/taxes/maintenance/rent. 11.9% have Alzheimer's or related dementias and 5.8% report cognitive difficulty. 18.4% report substance use disorders, 3.7% self-care difficulty, 7.9% independent living difficulty, 40% depression/anxiety

IIIf. Discuss how potential clients will be solicited for the proposed service(s) including any advertising/marketing plans

To facilitate optimal awareness of outreach services, we proactively utilize our monthly newsletter, community newspapers/filers, peer/neighbor/family identification, visits to senior housing sites, public speaking, social media posts, Voice/Email/Text Connect messages, database check-in mass/personalized notifications, networking with/referrals from Town departments/businesses/health care providers/social support services/faith and lay organizations

IIIg. Describe how your agency will make it a priority to serve minority older adults, American Indian or Alaskan Native, Black or African American, Hispanic, or Latino, Asian, Native Hawaiian, other Pacific Islanders, or other underserved older adults in your community.

97.2% of Hebron's older adults are Caucasian with 2.8% minority. In July 2020 the Hebron Coalition on Diversity and Equity (CoDE) was formed and in September 2020 the Board of Selectmen supported forming a Racial Justice & Equity Steering Committee exploring racial barriers. Along with these groups, we work with the Town Planner regarding developing an Affordable Housing Plan. Working cooperatively, we strive to continually enhance multicultural knowledge, sensitivity, equality and competency, along with promoting the skills, abilities, and attitudes to build an inclusive community

IIIh. In the chart on page 7 insert the service codes (from previous chart IIIa) that you are providing and the anticipated number of clients you expect to serve from each of the demographic groupings (see Grant Instructions).

111h. Chart of demographic characteristics of anticipated clients for each service.

Service Code	Total Clients	Low Income	Near Poverty	Minority	Low Income Minority	Rural	With severe disabilities	Risk of Institutionalization	With limited English Proficiency	Alzheimer's or Related Disorders
131	60	16	23	1	1	60	7	4	1	7
										-
									· · · · · · · · · · · · · · · · · · ·	
A										
				AL						

IIIi. If your Agency has delivered these services before, describe any trends in service usage over the last three years.

As the senior population has grown so has service need/demand. This is particularly true of those 80+ which was 12.3% of those 60+ in 2020 and projected to be 15.8% in 2025, 18% in 2030, and 21.5% in 2035. This cohort can be especially reluctant to accept services due to concerns over inability to complete tasks, perceptions of being burdensome, lack of trust, and lack of control. Reframing can enhance service acceptance and ability to age in place

IIIj. Describe your process for requesting and collecting donations for the services provided.

All publicity regarding outreach state that funding is provided by NCAAA through the Federal Older Americans Act, further stating that contributions/donations are welcome and will be used exclusively to expand services. It is emphasized that individuals are under no obligation to provide contributions, that contributions are purely voluntary, and services provided to individuals will not be adversely affected in any way due to contributions not being made

### IV. Description of Staff Providing Services

IVa. On the chart on the next page, fill in requested information for all individuals, both paid and volunteers, who will be working on the project, including the fiscal manager and individual(s) providing data collection/management information activities. (see Grant Instructions)

#### IVa. Description of Staff Providing Services

(see instructions above) Does this Is person a member of a racial or ethnic minority group? (Yes, No). If yes, indicate type: Black or person have African American, Hispanic or Latino, Asian, pertinent Hours per Is person age license or Status: Hawaiian or other Pacific Islander week 60 or older? certification? (Staff [S] or Volunteer [V]) working African Hispanic or Hawailan/Pacific Islander on project Yes No American Latino Asion Yes No N/A Title Yes No • Yes Yes Staff 1 Fiscal Manager • 5 Yes Data Collection Manager Staff Yes **(•)** Staff 24 No Yes Social Worker **(•)** 5 No Yes Program Coordinator Staff **(•)** 5 N/A Receptionist/Clerical Support Staff Yes Status No N/A Status No N/A N/A No Status No N/A Status Status N/A No Status No N/A No Status N/A

- IVb. Describe how your Agency supervises and/or maintains quality control regarding services delivered. Outreach intervention is person-centered and strengths-based, with quality defined by the individual's assessed satisfaction regarding improved quality of life/ability to live safely at home with more control over pertinent aspects of their lives /reduced unmet needs. Hebron's outreach worker maintains a BSW and participates in all pertinent trainings to ensure the provision of accurate, up-to-date information. Additionally, individual detailed records of all interventions/follow-ups/reassessments are maintained to monitor quality control
- IVc. Describe your grievance process for clients who feel they have been denied service because of discrimination.

A grievance would initially be received by the Senior Services Director. Within 15 calendar days after receipt, the Senior Services Director and the complainant would meet to discuss the grievance and possible resolution. If not satisfactorily resolved, the grievance would be referred to Hebron's Commission on Aging within 15 calendar days. If still not resolved, the grievance would be referred to NCAAA/State Unit on Aging within 15 calendar days

- V. Evaluation of Services (See grant instructions for further discussion of items in this section)
  - Va. Discuss the desired impact that your service(s) will have on the targeted individual(s) quality of life. Person-centered, strengths-based, No Wrong Door outreach places all individuals in control of services needed and outcomes desired. While the vast majoring of people are very interested in receiving information about services, they often do not know where or how to access them. Outreach's role is to identify those with unmet assistance needs, provide accurate up-to-date resource information, and provide linkage(s) to those services with follow-up and reassessment
  - Vb. Describe your client satisfaction data collection process.

Satisfaction is documented in written detail with each client encounter eliciting what is important to the individual, identifying person-centered outcomes, recording education provided regarding how to achieve those outcomes, and formulating an action plan. Follow-up and reassessment documents the efficacy of whether or not the individual's goals have been attained and/or if there has been enhancement of the individual's skills, attitude, and ability to gain more control over their lives in aspects of their lives that they have self-identified as important, and next steps

Vc. If the proposed service(s) has previously been delivered, summarize in narrative form your previous satisfaction data (no more than the past two years).

Over the course of the past 2 years 18.3% of individuals served have been enrolled in the Medicare Savings Program, 12.2% have been enrolled in Medicaid (dual eligible), 3% have been enrolled in SNAP, 1.2% have been enrolled in the CT Home Care Program for Elders, 6.48% have been enrolled in the CT Energy Assistance Program, and 2.5% have engaged in applicable support groups. Linkage to these programs has assisted individuals to remain integrated in the community and to age in place as desired

Vd. Please briefly describe any other measures that you are currently using to examine changes in the client's psychological or physical functioning.

ADLs and IADLs are reviewed in addition to, when appropriate, administration of the Geriatric Depression Scale, mini mental status evaluation, and/or other applicable mental/emotional health measurement tools

### VI. Sustainability

VIa. How many years has your Agency received NCAAA financial support for this service?

VIb. Does your agency have any *formal* (written Memorandums of Understanding or Agreement) or *informal* arrangements(understandings that have not been written) with other agencies regarding sharing resources to expand service capacity? If yes, please list in the table below the names of these agencies, their location, and the content areas (e.g., share transport, referral exchanges, etc.) of these arrangements.

Formal Agreements (Memorandums	of Understanding (MOU's	or Agreement (MOA's)
Name of agency	Location: city/town	Content areas
None		
Informal Agreements (unwritten "un	nderstandings")	
Name of agency	City	Content areas
None		
- A A A A A A A A A A A A A A A A A A A		

VIc. Beyond the relationships described in the table above, are you currently engaged in any discussion or planning with other programs or municipalities to share resources or services? If yes, describe. If no, write "none."

Hebron Senior Services collaborates with the CT Healthy Living Collective to offer the LGBT Movable Senior Center initiative, Tai Ji Quan: Moving for Better Balance, A Matter of Balance, and the Aging Mastery Program. Additionally, we collaborate with the Chatham Health District to offer Live Well, and with AARP to offer the Zero Isolation program. We also work with the LiveWell Institute to deliver initiatives to make Hebron an Age & Dementia Friendly Community

VId. Identify any self-sustainability plans for the proposed service including fundraising and fee-for-service efforts.

The Town of Hebron is committed to retaining a full-time social worker dedicated to serving older adults through its annual Town budget

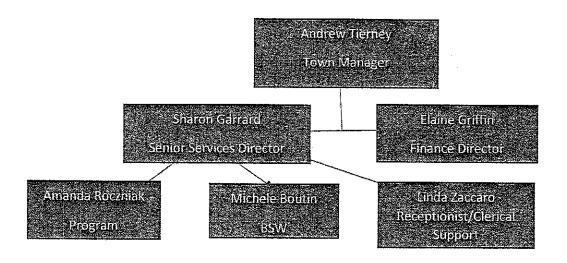
### VII. Budget - Answer the two questions below and then complete the budget spreadsheets in Appendices D1 - D4

VIIa. Total amount of funding requested from NCAAA for funding period (10/1/2023 - 9/30/2024); \$ 38,564.00

VIIb. Estimated cost per unit of service considering funds requested from NCAAA and *all other* sources of funding (or resources) that will be used to support the proposed service (fill in chart below). See Grant Instructions for more details.

(1)	(2)	(3)	(4)	(5)	(6)
Service code	Projected number of service units to be provided	Dollars requested from NCAAA for this service	Dollars <u>from other</u> sources that will be directed to this service	Total dollars for service (sum of col. 3 & 4)	Cost per unit of service (Col. 5 divided by col. 2)
131	760	\$ 38,564.00	\$ 0.00	\$ 38,564.00	50.742105263157896
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN

## Hebron Outreach, Information, Assistance & Referral, and Social Support Services Project Staff Organization Chart



### Appendix B1 - Certification of Non-Federal Match for Title III Project

### CERTIFICATION OF NON-FEDERAL MATCH FOR TITLE III PROJECT

This is to certify that I (as an individual) or my agency/organization (as specified below) will provide the following cash and/or in-kind resources for the support of the project entitled:

Hebron Outreach, Information, Assistance & Referral, and Social Support Services

10/1/02	0/20/2/
for the period beginning 10/1/23	and ending 9/30/24
Tot the period beginning	and onding

Cost Category	Cash Amount	In Kind Value	Source
Personnel		39,296	Town of Hebron
Audit/Postage/Printing & Publications		7,673	Town of Hebron
Utilities/Phone		3,848	Town of Hebron
Travel/Office Exp/Supplies		1,158	Town of Hebron
Contractual		1,315	Town of Hebron
Meetings/Conf/Dues/Prog Dev		1,037	Town of Hebron
TOTAL	N/O L-280/8-1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	54,327	

The above cash and in-kind resources do not come from Federal funds (except as may be allowed via the use of Community Development Block Grants and/or General Revenue Sharing monies), and they are not used to match any other Federal project.

Signed:		Date:	
Name:	Andrew J Tierney		
Title:	Town Manager	neces.	
Agency:	Town of Hebron		

### APPENDIX D1 - FFY 2024 PROJECT BUDGET - SUMMARY PAGE

PROJECT NAME:

Hebron Outreach, Information, Assistance & Referral, and Social Support Services

Line	Cost Category	T-III NCAAA ARPA NCAAA		Non-Federal Match					Total	
item			Funds	Funds	Cash			In Kind	Project Cost	
1	Personnel	\$	19,282	\$ 19,282	\$	_	\$	39,296	\$	77,860
2	Rent	\$	-	\$ 	\$	-	\$	-	\$	-
3	Travel	\$	-	\$ _	\$	_	\$	583	\$	583
4	Audit	\$		\$ _	\$	-	\$	6,300	\$	6,300
5	Utilities	\$	-	\$	·\$	-	\$	2,972	\$	2,972
6	Telephone	\$	-	\$ -	\$		\$	876	\$	876
7	Office Expense	\$		\$ -	\$	-	\$	67	\$	67
8	Postage	\$		\$ -	\$	_	\$	1,300	\$	1,300
9	Printing/Publication	\$		\$ -	\$		\$	73	\$	73
10	Supplies	\$	-	\$ 	\$		\$	508	\$	508
11	Insurance	\$	-	\$ 	\$	-	\$	_	\$	_
12	Repairs/Maintenance	\$	-	\$ -	\$		\$	_	\$	_
13	Equipment	\$	-	\$ 	53		\$	_	\$	-
14	Contractual	\$	-	\$ 	69	-	\$	1,315	\$	1,315
15	Other: Meeting/Conf/Dues/ProgDev	\$	_	\$ -	65	-	\$	1,037	\$	1,037
16	Other:	\$	-	\$ 	\$	-	.\$	-	\$	-
	Total Cost	\$	19,282	\$ 19,282	\$	_	\$	54,327	\$	92,891

Projected Client Contributions\*\*

\*Projected client contributions must be used to expand services; the funds cannot be used as match.

### APPENDIX D2 - FFY 2024 PROJECT BUDGET - PERSONNEL COST EXPLANATION

PROJECT NAME:

Hebron Outreach, Information, Assistance & Referral, and Social Support Services

Position	T-III NCAAA	ARPA NCAAA	Non-Fed	eral M	atch	Τ	Total	Explanation/Computation		
	Funds	Funds	Cash		In-Kind	1	Cost	(include salary and fringe benefit amount)		
Social Worker	19,282	19,282			9,640	\$	48,204	\$30.90/hr x 24hrs/wk x 52wks = \$38,563.20 + 25% fringe \$9,640.80 = \$48,204		
Senior Services Director/Data Collection				\$	12,503	\$	12,503	\$38.47/hr x 5hrs/wk x 52wks = \$10,002.20 + 25% fringe \$2,500.55 = \$12,502.75		
Program Coordinator				\$	8,171	\$	8,171	\$25.14/hr x 5hrs/wk x 52wks = \$6,536.40 + 25% fringe \$1,634.10 = \$8,170.50		
Receptionist/Clerical Support				\$_	4,875	\$	4,875	\$15/hr x 5hrs/wk x 52wks = \$3,900 + 25% fringe \$975 = \$4,875		
Finance Director				\$_	4,107	\$	4,107	\$63.19/hr x 1hr/wk x 52wks = \$3,285.88 + 25% fringe \$821.47 = \$4,107.35		
				-		\$	-			
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			· · · · · · · · · · · · · · · · · · ·			\$	-			
			<u> </u>	4		\$	-			
Total Personnel Costs	\$ 19,282	\$ 19,282	\$ -	\$	39,296	\$	77,860			

### APPENDIX D3 - FFY 2024 PROJECT BUDGET - EXPLANATION OF ALL OTHER COSTS

PROJECT NAME:

Hebron Outreach, Information, Assistance & Referral, and Social Support Services

Line	Cost Category	T-III NCAAA	ARPA NCAAA	Non-Fed	eral Ma	atch	Total	Explanation/Computation
tem		Funds	Funds	Cash	1	n-Kind	Cost	(include salary and fringe benefit amount)
1	Personnel	\$ 19,282	\$ 19,282	\$ -	\$	39,296	\$ 77,8	60 See attached Personnel Cost Explanation
_2	Rent						\$ .	
3	Travel				\$	583	\$ 5	83 33.3% of staff mileage
_4	Audīt				s	6,300	\$ 6,3	00 10% of Annual Audit
_5	Utilities				\$	2,972	\$ 2,9	72 33.3% of Electricity, Natural Gas, and Water
_6	Telephone				\$	876	\$ 8	33.3% of Senior Services Phones
7	Office Expense				\$	67	\$	67 33.3% of Office Equipment and Furnishings
8	Postage				\$	1,300	\$ 1,3	100 10% of Postage
9	Printing/Publication				\$	73	\$	73 33.3% of Copier Fees
10	Supplies				\$	508	\$ 5	08 33.3% of Office Supplies
11	Insurance						\$ -	-
12	Repairs/Maintenance						\$ -	-
13	Equipment						\$ .	
14	Contractual				<u>  \$ </u>	1,315	\$ 1,3	33.3% of HVAC Maintenance, Data Management System, Fire System, and Internet/Cable
	Other: Meetings/Conf/Dues/ProgDev			· · · · · · · · · · · · · · · · · · ·	\$	1,037		37 33.3% Meetings/Conferences, Dues & Program Development
-	Other: Total Costs	\$ 19,282	\$ 19,282		\$	54,327	\$ - \$ 92.8	

### APPENDIX D4 - FFY 2024 PROJECT BUDGET - NON - TITLE III RESOURCE SUMMARY

PROJECT NAME:	Hebron Outreach, Information, Assistance & Referral, and Social Support Services							
NON-FEDERAL CASH MATCH SOURCES								
Indicate how much of the non-federal CASH ma	atch listed in the project budget is from:							
	Amount	Specify source(s):						
Municipalities	\$ 54,327	Town of Hebron						
Fundraising								
Other								
Total Cash Match	\$ 54,327							
NON-FEDERAL IN-KIND MATCH SOURCES	Amount	List Source(s)						
	<del></del>							
Total In Kind Match	3 -							
OTHER FEDERAL RESOURCES								
(Include all other federal resources above and b	eyond Title III that support the total program.)							
		Specify source(s):						
		Title V						
Total Other Federal Resources	<u> </u>							
radii osta, radia radia os								
PROJECTED CLIENT CONTRIBUTIONS		Specify amount of suggestion donation per unit of service (if applicable)						
Estimated amount of client contribution	s <u>\$ -</u>	\$0.00 estimated client contributions  **Projected client contributions must be used to expand services; the funds cannot be used as match.						
		reducing another anti-property right and poor in advance on successive and present and property and property in						

### TOWN OF HEBRON BOARD OF SELECTMEN REGULAR MEETING MARCH 2, 2023

# APPROVE SENIOR CENTER NORTH CENTRAL AREA AGENCY ON AGING, INC. (NCAAA) HEBRON THERAPEUTIC ACTIVITY PROJECT GRANT APPLICATION

### **Proposed Motion:**

Move that the Hebron Board of Selectmen approve the grant application in the amount of \$15,600 with \$52,076 in-kind matching funds from the Senior Center budget, for the FFY 2024 North Central Area Agency on Aging, Inc. — Hebron Therapeutic Activity Grant; and that Town Manager Andrew J. Tierney be authorized to apply for, accept and receive this grant and to sign any necessary documents.

### NCAAA Grant Application Fiscal Year 2024 Application Due Date: March 17, 2023 Cover Sheet

Please refer to the Grant Instructions document for detailed information on answering the questions.

(1a) Federal EIN (Tax ID): 04600215 (1b) DUNS Number: 021806104

(2) Title of Project: Hebron Therspeutic Activity

(3) Name of Organization: Town of Hebron

(4) Address: 15 Giles of Street City: Hebron State: CT Zip code: 06248

(5) Authorized Official: Andrew J Tierney Title: Town Manager

Phone: 860 228-5971 Ext: 122 Email: atierney@hebronct.com

(6) Project Contact Person: Sharon M Garrard Title: Senior Services Director

Phone: 860 228-1700 Ext: 203 Email: Sgarrard@hebronct.com

(7) Type of Agency: Municipality

(8) Year Agency established: /708

(9) Is Applicant a Minority Provider? No Yes

(10) Grant Category: Title III-B Supportive Services & Senior Centers

Title III-D Evidence-Based Disease Prevention & Health Promotion

Title III-E National Family Caregiver (Grandparent) Support Program

ARPA American Rescue Plan Act

(11) Total amount of funding requested for funding period (10/1/2023 - 9/30/2024): \$ 15,600.00

(12) Priority Areas: If you are applying for a Grant under Title III-B, please mark (x) the area(s) under which your proposed service/program fits.

Access Services

Adult Day Care

Legal Services

Community Services

In-home Services

Community Education / Counseling

(13) Authorized Official Signature

Date



### I. Project Narrative

In the space provided, enter a narrative description of your proposed project that briefly addresses the following points: (a) the service(s) to be delivered, (b) the towns that will be served, (c) evidence of need for this service, (d) how your service(s) will support the mission of the NCAAA, (e) the estimated number of clients that will be served in the first 12 months, (f) the estimated number of service units to be provided in the first 12 months, and (g) how the service(s) will be evaluated.

- (a) Hebron Senior Services provides various evidence-based organized therapeutic activity programs offering proven ways to promote both physical and emotional health and prevent chronic diseases (including, but not limited to, osteoporosis, hypertension, obesity, diabetes, and cardiovascular disease). These programs have also been shown to help with weight loss/control, stress management, falls prevention, overall physical activity levels, and improved nutrition. Programs offered include, but are not limited to, EnhanceFitness, Stay Active & Independent for Life (SAIL), Tai Ji Quan: Moving for Better Balance, A Matter of Balance, and Live Well. We also offer yoga (all levels mat and chair), plus the Senior Center houses a fitness room equipped with various pieces of aerobic and hydraulic resistance machines
- (b) Services will be provided to Hebron residents
- (c) Hebron is a rural community with very limited options for older adults to engage in organized physical activity programs specifically designed for them. Group exercise programs led by professionals in a community setting, offer peer support, goal-setting, coaching, and feedback. Evidence-based strategies rooted in research and rigorous study of the effects/outcomes of specific interventions/models provide documented health benefits, demonstrate reliable and consistently positive changes in important health-related/functional measures, and ensure confidence that they work. Additionally, components for behavioral change and self-management are included. Participation can lower risk of chronic diseases and falls and can improve their long-term effects. In 2020 there were 2,277 Hebron residents age 60+ (23.8% of the total population) rising to 2,601 (29.6%) by 2025, and 2,612 (30.8%) by 2030. 75.6% of Hebron's older adults do some physical activity, with 59.8% meeting CDC guidelines for aerobic physical activity, however, only 31.4% meet CDC guidelines for muscle-strengthening activity. Unintentional falls are by far, the leading cause of injury hospitalizations in CT, accounting for over 3.5 times the number of injury hospitalizations when compared to the second leading cause. motor vehicle traffic crashes. Statewide, there were 6,018 fall hospitalizations in the 60+ population in 2020 including those caused by slipping/ tripping/stumbling, falling on stairs/steps, and getting in or out of bed or a chair. 130 of these falls resulted in death. 85% of all fall deaths in CT occur in the 60+ population and represent the leading cause of injury death in the 70+ population
- (d) NCAAA's mission is supported by providing individuals with quality, safe, and cost-effective proven therapeutic activity models to elicit positive physical, mental, and emotional changes and outcomes, reducing barriers to independence and enhancing quality of life
- (e) It is estimated that 40 clients will be served in the first 12 months of this project
- (f) It is estimated that 780 service units will be provided in the first 12 months of this project (g) All evidence-based therapeutic activity programs require baseline and periodic standardized physical/functional testing at various intervals to evaluate improvement. Testing includes, but is not limited to, are curl, timed up & go, chair stand, gait speed, balance testing (feet together, semi-tandem, and full-tandem), Medical Outcomes Study, and mini mental status evaluation

### II. Agency Mission, History and Structure

IIa. Please list the mission statement of your Agency.

Hebron's Senior Services will offer a responsive, evolving, broad range of services, activities, and supports, along with providing information, education, assistance, and referrals to link individuals with available resources. We recognize that older adults have diverse needs and interests, and desire the ability to engage in activities and services that reflect their experiences and skills, enhance their dignity, support their independence, and improve their quality of life

IIb. (If not a municipal agency), Please give a brief history of your agency and any changes in its mission statement or service focus over the lifespan of the agency.

- IIc. There are multiple Certifications and Assurances that need to be completed by your agency. These can be found in Appendices B1 to B5 on <a href="https://www.ncaaact.org/funding">https://www.ncaaact.org/funding</a>. Please see Grant Instructions for more information on these.
- Ild. There are other Organizational Documents that may need to be included with the application in Appendices A and Appendices C1 to C7. Please see Grant Instructions for more information.

### III. Description of Services to be Provided

IIIa. In the chart on the next page, please list: (1) the specific services (from NAPIS List – see Grant Instructions) that will be provided using NCAAA funds, (2) the service code for each service, (3) the projected number of units of each service that will be provided, and (4) the percent of the amount requested from NCAAA that will be allocated to each specific service.

### IIIa. Description of Services to be Provided

(1) Service name (from NAPIS list)	(2) Service code from NAPIS list	(3) Projected number of service units to be provided	(4) Percent of requested funds allocated to this service
Therapeutic Activity	377	780	100.00
	A cold did to the boundaries of the boundaries o	-maily person are unit and a second or the unit resolvent that all the Angula Chancel Scientists and Andrew Sandaria and a second or the unit resolvent to	a and analogic firm through an in the description and an article description and an article description and an
			er general selban i i i i i i i i i i i i i i i i i i i
Total (column 4 – should equal 100%)			100.00

Capitol Region	Central Region	Farmington Valley Region		Hockanum Valley Region
Bloomfield	Berlin	Avon		Andover
East Hartford	Bristol	Canton		Bolton
East Windsor	Burlington	East Granby		Ellington
Glastonbury	New Britain	Farmington		Enfield
Hartford	Plainville	Hartland		Hebron
Manchester	Plymouth	Granby		Mariborough
Newington	Southington	Simsbury		Somers
Rocky Hill		Suffield		Stafford
South Windsor				Tolland
West Hartford				Vernon
Wethersfield				
Windsor	en e			
Windsor Locks				

Illc. Describe the specific location(s) the service will be provided within the community(ies) listed above if it is a place-based service.

Services will be provided at the Russell Mercier Senior Center

IIId. Describe the frequency of service provision.

Services will be provide Mondays through Thursdays for 8AM to 4:30PM and Fridays from 8AM to 1PM

Ille. In narrative form, present supporting evidence suggesting the need for the proposed services in the targeted town(s).

Older adults should engage in moderate exercise and strength training each week, however, many fall short of this recommendation. The best exercise for seniors to prevent health problems that often come with age and stay independent, are aerobic activity and muscle-strengthening. Fun, evidence-based therapeutic activity classes keep older adults active improving strength, mobility, flexibility, and balance for enhanced overall physical health and better functioning in daily activities. Participation may also result in better mental health, reduce stress, improve memory/cognition, increase self-esteem, and improve quality of life

lllf. Discuss how potential clients will be solicited for the proposed service(s) including any advertising/marketing plans

To facilitate optimal awareness of therapeutic activity services, we proactively utilize our monthly newsletter, community newspapers/fliers, peer/neighbor/family identification, visits to senior housing sites, public speaking, social media posts, Voice/Email/Text Connect messages, database check-in mass/personalized notifications, networking with/referrals from Town departments/businesses/health care providers/social support services/faith and lay organizations

IIIg. Describe how your agency will make it a priority to serve minority older adults, American Indian or Alaskan Native, Black or African American, Hispanic, or Latino, Asian, Native Hawaiian, other Pacific Islanders, or other underserved older adults in your community.

97.2% of Hebron's older adults are Caucasian with 2.8% minority. In July 2020 the Hebron Coalition on Diversity and Equity (CoDE) was formed and in September 2020 the Board of Selectmen supported forming a Racial Justice & Equity Steering Committee exploring racial barriers. Along with these groups, we work with the Town Planner regarding developing an Affordable Housing Plan. Working cooperatively, we strive to continually enhance multicultural knowledge, sensitivity, equality and competency, along with promoting the skills, abilities, and attitudes to build an inclusive community

IIIh. In the chart on page 7 insert the service codes (from previous chart IIIa) that you are providing and the anticipated number of clients you expect to serve from each of the demographic groupings (see Grant Instructions).

IIIh. Chart of demographic characteristics of anticipated clients for each service.

Service Code	Total Clients	Low Income	Near Poverty	Minority	Low Income Minority	Rural	With severe disabilities	Risk of Institutionalization	With limited English Proficiency	Alzheimer's o Related Disorders
377	40	20	13	1	1	40	1	1	1	2
	<b>.</b>	· · · · · · · · · · · · · · · · · · ·							<u> </u>	
		*dulnumlarner-en-men	ALL CONTRACTOR OF THE PARTY OF				]		<u></u>	
	hadd-old weballel newllab and femage.				www.comerchanterterrenomenshed a rather tem					

IIIi. If your Agency has delivered these services before, describe any trends in service usage over the last three years.

A new study from the Journal of Medicine found that seniors are ramping up activity in the aftermath of the pandemic. As Hebron's older adult population has increased, so has the demand for quality health-related programming. Providing various evidence-based therapeutic activities with proven results, along with offering a safe, convenient location, and cost effective classes at convenient days/times, has resulted in increased usage and sustained attendance

IIIj. Describe your process for requesting and collecting donations for the services provided.

All publicity regarding therapeutic activity state that funding is provided by NCAAA through the Federal Older Americans Act, further stating that contributions/donations are welcome and will be used exclusively to expand services. It is emphasized that individuals are under no obligation to provide contributions, that contributions are purely voluntary, and services provided to individuals will not be adversely affected in any way due to contributions not being made

### IV. Description of Staff Providing Services

IVa. On the chart on the next page, fill in requested information for all individuals, both paid and volunteers, who will be working on the project, including the fiscal manager and individual(s) providing data collection/management information activities. (see Grant Instructions)

### IVa. Description of Staff Providing Services

(see instructions above)

(see instructions above)										
Title	Status; (Staff[S] or Volunteer [V])	Hours per week working on project	g	roup? Africa	(Yes, No an Americ	). If yes, in	dicate t ic or La icific Is	hnic minority ype: Black or ttino, Asian, lander Hawaiian/Pacific Islander	Is person age 60 or older? Yes No	Does this person have pertinent license or certification? Yes No N/A
Fiscul Manager	Staff	1	0	•					Yes	Yes
Data Collection Manager	Staff	3	0	<b>()</b>					Yes	Yes
Program Coordinator	Staff	6	0	•					No	Yes
Activity Instructor	Staff	6	0	•					Yes	Yes
Activity Instructor	Staff	3	0	<b>①</b>					Yes	Yes
Activity Instructor	Staff	3	0	•					No	Yes
Social Worker	Staff	3	0	•					No	Yes
Receptionist/Clerical Support	Staff	6	0	<b>①</b>					Yes	N/A
	Status		0	0					No	N/A
	Status		0	0					No	N/A
	Status		O	0					No	N/A
	Status		$\circ$	0					No	N/A

IVb. Describe how your Agency supervises and/or maintains quality control regarding services delivered.

All therapeutic activity instructors must be ACE, ACSM, or AFAA certified along with being

CPR/AED/First Aid certified. Additionally, all evidence-based therapeutic activity programs require the administration of baseline and periodic standardized physical and functional testing at various intervals to evaluate improvement

IVc. Describe your grievance process for clients who feel they have been denied service because of discrimination.

A grievance would initially be received by the Senior Services Director. Within 15 calendar days after receipt, the Senior Services Director and the complainant would meet to discuss the grievance and possible resolution. If not satisfactorily resolved, the grievance would be referred to Hebron's Commission on Aging within 15 calendar days. If still not resolved, the grievance would be referred to NCAAA/State Unit on Aging within 15 calendar days

- V. Evaluation of Services (See grant instructions for further discussion of items in this section)
  - Va. Discuss the desired impact that your service(s) will have on the targeted individual(s) quality of life. Hebron is witnessing a growth in its older adult population, especially those age 60+ which is a testament to the increase in longevity. A longer life brings with it opportunities, yet the extent of opportunities depends heavily on one factor: health. Hebron is rural with minimal fitness options for seniors. Our evidence-based therapeutic activities are aimed at enhancing and maintaining physical, mental, and emotional health along with independence and optimal quality of life
  - Vb. Describe your client satisfaction data collection process.

Evidence-based therapeutic activity programs utilize baseline pre-testing of various physical measures, testing at various intervals, and post-testing at the conclusion of a session. These measurements, along with additional satisfaction and goal attainment scaling, and behavioral surveys, measure perception of overall self-reported general physical, mental, and emotional health, which are all factored into evaluating satisfaction and outcomes

Vc. If the proposed service(s) has previously been delivered, summarize in narrative form your previous satisfaction data (no more than the past two years).

As improvement in the ability to perform various activities increases, so does satisfaction. 71.5% of participants showed significant improvement in their post-testing scores on physical measures and self-reported general health. 92% of participant are comprised of those re-enrolling and 97% state that they would recommend the program to a family member or a friend

Vd. Please briefly describe any other measures that you are currently using to examine changes in the client's psychological or physical functioning.

Questions related to ADLs and IADLs are reviewed in addition to, when appropriate, referral to Hebron's Adult & Senior Services Social Worker. The referral may include administration of the Geriatric Depression Scale and/or mini mental status evaluation when indicated

### VI. Sustainability

VIa. How many years has your Agency received NCAAA financial support for this service?

12

VIb. Does your agency have any formal (written Memorandums of Understanding or Agreement) or informal arrangements(understandings that have not been written) with other agencies regarding sharing resources to expand service capacity? If yes, please list in the table below the names of these agencies, their location, and the content areas (e.g., share transport, referral exchanges, etc.) of these arrangements.

Formal Agreements (Memora	andums of Understanding (MOL	's) or Agreement (MOA's)
Name of agency	Location: city/town	Content areas
None		
***************************************		
Mark the territorial control and the territorial control a		
Informal Agreements (unwrit	tten "understandings")	
Name of agency	City	Content areas
None		

VIc. Beyond the relationships described in the table above, are you currently engaged in any discussion or planning with other programs or municipalities to share resources or services? If yes, describe. If no, write "none."

We collaborate with the Healthy Living Collective and Chatham Health District to deliver Tai Ji Quan: Moving for Better Balance, A Matter of Balance, LGBT Movable Senior Center initiative, Aging Mastery Program, and Live Well. These programs are available at various Senior Centers, offering in-person, virtual, and hybrid programming. Virtual options provide accessibility to all without respect to geography, allowing participation by Hebron residents through other locations

VId. Identify any self-sustainability plans for the proposed service including fundraising and fee-for-service efforts.

Through the Department of Aging & Disability Services State Unit on Aging CT Senior Center Project: CARES Act Funding Opportunity, we were able to acquire various pieces of aerobic equipment for our fitness room. All therapeutic activity instructors are Town of Hebron employees and all current programs offered have the potential for being sustained through a fee-for-service structure

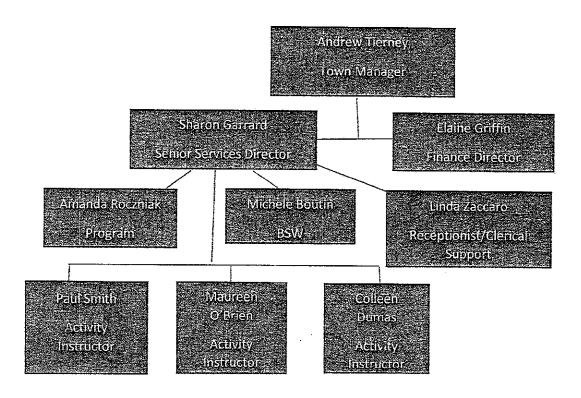
### VII. Budget - Answer the two questions below and then complete the budget spreadsheets in Appendices D1 - D4

VIIa. Total amount of funding requested from NCAAA for funding period (10/1/2023 - 9/30/2024); \$ 15,600.00

VIIb. Estimated cost per unit of service considering funds requested from NCAAA and *all other* sources of funding (or resources) that will be used to support the proposed service (fill in chart below). See Grant Instructions for more details.

(1)	(2)	(3)	(4)	(5)	(6)
Service code	Projected number of service units to be provided	Dollars requested from NCAAA for this service	Dollars <u>from other</u> <u>sources</u> that will be directed to this service	Total dollars for service (sum of col. 3 & 4)	Cost per unit of service (Col. 5 divided by col. 2)
377	780	\$ 15,600.00	\$ 0.00	\$ 15,600.00	20
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
	**************************************			\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN

### **Hebron Therapeutic Activity Project Staff Organization Chart**



### Appendix B1 - Certification of Non-Federal Match for Title III Project

### CERTIFICATION OF NON-FEDERAL MATCH FOR TITLE III PROJECT

This is to certify that I (as an individual) or my agency/organization (as specified below) will provide the following cash and/or in-kind resources for the support of the project entitled:

nebron Therapeutic Activity		
for the period beginning 10/1/23	and ending 9/20/24	

Cost Category	Cash Amount	In Kind Value	Source
Personnel		37,190	Town of Hebron
Audit/Postage/Printing & Publications		7,673	Town of Hebron
Utilities/Phone		3,848	Town of Hebron
Travel/Office Exp/Supplies		1,013	Town of Hebron
Contractual		1,315	Town of Hebron
Meetings/Conf/Dues/Prog Dev		1,037	Town of Hebron
TOTAL		52,076	

The above cash and in-kind resources <u>do not</u> come from Federal funds (except as may be allowed via the use of Community Development Block Grants and/or General Revenue Sharing monies), and they are not used to match any other Federal project.

Signed:		Date:
Name:	Andrew J Tierney	**************************************
Title:	Town Manager	
Agency:	Town of Hebron	AND

### APPENDIX D1 - FFY 2024 PROJECT BUDGET - SUMMARY PAGE

PROJECT NAME:

Hebron Therapeutic Activity

Line	Cost Category	T-III NCAAA		Category T-III NCAAA ARPA NCAAA		A NCAAA	Non-Fede	ral M	atch	<del>                                     </del>	Total
Item			Funds		Funds	Cash	1	in Kind	Pn	oject Cost	
1	Personnel	\$	7,800	\$	7,800	\$ -	\$	37,190	\$	52,790	
2	Rent	\$		S	_	\$ -	\$		s		
3	Travel	\$	-	\$	-	\$ _	s	438	s	438	
4	Audit	\$	-	\$	_	\$ _	\$	6,300	\$	6,300	
5	Utilities	\$	-	\$	-	\$ -	\$	2,972	s	2,972	
6	Telephone	\$		\$		\$ -	\$	876	\$	876	
7	Office Expense	\$		\$	_	\$ _	\$	67	\$	67	
8	Postage	\$	-	\$	-	\$ -	\$	1,300	S	1,300	
9	Printing/Publication	s	-	\$	_	\$ <del>-</del>	\$	73	S	73	
10	Supplies	\$	-	63		\$ _	s	508	\$	508	
11	Insurance	\$		\$	-	\$ _	\$	-	\$	-	
12	Repairs/Maintenance	\$		<b>\$</b>	-	\$ -	S	_	\$	-	
13	Equipment	\$	ı	\$	-	\$ -	\$	_	\$	_	
14	Contractual	<b> </b> \$		\$	-	\$ -	\$	1,315	\$	1,315	
15	Other: Meetings/Conf/Dues/Prog Dev	\$		\$	-	\$ 	\$	1,037	\$	1,037	
16	Other:	\$	_	\$	-	\$ -	\$	-	\$		
	Total Cost	s	7,800	\$	7,800	\$ _	\$	52,076	s	67,676	

Projected Client Contributions\*\*

\$ 1,000

\*Projected client contributions must be used to expand services; the funds cannot be used as match.

### APPENDIX D2 - FFY 2024 PROJECT BUDGET - PERSONNEL COST EXPLANATION

PROJECT NAME:

Hebron Therapeutic Activity

Position	T-III NCAAA	ARPA NCAAA	Non-Fed	eral Match		Total	Explanation/Computation
	Funds	Funds	Cash	In-Kind		Cost	(include salary and fringe benefit amount)
Activity Instructor	3,900	3,900		1,95	) s	9,750	\$25/hr x 6hrs/wk x 52wks = \$7,800 + 25% fringe \$1,950 = \$9,750
Activity Instructor	\$ 1,950	\$ 1,950		\$ 975	\$	4,875	\$25/hr x 3hrs/wk x 52wks = \$3,900 + 25% fringe \$975 = \$4,875
Activity Instructor	1,950	1,950		\$ 975	\$		\$25/hr x 3hrs/wk x 52wks = 3,900 + 25% fringe \$975 = \$4,875
Senior Services Director/Data Collection				\$ 7,502	\$		\$38.47/hr x 3hrs/wk x 52wks = \$6,001.32 + 25% fringe \$1,500.33 = \$7,501.65
Program Coordinator				\$ 9,805	\$	9,805	\$25.14/hr x 6/hrs/wk x 52wks = \$7,843.68 + 25% fringe \$1,960.92 = \$9,804.60
Social Worker				\$ 6,026	\$	6,026	\$30.90/hr x 3hrs/wk x 52wks = \$4,820.40 + 25% fringe \$1,205.10 = \$6,025.50
Receptionist/Clerical Support				\$ 5,850	\$	5,850	\$15/hr x 6hrs/wk x 52wks = \$4,680 + 25% fringe \$1,170 = \$5,850
Finance Director				\$ 4,107	\$	4,107	\$63.19/hr x 1hr/wk x 52wks = \$3,285.88 + 25% fringe \$821.47 = \$4,107.35
					\$	**	•
				İ	\$	_	
					\$		
					\$	-	
					\$	-	
					\$		
					s	<u> </u>	
					\$	-	
Total Personnel Costs	\$ 7,800	\$ 7,800	s -	\$ 37,190	\$	52,790	

### APPENDIX D3 - FFY 2024 PROJECT BUDGET - EXPLANATION OF ALL OTHER COSTS

PROJECT NAME:

Hebron Therapeutic Activity

Line	Cost Category	T-III NCAAA	ARPA NCAA	Non-F	ederal M	atch	Т	Total	Explanation/Computation
ltem		Funds	Funds	Cash		In-Kind	1	Cost	(include salary and fringe benefit amount)
1	Personnel	\$ 7,800	\$ 7,80	0 \$	- \$	37,190	\$	52,790	See attached Personnel Cost Explanation
2	Rent						\$	_	
3	Travel				\$	438	\$	438	15% of staff mileage
4	Audit				s	6,300	\$	6,300	10% of Annual Audit
5	Utilities				<u></u>	2,972	\$	2,972	33.3% of Electricity, Natural Gas, and Water
6	Telephone			_	\$	876	\$	876	33.3% of Senior Services Phones
7	Office Expense				\$	67	\$	67	33.3% of Office Equipment and Furnishings
8	Postage				\$	1,300	\$	1,300	10% of Postage
9	Printing/Publication				\\$	73	\$	73	33.3% of Copier Fees
10	Supplies				\$_	508	\$	508	33.3% of Office Supplies
11	Insurance					,	\$		.,,
12	Repairs/Maintenance						\$		
13	Equipment						\$	<u>-</u> .	
14	Contractual			is a second	\$	1,315	\$	1,315	33.3% of HVAC Maintenance, Data Management System, Fire System, and Internet/Cable
	Other: Meetings/Conf/Dues/ProgDev Other:				<u> \$</u>	1,037	\$ S	1,037	33.3% Meetings/Conferences, Dues & Program Development
- :-	Total Costs	\$ 7,800	\$ 7.80	) \$ .	- \$	52,076	_	67,676	

### APPENDIX D4 - FFY 2024 PROJECT BUDGET - NON - TITLE III RESOURCE SUMMARY PROJECT NAME: Hebron Therapeutic Activity NON-FEDERAL CASH MATCH SOURCES Indicate how much of the non-federal CASH match listed in the project budget is from: Amount Specify source(s): Municipalities \$ 52,076 Town of Hebron Fundraising Other Total Cash Match 52,076 NON-FEDERAL IN-KIND MATCH SOURCES Amount List Source(s) Total In Kind Match OTHER FEDERAL RESOURCES (include all other federal resources above and beyond Title III that support the total program.) Specify source(s): Title V Total Other Federal Resources

#### PROJECTED CLIENT CONTRIBUTIONS

Specify amount of suggestion donation per unit of service (if applicable)

Estimated amount of client contributions \$ 1,600

Suggested Donation of \$2 per class

<sup>\*\*</sup>Projected client contributions must be used to expand services; the funds cannot be used as match.

### TOWN OF HEBRON BOARD OF SELECTMEN REGULAR MEETING MARCH 2, 2023

### APPROVE SENIOR CENTER NORTH CENTRAL AREA AGENCY ON AGING, INC. (NCAAA) HEBRON TRANSPORTATION PROJECT GRANT APPLICATION

### **Proposed Motion:**

Move that the Hebron Board of Selectmen approve the grant application in the amount of \$42,308 with \$76,187 in-kind matching funds from the Hebron van budget, for the FFY 2024 North Central Area Agency on Aging, Inc. – Hebron Transportation Project Grant; and that Town Manager Andrew J. Tierney be authorized to apply for, accept and receive this grant and to sign any necessary documents.

### NCAAA Grant Application Fiscal Year 2024 Application Due Date: March 17, 2023 Cover Sheet

Please refer to the Grant Instructions document for detailed information on answering the questions.

(1a) Federal EIN (Tax ID): 06602015 (1b) DUNS Number: 021806104

(2) Title of Project: Hebron Transportation

(3) Name of Organization: Town of Hebron

(4) Address: 15 Gilesd Street City: Hebron State: C7 Zip code: 06248

(5) Authorized Official: Andrew J Tierney Title: Town Manager

Phone: 860 228-5971 Ext: 122 Email: 2 tierney @ hebronet.com

(6) Project Contact Person: Sharon M Garrard Title: Senior Services Director
Phone: 860228-1700 Ext: 203 Email: Sgarrard@hebronct.com

(7) Type of Agency: Municipality

(8) Year Agency established: /708

(9) Is Applicant a Minority Provider? No Yes

(10) Grant Category: Title III-B Supportive Services & Senior Centers

Title III-D Evidence-Based Disease Prevention & Health Promotion

Title III-E National Family Caregiver (Grandparent) Support Program

ARPA American Rescue Plan Act

(11) Total amount of funding requested for funding period (10/1/2023 – 9/30/2024): \$ 42.308.00

(12) Priority Areas: If you are applying for a Grant under Title III-B, please mark (x) the area(s) under which your proposed service/program fits.

Access Services

Adult Day Care

Legal Services Community Services

In-home Services Community Education / Counseling

(13) Authorized Official Signature

Date



### I. Project Narrative

In the space provided, enter a narrative description of your proposed project that briefly addresses the following points: (a) the service(s) to be delivered, (b) the towns that will be served, (c) evidence of need for this service, (d) how your service(s) will support the mission of the NCAAA, (e) the estimated number of clients that will be served in the first 12 months, (f) the estimated number of service units to be provided in the first 12 months, and (g) how the service(s) will be evaluated.

- (a) Hebron Senior Services will provide on-demand door-to-door handicapped accessible transportation within a 35 town radius for medical appointments, to/from the Senior Center (which houses our Community Cafe and our Adult & Senior Services Social Worker), grocery shopping, Mobile Foodshare, Food Bank (Hebron Interfaith Human Services), group clinics/health screenings, social events/destinations, and other personal needs
- (b) Services will be provided to Hebron residents
- (c) Those in rural areas such as Hebron are particularly affected by the lack of transportation options. Hebron is not services by public transportation such as CT Transit or ADA Paratransit, or private vendors. Seniors are outliving their ability to drive safely by an average of 7 to 10 years and must be able to plan for those years of "driving retirement". This is particularly true of those 80+. According to the CT State Data Center, in 2020 there were 2,277 individuals age 60+ residing in Hebron with 280 age 80+. By 2025, it is projected that there will be 2,601 individuals age 60+ with 410 age 80+. This 80+ cohort is anticipated to increase to 469 by 2030, to 559 by 2035, and to 564 by 2040. Successful community living requires access to medical and other essential services. Hebron seniors, as compared to the state average, are less likely to get annual physical exams and check-ups. While the health impact of reduced access to needed medical services is obvious (unscheduled/missed appointments, emergency hospital visits/911 calls, lack of continual care, etc.), social isolation due to lack of transportation can have an equally negative effect on mental health. While family is often a primary support for transportation needs, older adults who live long distances from family or need frequent rides (e.g., physical therapy, chemo or radiation therapy, renal dialysis, etc.) depend on more formal services such as Dial-a-Ride to meet their needs. Additionally, of note is the fact that many service providers, and individuals themselves, delayed care during the height of the COVID-19 pandemic, resulting in demand now being significantly increased. As a result, 50% of requested funding is from Title III-B, and 50% is from ARPA
- (d) NCAAA's Mission will be supported by Hebron's Transportation services which address the importance for older adults to remain mobile by providing the resources needed to keep their social independence with family and friends, reduce feelings of isolation and loneliness, and engage in other life prolonging activities (medical care, access to food, etc.), all of which impact quality of life and the ability to successfully age in place
- (e) It is anticipated that 75 clients will be served in the first 12 months of this project
- (f) It is anticipated that 1,200 service units will be provide in the first 12 months of this project
- (g) Services will be evaluated based on our ability to accommodate requested rides and to minimize any denial of trips. Requested destinations will also be evaluated to assess if any necessary service area modifications need to be made beyond our current 35 town radius

### II. Agency Mission, History and Structure

IIa. Please list the mission statement of your Agency.

Hebron's Senior Services will offer a responsive, evolving, broad range of services, activities, and supports, along with providing information, education, assistance, and referrals to link individuals with available resources. We recognize that older adults have diverse needs and interests, and desire the ability to engage in activities and services that reflect their experiences and skills, enhance their dignity, support their independence, and improve their quality of life

IIb. (If not a municipal agency), Please give a brief history of your agency and any changes in its mission statement or service focus over the lifespan of the agency.

- Ilc. There are multiple Certifications and Assurances that need to be completed by your agency. These can be found in Appendices B1 to B5 on <a href="https://www.ncaaact.org/funding">https://www.ncaaact.org/funding</a>. Please see Grant Instructions for more information on these.
- Ild. There are other Organizational Documents that may need to be included with the application in Appendices A and Appendices C1 to C7. Please see Grant Instructions for more information.

### III. Description of Services to be Provided

IIIa. In the chart on the next page, please list: (1) the specific services (from NAPIS List – see Grant Instructions) that will be provided using NCAAA funds, (2) the service code for each service, (3) the projected number of units of each service that will be provided, and (4) the percent of the amount requested from NCAAA that will be allocated to each specific service.

### IIIa. Description of Services to be Provided

(1) Service name (from NAPIS list)	(2) Service code from NAPIS list	(3) Projected number of service units to be provided	(4) Percent of requested funds allocated to this service
Transportation	477	1,200	100.00
			and the second of the second o
		Anapolina aya ganga a anapina ga tin dagaga tin a a a a a a a a a a a a a a a a a a a	
	Principles of the state of the		
	**************************************		
otal (column 4 – should equal 100%)			100.00

Capitol Region	Central Region	er land in the lan	Farmington Valley Region		Hockanum Valley Region	
Bloomfield	Berlin		Avon		Andover	
East Hartford	Bristol		Canton		Bolton	
East Windsor	Burlington		East Granby		Ellington	
Glastonbury	New Britain		Farmington		Enfield	
Hartford	Plainville		Hartland	V	Hebron	
Manchester	Plymouth		Granby		Mariborough	
Newington	Southington		Simsbury		Somers	
Rocky Hill			Suffield		Stafford	
South Windsor					Tolland	
West Hartford					Vernon	
Wethersfield					rgersjon (er folgetiede verweiste) filst weistere eine fils Norgelferen omsen date dat filmen under eine fils	
Windsor						
Windsor Locks		1 1 1 1				

IIIc. Describe the specific location(s) the service will be provided within the community(ies) listed above if it is a place-based service.

All reservations and dispatching is conducted through Hebron's Senior Center

IIId. Describe the frequency of service provision.

Service is available Mondays through Fridays from 8AM to 4:30PM

IIIe. In narrative form, present supporting evidence suggesting the need for the proposed services in the targeted town(s).

The vast majority of older adults (nearly 90% according to AARP) choose to age in place in their homes and communities. Accessible, reliable, affordable transportation services are critical for enabling them to live independently, especially in rural towns such as Hebron where there are a minimal number of healthcare providers, personal needs providers (e.g., hairdressers, barbers, etc.), shopping options, etc. and no access to other means of public or private transportation services

IIIf. Discuss how potential clients will be solicited for the proposed service(s) including any advertising/marketing plans

To facilitate optimal awareness of transportation services, we proactively utilize our monthly newsletter, community newspapers/fliers, peer/neighbor/family identification, visits to senior housing sites, public speaking, social media posts, Voice/Email/Text Connect messages, database check-in mass/personalized notifications, networking with/referrals from Town departments/businesses/health care providers/social support services/faith and lay organizations

IIIg. Describe how your agency will make it a priority to serve minority older adults, American Indian or Alaskan Native, Black or African American, Hispanic, or Latino, Asian, Native Hawaiian, other Pacific Islanders, or other underserved older adults in your community.

97.2% of Hebron's older adults are Caucasian with 2.8% minority. In July 2020 the Hebron Coalition on Diversity and Equity (CoDE) was formed and in September 2020 the Board of Selectmen supported forming a Racial Justice & Equity Steering Committee exploring racial barriers. Along with these groups, we work with the Town Planner regarding developing an Affordable Housing Plan. Working cooperatively, we strive to continually enhance multicultural knowledge, sensitivity, equality and competency, along with promoting the skills, abilities, and attitudes to build an inclusive community

IIIh. In the chart on page 7 insert the service codes (from previous chart IIIa) that you are providing and the anticipated number of clients you expect to serve from each of the demographic groupings (see Grant Instructions).

IIIh. Chart of demographic characteristics of anticipated clients for each service.

Service Cade	Total Clients	Low Income	Near Poverty	Minority	Low Income Minority	Rural	With severe	Risk of Institutionalization	With limited English Proficiency	Alzheimer's or Related Disorders
477	75	40	10	1	0	75	10	8	1	5
					MINISTER CONTRACTOR CO					
		<del></del>	A-100-100-100-100-100-100-100-100-100-10							
		**************************************		434 4 manufet 4 v part is 4444483, 2013 3 v 136/21444		Total Debias was bolistic And making a discharge		d de data ha Education III quantum properties and a second properties are a second properties are a second properties and a second properties are a se		malphate proper a sector to the Annual Sharing Management and the sector of the sector
						Additional to the control of the con	***************************************			
	v 434	188-241 <sup>-2-2</sup> 7-2-2-180-2	- Anthritis - Anth							The state of the s
					- <del>C-1000 for the first continues and C</del> onstant the second the seco				інк <del>а таканда</del> мереке	<del>, , , , , , , , , , , , , , , , , , , </del>

IIIi. If your Agency has delivered these services before, describe any trends in service usage over the last three years.

Hebron's age 60+ population is growing from 23.8% of the total population in 2020 to a projected 29.6% in 2025, 30.8% by 2030, and 31.7% by 2035. In particular the 80+ cohort most affected by the need for transportation services was 12.3% of those 60+ in 2020 and is projected to be 15.8% by 2025, 18% by 2030, and 21.5% by 2035. Having received numerous request for transports to Bloomfield, Norwich, and Windsor, those destinations were added to our service area

IIIj. Describe your process for requesting and collecting donations for the services provided.

All publicity regarding transportation services state that funding is provided by NCAAA through the Federal Older Americans Act, further stating that contributions/donations are welcome and will be used exclusively to expand services. It is emphasized that individuals are under no obligation to provide contributions, that contributions are purely voluntary, and services provided to individuals will not be adversely affected in any way due to a contribution not being made

### IV. Description of Staff Providing Services

IVa. On the chart on the next page, fill in requested information for all individuals, both paid and volunteers, who will be working on the project, including the fiscal manager and individual(s) providing data collection/management information activities. (see Grant Instructions)

Νo

No

N/A

N/A

#### IVa. Description of Staff Providing Services

Status

Status

(see instructions above) Is person a member of a racial or ethnic minority Does this group? (Yes, No). If yes, indicate type: Black or person have African American, Hispanie or Latino, Asian, pertinent Hours per Is person age Status: Hawaiian or other Pacific Islander license or week 60 or older? certification? working African Hispanic or (Staff [S] or Hawaiian/Pacific Title Volunteer [V]) on project Yes No American Latino Asian Islander Yes No N/A No Yes 1 **(** Yes Fiscal Manager Staff Yes **(•)** 5 **Data Collection Manager** Staff Yes Yes **(** 5 Νo Program Coordinator Staff Yes **()** Dial-a-Ride Driver Staff 18 Yes Yes (•) Dial-a-Ride Driver 9 Yes Yes **(•)** Dial-a-Ride Driver 9 Staff Yes Yes **(•)** Dial-a-Ride Driver 9 Staff Yes Yes **(•)** Social Worker Staff 5 No Yes **(•)** Receptionist/Clerical Support 5 Yes Staff N/A **(** 3 Mechanic Staff Yes No

IVb. Describe how your Agency supervises and/or maintains quality control regarding services delivered. All Dial-a-Ride Drivers must maintain a CDL license with a Passenger Endorsement and are subject to random drug testing. All vehicles undergo a daily safety inspection and must meet all safety requirements. Routine maintenance is performed by our Town mechanic. Should we have to deny any transport due to our inability to accommodate a request, a log is maintained that includes specifying the reason for trip denial

IVc. Describe your grievance process for clients who feel they have been denied service because of discrimination.

A grievance would initially be received by the Senior Services Director. Within 15 calendar days after receipt, the Senior Services Director and the complainant would meet to discuss the grievance and possible resolution. If not satisfactorily resolved, the grievance would be referred to Hebron's Commission on Aging within 15 calendar days. If still not resolved, the grievance would be referred to NCAAA/State Unit on Aging within 15 calendar days

- V. Evaluation of Services (See grant instructions for further discussion of items in this section)
  - Va. Discuss the desired impact that your service(s) will have on the targeted individual(s) quality of life. Hebron's door-to-door on-demand transportation services provide a safe, accessible, convenient, and affordable option for all older adults and removes barriers that impact health and well-being and affect quality of life. Challenges to transportation can be experienced even by those continuing to drive due to physical challenges such as visual and mobility impairments, along with anxiety that cause them to reduce the scope of their driving. Dial-a-Ride addresses this need
  - Vb. Describe your client satisfaction data collection process.

Senior Services staff handle all matters related to transportation including trip requests and reservations, providing a direct opportunity to solicit and evaluate client satisfaction. Our Dial-a-Ride Drivers are experienced and sensitive to working with older and disabled adults and serve as our eyes and ears regarding situations of concern. If a requested ride cannot be accommodated, we work directly with the client's service provider in order to reschedule for a date and time that our service can accommodate in order to assure that needs are met

Vc. If the proposed service(s) has previously been delivered, summarize in narrative form your previous satisfaction data (no more than the past two years).

Satisfaction is measured both from the Dial-a-Ride users' personal experiences and the expected quality that they desire from the service. Dial-a-Ride users have been highly satisfied with ease of making appointments, timeliness of pick-ups, Driver performance, condition of vehicles, and broad service area. Satisfaction is also measured by our ability to accommodate trip requests

Vd. Please briefly describe any other measures that you are currently using to examine changes in the client's psychological or physical functioning.

Drivers become quite familiar with regular riders and the status of their physical, mental, cognitive, and emotional conditions. With the drivers being part of the Senior Services staff, any changes in an individual's circumstances are readily reported to the appropriate staff member. ADLs and IADLs can then be reviewed in addition to, when appropriate, administration of the Geriatric Depression Scale and/or mini mental status evaluation

### VI. Sustainability

VIa. How many years has your Agency received NCAAA financial support for this service?

20

VIb. Does your agency have any formal (written Memorandums of Understanding or Agreement) or informal arrangements (understandings that have not been written) with other agencies regarding sharing resources to expand service capacity? If yes, please list in the table below the names of these agencies, their location, and the content areas (e.g., share transport, referral exchanges, etc.) of these arrangements.

Formal Agreements (Memora	andums of Understanding (MOU	l's) or Agreement (MOA's)
Name of agency	Location: city/town	Content areas
None		
Informal Agreements (unwrit		
Name of agency	City	Content areas
None		
	-	
nig 4 vermen vilan kalalalalalalalalalalalalalalalalalalal		

VIc. Beyond the relationships described in the table above, are you currently engaged in any discussion or planning with other programs or municipalities to share resources or services? If yes, describe. If no, write "none."

Marlborough Senior Services operates Dial-a-Ride transportation services. Should we or they have an unexpected situation such as a vehicle breakdown, sudden driver illness, etc., we work cooperatively to assure that riders are serviced. Additionally, Colebrook Village Assisted Living in Hebron provides transportation to their residents, and again, we work cooperatively on behalf of their residents in need of services to fill any gaps

VId. Identify any self-sustainability plans for the proposed service including fundraising and fee-for-service efforts.

Municipal funding is provided for operation of our Dial-a-Ride program. Additionally, through DOT/CRCOG we apply for and receive the maximum allowable amount from the State Matching Grant for Elderly and Disabled Demand Responsive Transportation (aka, Matching Grant Program). All vehicles are procured through the Federal Transit Administration's Enhanced Mobility of Seniors and Individuals with Disabilities Section 5310 Grant

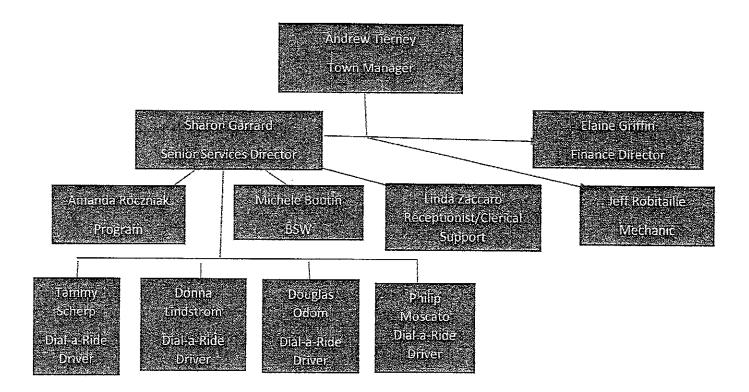
### VII. Budget - Answer the two questions below and then complete the budget spreadsheets in Appendices DI - D4

VIIa. Total amount of funding requested from NCAAA for funding period (10/1/2023 - 9/30/2024): \$

VIIb. Estimated cost per unit of service considering funds requested from NCAAA and all other sources of funding (or resources) that will be used to support the proposed service (fill in chart below). See Grant Instructions for more details.

(1)	(2)	(3)	(4)	(5)	(6)
Service code	Projected number of service units to be provided	Dollars requested from NCAAA for this service	Dollars <u>from other</u> <u>sources</u> that will be directed to this service	Total dollars for service (sum of col. 3 & 4)	Cost per unit of service (Col. 5 divided by col. 2)
477	1,200	\$ 42,308.00		\$ 42,308.00	35.25666666666667
		****		\$ 0.00	NaN
والمراجع وا				\$ 0.00	NaN
	The State of the Control of the Cont			\$ 0.00	NaN
dana and refer black on the contract of the co				\$ 0.00	NaN
	A CONTRACTOR OF THE PROPERTY O			\$ 0.00	NaN
				\$ 0.00	NaN
non-polantinopono-consistent territori centro con la plantido de la consistencia de la consistencia de la cons	Martine & Alliania and Alliania			\$ 0.00	NaN
maannin valleedd a mallaidd daillididaid daillif a danni a chabaell ddia	· · · · · · · · · · · · · · · · · · ·			\$ 0.00	NaN
<u> </u>				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN
				\$ 0.00	NaN

### **Hebron Transportation Project Staff Organization Chart**



### Appendix B1 - Certification of Non-Federal Match for Title III Project

### CERTIFICATION OF NON-FEDERAL MATCH FOR TITLE III PROJECT

This is to certify that I (as an individual) or my agency/organization (as specified below) will provide the following cash and/or in-kind resources for the support of the project entitled:

He	ebron	Transp	ortation
----	-------	--------	----------

for the period beginning 10/1/23	and ending 9/30/24

Cost Category	Cash Amount	In Kind Value	Source
Personnel		56,995	Town of Hebron
Audit/Postage/Printing/Publications		7,673	Town of Hebron
Utilities/Phone		4,208	Town of Hebron
Travel/Office Exp/Supplies		1,013	Town of Hebron
Contractual/Ins/Repairs & Maint		3,125	Town of Hebron
Gas/Parking/DMV/Phys Exams		2,136	Town of Hebron
Meetings/Conf/Dues/Prog Dev		1,037	Town of Hebron
TOTAL		76,187	

The above cash and in-kind resources do not come from Federal funds (except as may be allowed via the use of Community Development Block Grants and/or General Revenue Sharing monies), and they are not used to match any other Federal project.

Signed:		Date:
Name:	Andrew J Tierney	
Title:	Town Manager	<del></del>
Agency:	Town of Hebron	na-kanal managan dan dan dan dan dan dan dan dan dan d
	** · · · · · · · · · · · · · · · · · ·	

### APPENDIX D1 - FFY 2024 PROJECT BUDGET - SUMMARY PAGE

PROJECT NAME:

Hebron Transportation

Line	Cost Category		III NCAAA	AR	PA NCAAA	Non-Fede	ral N	/latch		Total
Item			Funds		Funds	Cash		In Kind	₽r	oject Cost
1	Personnel	\$	21,154	\$	21,154	\$ -	s	56,995	\$	99,303
2	Rent	\$	-	\$	-	\$ 	\$	-	\$	-
3	Travel	\$	-	\$		\$ -	\$	438	\$	438
4	Audit	\$		\$		\$ -	S	6,300	\$	6,300
5	Utilities	\$	-	\$	+ "	\$ -	\$	2,972	s	2,972
6	Telephone	\$	-	\$	-	\$ _	\$	1,236	\$	1,236
7	Office Expense	5		\$	-	\$ _	\$	67	\$	67
8	Postage	s	-	\$9	_	\$ 	\$	1,300	\$	1,300
9	Printing/Publication	\$		\$		\$ -	\$	73	\$	73
10	Supplies	\$	-	\$		\$ 	\$	508	\$	508
11	Insurance	\$	-	<b>\$</b> \$	_	\$ -	\$	810	\$	810
12	Repairs/Maintenance	\$	-	\$		\$ 	\$	1,000	\$	1,000
13	Equipment (gasoline)	\$		\$	-	\$ •	\$	1,958	\$	1,958
14	Contractual	\$	-	<b>\$</b> \$	-	\$ -	\$	1,315	\$	1,315
15	Other: Parking/DMV/Phys Exams	\$	_	\$	_	\$ _	\$	178	\$	178
16	Other: Meetings/Conf/Dues/ProgDev	<b> </b> \$		\$	-	\$ -	S	1,037	\$	1,037
	Total Cost	\$	21,154	\$	21,154	\$	\$	76,187	\$	118,495

Projected Client Contributions\*\*

\*Projected client contributions must be used to expand services; the funds cannot be used as match.

### APPENDIX D2 - FFY 2024 PROJECT BUDGET - PERSONNEL COST EXPLANATION

PROJECT NAME:

Hebron Transportation

Position	T-III NCAAA	ARPA NCAAA	Non-Fede	rai Match		Total		Explanation/Computation		
	Funds	Funds	Cash	ln-Ki	ind		Cost	(include salary and fringe benefit amount)		
Dial-a-Ride Driver	8,518	8,518			4,258	\$	21,294	\$18.20/hr x 18hrs/wk x 52wks = \$17,035.20 + 25% fringe \$4,258.80 = \$21,294		
Dial-a-Ride Driver	\$ 4,212	\$ 4,212		\$ :	2,106	\$	10,530	\$18/hr x 9hrs/wk x 52wks = \$8,424 + 25% fringe \$2,106 = \$10,530		
Dial-a-Ride Driver	4,212	4,212		\$ :	2,106	\$		\$18/hr x 9hrs/wk x 52wks = \$8,424 + 25% fringe \$2,106 = \$10,530		
Dial-a-Ride Driver	\$ 4,212	\$ 4,212		\$ :	2,106	\$		\$18/hr x 9hrs/wk x 52wks = \$8,424 + 25% fringe \$2,106 = \$10,530		
Senior Services Director/Data Collection				\$ 1:	2,503	\$		\$38.47/hr x 5hrs/wk x 52wks = \$10,002.20 + 25% fringe \$2,500.55 = \$12,502.75		
Program Coordinator		-		\$ 8	8,171	\$	8,171	\$25.14/hr x 5hrs/wk x 52wks = \$6,536.40 + 25% fringe \$1,634.10 = \$8,170.50		
Social Worker				\$ 10	0,043	\$	10,043	\$30.90/hr x 5hrs/wk x 52wks = \$8,034 + 25% fringe \$2,008.50 = \$10,042.50		
Receptionist/Clerical Support				\$ 4	4,875	\$	4,875	\$15/hr x 5hrs/wk x 52wks = \$3,900 + 25% fringe \$975 = \$4,875		
Mechanic				<b>s</b>	6,720	\$		\$34.46/hr x 3hrs/wk x 52wks = \$5,375.76 + 25% fringe \$1,343.94 = \$6,719.70		
Finance Director				Ls 4	4,107	\$		\$63.19/hr x 1hr/wk x 52wks = \$3,285.88 + 25% fringe \$821.47 = \$4,107.35		
						\$				
						\$	_			
						\$	_			
						\$				
1-01						\$				
						\$				
Total Personnel Costs	\$ 21,154	\$ 21,154	\$ -	\$ 56	6,995	\$	99,303			

### APPENDIX D3 - FFY 2024 PROJECT BUDGET - EXPLANATION OF ALL OTHER COSTS

PROJECT NAME:

Hebron Transportation

ine Cost Category		T-III NCAAA	ARPA NCAAA		Non-Federal Match			atch	Total		Explanation/Computation
em.		Funds	لتبا	Funds		Cash		n-Kind	<u> </u>	Cost	(include salary and fringe benefit amount)
1	Personnel	\$ 21,154	\$	21,154	\$	-	s	56,995	\$	99,303	See attached Personnel Cost Explanation
2	Rent					<del></del> .			\$		
3	Travel					<del></del>	s	438	\$	438	15% of staff mileage
4	Audit				ļ		\$	6,300	\$	6,300	10% of Annual Audit
5	Utilities			-			\$	2,972	\$	2,972	33.3% of Electricity, Natural Gas, and Water
6	Telephone				<u> </u>		s	1,236	\$	1,236	50% of vehicle cell phones + 33.3% of Senior Services phones
_ 7	Office Expense		ļ				s	67	\$	67	33.3% of Office Equipment and Furnishings
8	Postage						\$	1,300	\$	1,300	10% of Postage
9	Printing/Publication						\$	73	\$	73	33.3% of Copier Fees
10	Supplies						\$	<u>5</u> 08	\$	508	33.3% of Office Supplies
11	Insurance						<u> </u> \$	810	\$	810	50% of Vehicle Insurance
12	Repairs/Maintenance				_		\$	1,000	S	1,000	50% of Vehicle Repairs/Maintenance
13	Equipment (gasoline)						s	1,958	s	1,958	50% of gasoline for Dial-a-Ride vehicles
14	Contractual						s	1,315	\$	1,315	33.3% of HVAC Maintenance, Data Management System, Fire System, and Internet/Cable
15	Other, Parking/DMV/Phys Exams	****					<u>  \$</u>	178	\$	178	50% Parking/DMV licensing/Physical Exams Fees
16	Other: Meetings/Conf/Dues/ProgDev						\$	1,037	\$	1,037	33.3% Meetings/Conferences, Dues & Program Development
ŀ	Total Costs	\$ 21,154	s	21,154	8	_	s	76,187	4	118,495	

### APPENDIX D4 - FFY 2024 PROJECT BUDGET - NON - TITLE III RESOURCE SUMMARY

PROJECT NAME:	Hebron Transportation	
NON-FEDERAL CASH MATCH SOURCES		
Indicate how much of the non-federal CASH ma	tch listed in the project budget is from:	
	Amount	Specify source(s):
Municipalities	\$ 76,187	Town of Hebron
Fundraising		
Other		
Total Cash Match	<u>\$ 76,187</u>	
NON-FEDERAL IN-KIND MATCH SOURCES	Amount	List Source(s)
Total In Kind Match	<u>s - </u>	
OTHER FEDERAL RESOURCES		
(Include all other federal resources above and be	eyond Title III that support the total program.)	
		Specify source(s):
		Title V
Total Other Federal Resources	<u> </u>	
PROJECTED CLIENT CONTRIBUTIONS		Specify amount of suggestion donation per unit of service (if applicable)
Estimated amount of client contributions	s_\$ 1,170	\$0.00 to \$5 per one-way trip dependent upon distance  **Projected client contributions must be used to expand services; the funds cannot be used as match.

### TOWN OF HEBRON BOARD OF SELECTMEN REGULAR MEETING MARCH 2, 2023

### **AHM BUDGET**

Attached is the proposed AHM Budget for FY 2023-2024 with Hebron's share at \$296,552 which will be incorporated into the Town budget.

Proposed Motion:

Move that the Hebron Board of Selectmen endorse and support the Town of Hebron's share of the AHM FY 2023-2024 budget in the amount of \$296,552 and approve its inclusion in the Town Budget.

### Municipal YSB Formula

					RHAM High	RHAM Middle
	Andover	Hebron	Marlborough	Totals	823	379
Pre-K-12					<del>-</del> 2	
Enrollment as of						
OCT 2022	419	1320	921	2,660	TG called sch	ools on 12/16
	15.75%	49.62%	34.62%	100%		
2021 CERC Town					-	
Profile	3,203	9,512	6,368	19,083		
•	16.78%	49.85%	33.37%	100%		
The state of the s						
Combined Avg.	16.27%	49.73%	34.00%	100.00%	_	
FY 23/24	97,002	296,552	202,713	596,268	-	
FY 22/23	93,406	285,558	195,198	574,163		3.85%
FY 21/22	89,104	272,571	191,202	552,877		Constitution of the Consti
Change:						
FY 23/24 Increase	3,596	10,994	7,515	22,105		
FY 22/23 Increase	4,302	12,987	3,996	21,286		

### AHM YOUTH & FAMILY SERVICES FY 2023-2024 PROPOSED BUDGET VS FY 2023-2024

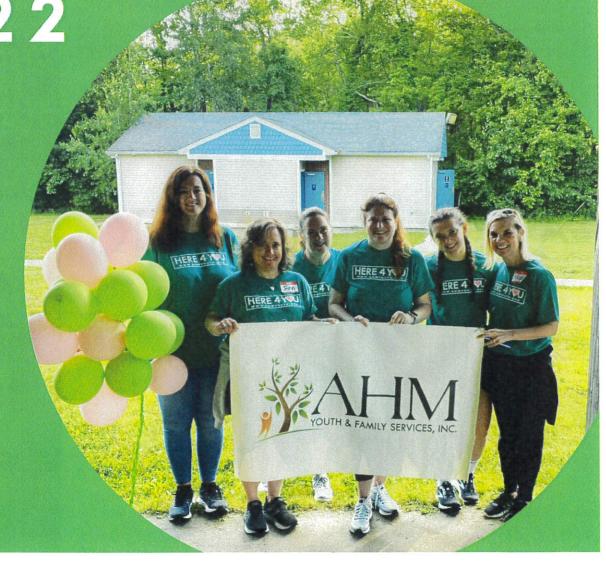
	FY 23-24	FY 22-23	
ACCOUNT	INCOME	INCOME	Variance
4000 · Federated Campaigns	2,500	2,500	(=)
4100 · Fundraising Events	18	-	-
4120 · Fall - Auction & Concert	10,000	10,000	-
4130 · Winter - Holiday Auction	9,000	9,000	N (#)
4140 · Spring - Annual Appeal	53,000	53,000	
4150 · Summer - Golf Tourn.	26,500	26,500	-
4160 · Fundraising Events	12,900	12,900	(i=)
4400 · Government Grants	1-	-	(4)
4440 · Local	2,000	2,000	52
4450 · State	180,462	170,850	9,612
4460 · Federal	125,000	125,000	72
4500 · Coporate/Foundations/Individual	-	-	_
4510 · Corporate	3,000	3,000	1.71
4520 · Donor Advised Funds	0.5	4,000	(4,000)
4525 · Faith Based	7,450	7,450	1000 A
4530 · Foundations/Trust	7,000	106,074	(99,074)
4540 · Individual	14,650	14,650	1=
4550 · Legacy/Bequest	(m)	-	1-
4560 · Non-profit	15,950	15,950	(III)
4570 · Small Business	1,000	1,000	-
4700 · Program Service Revenue	-	-	-
4710 · Program Revenue	407,740	170,082	237,658
4720 · Local Service Contracts	910,179	906,651	3,528
Andover	97,002	92,179	4,823
Hebron	296,552	281,349	15,204
Marlborough	202,713	193,171	9,542
4730 · State Service Contracts	-	-	8700 69 <b>4</b> 8
4740 · Federal Service Contracts	(7)	-	-
4800 · Investment Income	-	-	
4810 · Interest/Dividends	41,088	35,589	5,499
TOTAL INCOME	1,829,419	1,676,196	153,223

	FY 23-24	FY 22-23	
ACCOUNT	EXPENSE	EXPENSE	Variance
5100 · Personnel	-	-	-
5110 · Salaries/Wages	1,214,644	1,108,832	105,811
5111 · COLA/Increases	60,732	33,265	27,467
5120 · FICA - Medicare/Soc. Sec.	92,920	84,826	8,095
5130 · CT - Unemployment	8,500	11,255	(2,755)
5200 · Fringe Benefits	5,000	,	(2),337
	1.7		
5210 · Health Insurance	94,000	64,556	29,444
5215 · HSA Contributions	11,245	6,700	4,545
5220 · Dental Insurance	-	-	-
5230 · STD/LTD Disability Ins.	6,500	6,537	(37)
5240 · Workers' Comp Ins.	5,500	5,501	(1)
5250 · 401K - Match	34,000	31,303	2,697
5260 · 401K - Discretionary	25,000	20,862	4,138
6000 · Professional/Contractual	-	-	=
6010 · Investment Mgt.	15,000	15,002	(2)
6020 · Accounting	15,000	12,001	2,999
6030 · Legal	2,000	1,000	1,000
6040 · Contractor Services	67,939	122,866	(54,927)
6100 · Advertising/Promotion	2,350	2,985	(635)
6200 · Office Expense	-		5
6210 · Program Supplies	45,000	40,133	4,867
6220 · Office Supplies	5,000	3,500	1,500
6230 · Telephone	2,533	1,884	649
6240 · Postage/Shipping	1,400	1,017	383
6250 · Equipment Rental	2,500	3,150	(650)
6255 · Printing	2,145	1,732	412
6260 · Bank Fees 6270 · Credit Card Processing	1,532	1,532	- (0)
6275 · Awards/Recognition	3,000 3,000	3,000	(0) (0)
6280 · Recruiting/Pre-Employment	2,000	2,000	(0)
6300 · Technology	2,000	2,000	
6310 · Tech. Gen	21,643	18,264	3,379
6320 · Hardware	1,500	1,500	3,373
6330 · Tech Support	9,000	8,851	149
6400 · Occupancy			
6410 · Utilities	13,015	14,001	(986)
6420 · Maintenance & Repairs	14,000	13,201	799
6430 · Property Insurance	4,700	4,600	100
6500 · Travel	- 1	2	-
6510 · Airfare	2,500	1,400	1,100
6520 · Lodging	5,500	4,253	1,247
6530 · Mileage	500	600	(100)
6540 · Per Diem	1,000	1,080	(80)
6550 · Ground Transportation 6600 · Professional Development	1,500 9,000	1,700 5,665	(200) 3,335
5900 · Insurance	- 3,000	-	-
5910 · Liability Ins.	12,058	3,636	8,421
5920 · D&O Ins.	2,886	2,222	664
6930 · Prof. Liability Ins.	2,637	2,400 250	237 50
5940 · Auto Ins.			

Operating Expenses 163,438.72 139,558.75 23,879.97 17



# ANNUAL REPORT 2022



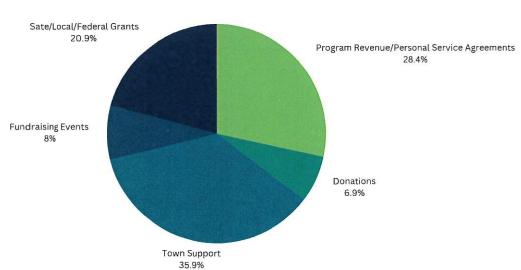
# THANK YOU!

The Staff and Board at AHM would like to take this opportunity to express our gratitude for the community members who have supported our organization this year. It is because of YOU that AHM was able to offer more programming, more therapeutic support, and more prevention education than ever before. Although the Covid-19 pandemic and it's negative effects continue to impact our region, we at AHM began to offer more in-person opportunities for engagement this year, which was amazing. AHM continues to focus our efforts on providing youth and families with Mental Health supports through our outpatient clinical program, our School Student Support services at all schools in the towns we serve, as well as outreach through our HERE 4 YOU campaign. AHM's Family Resource Center is thriving as we continue offer families with young children playgroups, the KinderRHAMa preschool program as well as parent education and child assessment services. This year, we have successfully opened our doors to residents of all ages for Positive Community Development programs such as theater instruction and Health Matters classes which continues to bring our community members together through offering instruction from art lessons to cooking. Lastly, we continue to look for ways to educate our residents around prevention topics such as substance abuse and suicide, through offering training and workshop opportunities and community engagement events. The AHM staff is honored to serve our four towns and looks forward to continuing to offer quality and innovative programming to meet the needs of our youth and families.

### TRESSA GIORDANO

**Executive Director** 

## AHM FUNDING

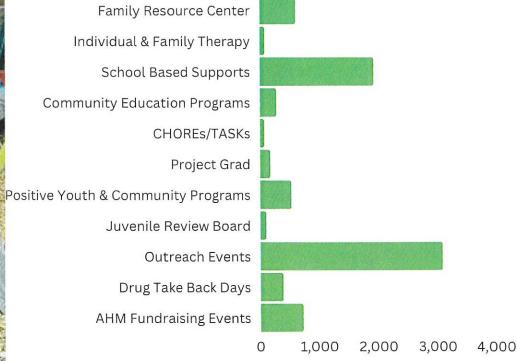






# CONNECTIONS

The following is a snapshot of some of AHM's programs and services offered in 2021.



In 2021, AHM served over <u>5,000</u> residents in person and received over <u>32,000</u> views on our YouTube video channel!

### **AHM Board of Directors 2021-2022**

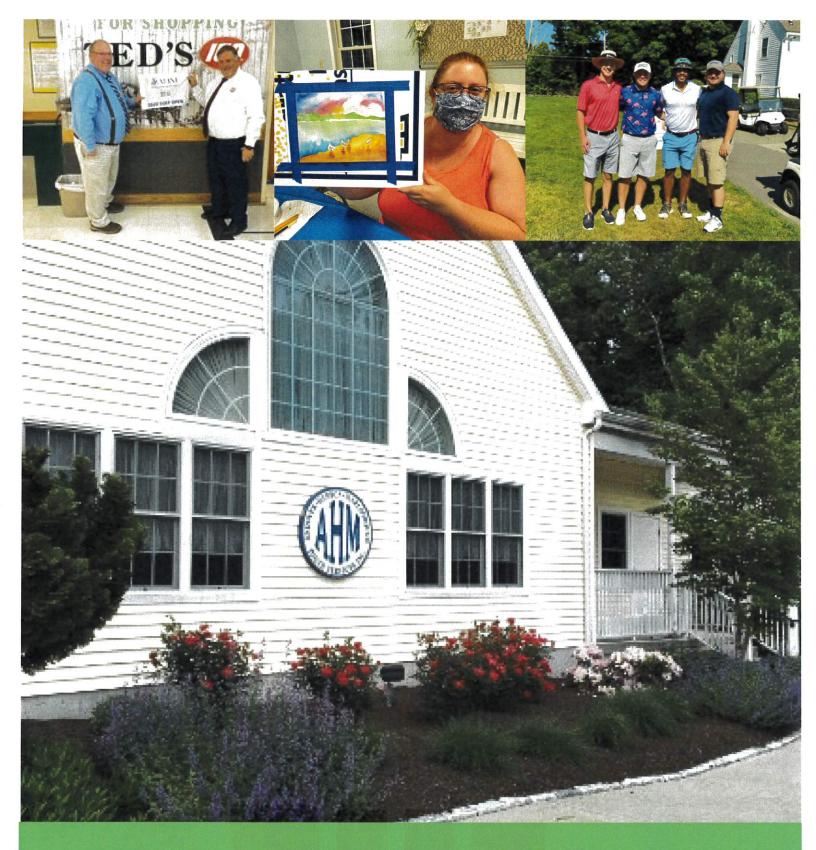
President: Steve Fish Vice President: Sara Tarca Treasurer: Brendan Shea

Recording Secretary/Corresponding Secretary: Joleen Yorio

**Directors:** Paulette Adams, Brenda Bula, John Gasper, Kristen Kania, Maryanne Leichter, Denise Morell, Gayle Mulligan, Allyson Schmeizl, Edward Skopas, William

Sudol, Marica Tecca Member at Large: Kay Corl

Immediate Past President: Pete Yorio Youth Director: Christina Leshak











For more information about AHM's programs and services go to our website: ahmyouth.org

#### MISSION STATEMENT

The Board of Selectmen, acting as stewards of the Town and agents of the people, will provide services that promote safety; an affordable healthy living environment; and through effective land use and town resources, an economic base that creates jobs and tax assistance to the community while preserving our rural historic character.

### TOWN OF HEBRON BOARD OF SELECTMEN REGULAR MEETING (VIRTUAL)

#### **Board of Selectmen Regular Meeting**

March 16, 2023, 7:00 PM (America/New York)

Please join my meeting from your computer, tablet or smartphone.

https://meet.goto.com/866299853

You can also dial in using your phone.

Access Code: 866-299-853

United States: +1 (408) 650-3123

Get the app now and be ready when your first meeting starts:

https://meet.goto.com/install

### Thursday, March 16, 2023

7:00 p.m.

### **AGENDA**

Time Guideline

7:00 p.m. 1. CALL TO ORDER

7:00 p.m. 2. PLEDGE OF ALLEGIANCE

7:02 p.m. 3. ADDITIONS AND CHANGES TO THE AGENDA

### 7:35 p.m. 4. PUBLIC COMMENT

This section of the agenda is reserved for persons in attendance who wish to briefly address the Board. The Board requests that comments be limited to three minutes or less. Persons wishing to comment should type "comment" and your name in the chat box and you will be recognized.

### 7:40 p.m. 5. APPOINTMENTS AND RESIGNATIONS

a) Economic Development Commission Appointment

### 7:45 p.m. 6. TOWN MANAGER'S REPORT

- a) Recent Activities
- b) Correspondence
- c) Town Manager Updates

### 7:55 p.m. 7. OLD BUSINESS

- a) American Rescue Plan State and Local Recovery Funds Update
- b) Public Works Building Project Next Steps
- c) Charter Revision Discussion \*\*\*
- d) Any Other Old Business

### 8:15 p.m. 8. NEW BUSINESS

- a) Approve Mandated Reporter Policy for Parks & Recreation
- b) Parks and Recreation Park Policies Update
- Approve Revenue Recovery Service Agreement with Certified Ambulance Group
- d) Draft Agenda for April 6, 2023 Meeting
- e) Any Other New Business

### 8:35 p.m. 9. CONSENT AGENDA

Consent agenda items are considered to be routine in nature, which the Board may not need to discuss individually and may be voted on as a group. Any board member who wishes to discuss a particular item in this section may request the Chair to remove it for later discussion and a separate vote if necessary.

### a) APPROVAL OF MINUTES

9.a.1 March 2, 2023 - Regular Meeting

### b) TAX REFUNDS

### 8:40 p.m. 10. LIAISON REPORTS

- a) AHM Youth Services
- b) Hebron BOE Gail Richmond
- c) Board of Finance Peter Kasper
- d) Land Acquisition Tiffany Thiele
- e) RHAM BOE Marc Rubera
- f) Parks & Recreation Commission Peter Kasper
- g) Economic Development Commission Tiffany Thiele
- h) Hebron Historic Properties Commission Dan Larson
- i) Commission on Aging/Senior Center Gail Richmond
- j) Fire Department Dan Larson
- k) WPCA Andrew Tierney/Kevin Kelly
- I) Green Committee Tiffany Thiele
- m) Douglas Library Board of Trustees Gail Richmond

### 8:50 p.m. 11. PUBLIC COMMENT

### 8:55 p.m. 12. ANTICIPATED EXECUTIVE SESSION

a) Town Manager Annual Evaluation

### 9:30 p.m. 13. ADJOURNMENT

<sup>\*\*\*</sup> No need for discussion or action at this time

### TOWN OF HEBRON BOARD OF SELECTMEN REGULAR MEETING MARCH 2, 2023

### **CONSENT AGENDA**

### Proposed Motion:

Move that the Board of Selectmen approve the following Consent Agenda items and motions contained therein as if individually adopted:

### a) APPROVAL OF MINUTES

9.a.1 January 19, 2023 – Regular Meeting 9.a.2 February 16, 2023 – Regular Meeting

### b) APPROVAL OF TAX REFUNDS

9.b.1 Timothy Cruse

\$17.56

### TOWN OF HEBRON BOARD OF SELECTMEN Regular Meeting (Virtual)

Regular Meeting (Virtual) Thursday, January 19, 2023 - 7:00 PM RECEIVED

HEBRON TOWN CLERY

#### **MINUTES**

### ATTENDENCE:

Board of Selectmen (Present): Daniel Larson (Chair), Gail Richmond (Vice Chair, joined at 7:35 p.m.), Tiffany Thiele, Peter Kasper, Marc Rubera (joined at 7:27 p.m.)

Public Building Committee: Mal Leichter, Richard Steiner

Staff Present: Donna Lanza, Dori Wolf

Guests: Community Voice Channel, Terry McManus, Kathy Williams, Adam Thiele, Dan Seremet, Diane DelRosso, Lilli Rhodes

- 1. Call to Order
- 2. Pledge of Allegiance
  - D. Larson called the meeting to order at 7:00 p.m. and led the Pledge of Allegiance.
- 3. Additions and Changes to Agenda None.
- 4. Public Comment

None.

- 5. Appointments and Resignations
  - A. Planning and Zoning Resignation

Motion by D. Larson that the Hebron Board of Selectmen accept the resignation of Eric Lindquist from the Hebron Planning and Zoning Commission with regret and thanks for his service. Further, that the Selectmen designate Friday, January 27, 2023 as the posting date for the vacancy notice. The 35<sup>th</sup> and final day by which nominations shall be received is Friday, March 3, 2023. The motion passed (3-0).

B. Parks and Recreation Commission Appointment

Motion by D. Larson that the Hebron Board of Selectmen appoint Adam Thiele as a regular member of the Parks and Recreation Commission for a term to run until December 2026.

# Regular Meeting (Virtual) Thursday, January 19, 2023 - 7:00 PM

Discussion: D. Larson introduced Adam Thiele, who reiterated his desire to join the Commission and stated he has already attended several meetings. T. Thiele noted Adam is her husband.

# The motion passed (3-0).

P. Kasper noted multiple people had expressed interest in joining the Parks and Rec Commission, and encouraged all interested individuals to check Hebron's other boards and commissions, as there are often openings. D. Lanza stated that information can be found on the Town's website, under "Contact Us" then "Volunteer Opportunities".

# 6. Town Manager's Report

# A. Recent Activities

- D. Lanza noted the office has been very busy. Budget and CIP processes have begun.
- A. Tierney had a project update meeting with key staff this week.

# B. Correspondence

Items (included in the agenda) covered the monthly police report, as well as a letter of congratulations to Sue Hushin on her recent retirement.

#### 7. Old Business

# A. ARPA Funds Update

D. Lanza shared an updated copy of the Town's approved ARPA projects, noting items previously marked "pending attorney review" had been reviewed and deemed ARPA eligible. The BoS agreed to discuss only Round 2 projects with estimated costs, and to put aside discussion on those with cost estimates TBD. They also agreed to remove the line item for "Support for Local Small Businesses," which they had previously agreed upon. Projects were discussed as follows:

# 1. The Town Center Project Storage Shed

D. Lanza read a letter from TTCP President Holly Habicht, summarizing the group's need for storage facilities (chiefly for the Adirondack chairs and snowfolk installations). They are requesting funds to receive a shed from Country Carpenters, to include the structure as well as necessary site work, noting this would also support a local business. P. Kasper wondered if there were less expensive alternatives to the proposed structure. D. Lanza stated consideration of building style would be a factor depending on the location of the shed, as Planning and Zoning may require their approval. The BoS agreed to keep the item on the list, while seeking more input from Planning and Zoning.

#### 2. Peters House

# TOWN OF HEBRON BOARD OF SELECTMEN Regular Meeting (Virtual) Thursday, January 19, 2023 - 7:00 PM

Project costs are listed as TBD. P. Kasper noted he would like to see a financial report indicating how much has been spent on the Peters House to date. G. Richmond agreed that would be valuable information in determining the course forward.

# 3. CoDE Request: Implicit Bias Training

The request is for \$5,000, which would cover four training sessions (of 25 people per session) for town employees and elected officials. The BoS supports the project and training for town staff, and discussed whether this type of training should be funded by ARPA or the regular budget, as well as how that training should be conducted (virtually vs. in-person). The BoS approved the item, with all members voting in favor.

Dlarsm Woth Mose proved BoS approved.

# 4. Hebron Historical Society

D. Larson noted the initial request was \$25,000, which D. Lanza stated was initiated by the Town on the Society's behalf, and was intended to cover exterior painting and possibly address moisture issues in the basement. That amount has already been approved by the BoS. The Historical Society has submitted additional requests for \$125,000 (to add restrooms and handicap accessibility at the Old Town Hall building) and \$100,000 (for cemetery repairs and maintenance.) The BoS considered the items separately, and agreed they need more information about projected costs for adding an addition at OTH. That item was moved to TBD. The BoS approved the second request for \$100,000, with all members voting in favor, and discussed the importance of ongoing maintenance for these town assets.

Motion by G. Richmond to move forward with the request for \$100,000 from the Hebron Historical Society. The motion passed (4-0).

#### 5. Gull School Roof

A request for \$20,000 to repair the roof of the Gull School was discussed. Three estimates were received, with the BoS recommending the town move forward with the lowest bid.

Motion by D. Larson to move forward with the expenditure of \$20,000 for the roof replacement and award the roof repair and replacement contract to Thomas Archambault Building & Remodeling for \$19,825. The motion passed (4-0).

#### 6. Police Accreditation

# TOWN OF HEBRON BOARD OF SELECTMEN Regular Moeting (Virtual)

Regular Meeting (Virtual) Thursday, January 19, 2023 - 7:00 PM

Motion by D. Larson to approve the expenditure out of ARPA funds for \$28,000 for the police department accreditation process for the services as received from Daigle Law Group LLC. The motion passed (5-0).

The rest of the ARPA funds discussion was tabled in the interest of time.

# B. PW Building Project

D. Larson introduced R. Steiner and M. Leichter of the Public Building Committee. They are drafting a document outlining the pros and cons of each alternative option, with more detailed explanations. That document is expected to be received by the BoS next week. D. Larson noted many committees in town are requesting and sharing information, and urged members to include town staff in those exchanges, so all parties have all relevant information. M. Leichter then offered updates on other PBC projects. A proposal for expanding the firehouse bay, which would allow the department to reasonably store both ambulances, has been received. The proposal includes all design and engineering work, as well as site testing. The PBC has sent that proposal to the BoS, with their recommendation to move forward. A mandatory walkthrough for AHM's HVAC project was held last week, with bids due on February 1. The library re-roofing project RFP has been sent out, with an addendum upcoming this week. Those bids are also due February 1. R. Steiner reported on the facilities analysis project. A walkthrough of town buildings was conducted with potential bidders. M. Leichter stated the AHM HVAC project is slated to occur between the end the of heating season and beginning of the cooling season. The roofing project is targeted for completion in late May or early June, pending a contract being signed by late February. The firehouse addition could be completed this summer.

#### C. Charter Revision

The BoS discussed the merits of opening a Charter Revision Commission, as the town is required to review the Charter every five years. D. Lanza indicated the BoS must consider the matter, but is not required to form a commission if they determine a revision is not warranted. G. Richmond stated the last revision was extremely thorough, and she does not feel a revision committee is necessary at this time. T. Thiele would like to discuss bifurcation in regards to budgeting, but agreed that discussion could occur at a later time. The BoS agreed.

#### 8. New Business

A. Award Bid for Sale of Used Roll Off Truck

Regular Meeting (Virtual) Thursday, January 19, 2023 - 7:00 PM

Motion by D. Larson that the Hebron Board of Selectmen accept the bid in the amount of \$24,500 and award the sale of the 2005 Kenworth truck as is to Fowler's Auto Wrecking, Inc. of East Hampton, Connecticut, and authorize Andrew J. Tierney, Town Manager, to sign documents necessary for the sale and transfer. The motion passed (5-0).

B. Approve Revised Job Description: Assistant Town Clerk

Motion by D. Larson that the Hebron Board of Selectmen approve the revised job description for the Assistant Town Clerk as presented. The motion passed (5-0).

# C. Draft Agenda for February 2, 2023 Meeting

D. Larson requested members forward additional items to Town Hall for next month's agenda. Continued charter revision discussion will be included, and conducted after budget season.

# 9. Consent Agenda

Motion by D. Larson that the Board of Selectmen approve the following consent agenda items and motions contained therein as if individually adopted:

# A. Approval of Minutes

1. January 5, 2023 - Regular Meeting

#### B. Tax Refunds

- 1. Devin Hanelius \$19.94
- 2. Nicholas Wallick \$98.05
- 3. Derrick Hanelius \$67.14
- 4. Timothy Carrier \$314.53
- 5. Erick Dwelley \$27.52

The motion passed 4-0, with G. Richmond abstaining.

# 10. Liaison Reports

P. Kasper updated on Parks and Rec Commission activities; potential dog park locations are under discussion, and new programs have been launched. Recommendations for pickleball and skatepark locations are expected. M. Rubera reported a mock active shooter event has been scheduled for April vacation at RHAM, and will include fire department, EMS, and police personnel. D. Larson stated the Hebron Historic Properties met recently and discussed

# TOWN OF HEBRON BOARD OF SELECTMEN Regular Meeting (Virtual)

Thursday, January 19, 2023 - 7:00 PM

possible buildings on the McCorrison property. He also noted T. Thiele will be the BoS liaison to the RHAM Strategic Planning Committee.

#### 11. Public Comment

None.

# 12. Executive Session

Tabled to next meeting.

# 13. Adjournment

Motion by G. Richmond that the Board of Selectmen adjourn at 9:03 pm.

Respectfully submitted, Hannah Walcott (Board Clerk)

# TOWN OF HEBRON BOARD OF SELECTMEN Regular Meeting (Virtual) Thursday, February 16, 2023 - 7:00 PM

RECEIVED

2023 FEB 21 A 8: 42

HEBRON TOWN CLERK

#### **MINUTES**

#### ATTENDENCE:

Board of Selectmen (Present): Daniel Larson (Chair), Gail Richmond (Vice-Chair), Tiffany Thiele, Peter Kasper, Marc Rubera

Public Building Committee: Mal Leichter, Richard Steiner

Staff Present: Andy Tierney (Town Manager), Donna Lanza, Dori Wolf, Matthew Bordeaux (Town Planner)

Guests: Greg Shortell, Community Voice Channel, Lilli Rhodes, Terry McManus, Kathy Williams, Kevin Tulimieri, Meg Clifton, Anne Danaher

- 1. Call to Order
- 2. Pledge of Allegiance
  - D. Larson called the meeting to order at 7:01 p.m. and led the Pledge of Allegiance.
- 3. Additions and Changes to Agenda None.

#### 4. Public Comment

- A. Kevin Tulimieri (110 Kinney Rd) Read a portion of the Town Charter relating to Ethics, and asserted that members of the Board publicly discussed pressuring the Planning and Zoning Commission (PZC) to block the Scenic Road designation for Kinney Road. He feels they have used their positions to leverage undue influence, and have not acted in good faith. He withdraws his offer to serve on any committee associated with the Board of Selectmen. D. Larson stated he has not had any communications with PZC for weeks, nor has any other BoS member, to his knowledge, and regards Mr. Tulimieri's comments almost as an act of slander.
- **B.** Terry McManus Noted he has attended a number of different board meetings in recent weeks, and while there are differing views, he has not seen anything which leads him to mistrust anyone. He offered his support to Chairman Larson.

#### 5. Appointments and Resignations

A. Commission on Aging Appointment

# Regular Meeting (Virtual) Thursday, February 16, 2023 - 7:00 PM

Motion by D. Larson that the Hebron Board of Selectmen appoint Jo Souza as a Regular Member of the Commission on Aging with a term to run until December 2026. The motion passed unanimously.

#### B. Douglas Library of Hebron Board of Trustees Appointments

Motion by D. Larson that the Hebron Board of Selectmen appoint Anne Danaher and Margaret Clifton to fill the two vacant "Association" positions on the Douglas Library Board of Trustees, each for a term to run until December 2026. The motion passed unanimously.

#### 6. Town Manager's Report

A. Tierney reported his office is working on the budget daily; it will be presented March 2<sup>nd</sup>. Fran Villani has moved into the position of acting Town Clerk. A new Assistant Town Clerk has been hired, and will begin on March 6<sup>th</sup>. The town received a grant of \$962,400 towards improvements on Martin Road. Combined with previously awarded funds, this brings the total to nearly \$4 million, which taxpayers will not have to directly pay for. The project is currently in the design phase. He also reported the town will be fully reimbursed for the Old Colchester Road bridge culvert replacement, which will save taxpayers about an additional \$500,000. A firm has been interviewed for the facilities study, and a contract will be brought for BoS approval at the next meeting. Chatham Health budget work continues. Region 8 Health Insurance work is also ongoing; it currently stands at 3%, with efforts continuing to bring that number down.

#### 7. Old Business

#### A. Tax Abatement Application 14/16 Main Street

The BoS has amended the EDC's proposed abatement agreement to a term of five (5) years.

D. J	Larson read	l the follov	ing <b>propos</b>	ed resol	ution:	

The Town of Hebron Economic Development Commission received the Economic Development Incentive Program application from L & J Properties, LLC, dated October 18, 2022 and revised January 13, 2023.

#### Regular Meeting (Virtual) Thursday, February 16, 2023 - 7:00 PM

The Hebron Economic Development Commission reviewed the application for real property tax abatement with the applicant at its November 21, 2022 meeting and subsequently approved a recommendation at its January 23, 2023 meeting.

Whereas, the proposed new construction of a post and beam mixed-use building to be located at 16 Main Street in the Hebron Green Village District and is anticipated to cost the developer approximately \$650,000 to construct; and

Whereas, the Hebron Assessor has estimated the assessed value of the proposed improvements to be \$155,000 and at the 2021 Grand List mill rate would generate a tax bill of \$4,913.50. The proposed tax abatement would have a value of \$24,567.50 over the term of the agreement with the understanding that the assessed value and mill rate may be subject to change that will impact the full value of the abatement; and

Whereas, the applicant is not delinquent in any taxes that are otherwise due to the Town of Hebron; and

Whereas, L & J Properties LLC have demonstrated a commitment to the development of high-quality construction in an area of the Town that warrants a heightened concern for the impacts new development will have on the historic character of the National Register Historic District.

Therefore, be it resolved that the Hebron Board of Selectmen accept and amend the recommendation of the Hebron Economic Development Commission and authorize the Town Manager to enter into an agreement with L & J Properties, LLC, fixing the assessment of proposed improvements at 16 Main Street (Parcel #70-32) to 0% of the assessed value for a period of five (5) years and to take effect upon the first full fiscal year following the issuance of a Certificate of Occupancy by the Building Official.

#### Discussion:

Town Planner M. Bordeaux spoke on the application, stating he and the EDC feel the project warrants the 10-year incentive they recommended, but understands the Board is considering a shorter term.

The resolution, as read, passed unanimously.

#### B. ARPA Funds Update

#### Regular Meeting (Virtual) Thursday, February 16, 2023 - 7:00 PM

A. Tierney noted several items recently approved by the attorney, and suggested the BoS review the following ARPA projects:

- 1. Fence Between Library and Legion (\$7,500) To replace an old stockade fence.
- 2. Hebron Center Signage (wayfinding and community event 85/66)(\$45,000) To establish a more permanent community messaging system and wayfinding signs.
- 3. Beautify Veterans Memorial Route 85/66 Trees/Bushes (\$600) To add arbor vitae in order to make the area more visually appealing.
- **4.** CoDE Support for Juneteenth Event (\$4,000) To assist CoDE with events on June 10<sup>th</sup>.
- 5. Hebron Elementary School Gym Floor (\$264,800) To repair gym floor more quickly by using ARPA, and also to remove item from CIP requests.

#### D. Larson read the following proposed resolution:

BE IT RESOLVED that the Hebron Board of Selectmen approve the ARPA projects listed above (or amended) and authorize Andrew J. Tierney, Town Manager, to take any action necessary to acquire or implement the identified projects.

BE IT FURTHER RESOLVED that it is understood the amounts indicated are budget estimates; the amount of the final project may be more or less than indicated and that the Town Manager has the discretion to adjust the amount. If an individual project budget comes in more than 20% above the original budget amount, an update will be provided to the Board of Selectmen before commitment is made and project is finalized.

BE IT FURTHER RESOLVED that authorization given to Andrew J. Tierney, Town Manager, by this resolution includes signing any purchase agreements, contracts or any other documents necessary to finalize the projects.

#### Discussion:

T. Thiele noted \$45,000 towards signage (item #2) seems high. M. Bordeaux stated these are initial, conservative numbers, and that concise figures are difficult to obtain without final designs or plans. He is seeking approval from the BoS to move forward developing those plans (including design, locations, etc). P. Kasper suggested the BoS consider the request in two parts; approving initial funds (perhaps \$8,000 -

#### Regular Meeting (Virtual) Thursday, February 16, 2023 - 7:00 PM

\$10,000) to move forward with design work, with the remaining amount TBD, pending further design plans.

D. Larson noted CoDE's request, with D. Lanza stating it is specifically for their Juneteenth event.

#### Proposed amendment:

Split item #2 into two phases:

- Hebron Center Signage (Design) \$10,000
- Hebron Center Signage (Completion) TBD

#### The resolution, as amended, passed unanimously.

#### C. PW Building Project Next Steps

A proposed motion to establish a committee to work with DKA was included in the agenda. A. Tierney stated proposed members had reached out to him expressing interest, and that he had not solicited anyone. That motion was drafted prior to K. Tulimieri's withdrawal from consideration. P. Kasper stated his willingness to represent the BoS on the committee. A. Tierney suggested Greg Shortell as a possible community representative. G. Shortell respectfully declined, as he feels he is too close to the situation to remain as objective as necessary. D. Larson suggested Terry McManus as a third community member. T. McManus stated he would be happy to help.

Motion by D. Larson that the Hebron Board of Selectmen appoint a Committee to work with DKA on the community survey for the Public Works Building Project to consist of five (5) members as follows:

Peter Kasper Board of Selectmen

Mal Leichter Public Building Committee/Board of Finance

Andrea Lattanzi Community Member
Mark Stuart Community Member
Terry McManus Community Member

#### The motion passed unanimously.

#### D. Other Old Business

None.

# TOWN OF HEBRON BOARD OF SELECTMEN Regular Meeting (Virtual)

Thursday, February 16, 2023 - 7:00 PM

#### 8. New Business

#### 1. Transfer of Land at Abby Drive

M. Bordeaux summarized the proposed transfer concerning a small parcel (an access strip, or "paper road") owned by the town, which was initially intended to provide access to undeveloped land. That land was later acquired by the state, eliminating the need for the access strip. The abutting property owner (of 35 Abby Road) is seeking to acquire the access strip land. Due to the slight irregularity of the parcel (and to avoid future neighbor property disputes), M. Bordeaux is suggesting the parcel be split down the middle, adding a 25-footwide strip to both abutting properties.

Motion by D. Larson that the Hebron Board of Selectmen approve the transfer of land at Abby Drive as presented, and refer to a future Special Town Meeting at a date to be determined. The motion passed unanimously.

#### 2. Award Bid for Douglas Library Roof Replacement Project

Motion by D. Larson that the Hebron Board of Selectmen award the bid for the Douglas Library Roof Replacement Project to Young Developers LLC of Hamden, Connecticut, in the amount of \$320,900 (base bid of \$274,900 plus Alternate 1 Homosote Replacement \$39,500 and Alternate 2 Hand Nail \$6,500) and authorize Andrew J. Tierney, Town Manager, to sign all necessary documents and contracts related to this work. The motion passed unanimously.

M. Leichter and R. Steiner stated it is hoped work will begin in the third or fourth week of March, depending on weather.

#### 3. FY 2023-2024 CIP Budget Review

A. Tierney's proposed CIP budget was included in the agenda. The current total amount is \$947,886. He noted the impact inflation has had on budget considerations, and has tried to bring the recommended budget amount down. D. Lanza noted the amount for the Jones Street culvert had been updated from \$94,761 to \$55,000 since the agenda was published.

Motion by D. Larson that in accordance with the Town of Hebron Capital Improvement Plan Policy the Hebron Board of Selectmen approve a final draft of recommended projects for the FY 2023-2024 CIP Budget and the Five-Year Plan as presented, totaling \$947,886

#### Regular Meeting (Virtual) Thursday, February 16, 2023 - 7:00 PM

for inclusion in the Town Manager's FY 2023-2024 Budget Recommendation. The motion passed unanimously.

4. FY 2023-2024 Budget Review Schedule

Motion by D. Larson that the Hebron Board of Selectmen approve the FY 2023-2024 Budget Review Schedule as presented. The motion passed unanimously.

#### 5. Approve ARPA Rural Roads Grant Application

A. Tierney noted this item would provide increased police enforcement at no added cost to the town.

Motion by D. Larson that the Hebron Board of Selectmen approve submission of the application for the State of Connecticut Department of Emergency Services & Public Protection Connecticut FY 2022 ARPA Rural Roads Grant in the amount of \$50,000 and authorize Andrew J. Tierney, Town Manager, to sign any necessary grant documents. The motion passed unanimously.

#### 6. Draft Agenda for March 2, 2023 Meeting

A. Tierney noted approval of the firm to conduct the facility study for the next agenda.

#### 9. Consent Agenda

- A. Approval of Minutes
  - 1. January 19, 2023 Regular Meeting
  - 2. January 24, 2023 Special Joint Meeting
  - 3. February 2, 2023 Regular Meeting
- **B.** Approval of Tax Refunds
  - 1. Alexandra Smith \$6.24
  - 2. Douglas and Donnalee Porter \$2,203.47
- D. Larson noted one amendment to the January 19th minutes:
  - Page 3 (of 6), Section 7.A.3 (Old Business, ARPA Update, CoDE Request) Replace last sentence with "Motion by D. Larson to approve the request. The Board of Selectmen approved."

Approval of the January 19<sup>th</sup> minutes was tabled for additional amendments from G. Richmond.

#### Regular Meeting (Virtual) Thursday, February 16, 2023 - 7:00 PM

Motion by D. Larson that the Hebron Board of Selectmen approve the following consent agenda items: the minutes of the January 24<sup>th</sup>, 2023 Special Joint Meeting, the minutes of the February 2<sup>nd</sup> Regular Meeting, and the tax refunds as listed. The motion passed unanimously.

#### 10. Liaison Reports

- A. RHAM BOE M. Rubera reported ARPA funds have provided for "stop the bleed" kits in each AED at the high school, as well as advanced kits in each police car. Kits will be provided to the elementary schools next.
- **B.** Douglas Library Board of Trustees G. Richmond noted several new museum passes available, paid for by the Friends of the Library.
- C. Commission on Aging/Senior Center A Medicare Information session will be held February 22 at 2 p.m. and 6 p.m. Technology assistance sessions at the senior center are ongoing. There is also an AARP tax program being held currently; appointments can be made by calling (860) 228-1700.
- **D.** Green Committee T. Thiele noted several events in April, including Earth Day celebrations (April 22), Swap Shack reopening (April 23), and a spring Shred event (April 29).
- E. Board of Finance P. Kasper reported the audit is being finalized. He also noted ongoing expenses to the town (such as vet bills) relating to the rescue of a large number of animals in town, and wondered what steps the town can take to eliminate those expenses by finding homes for the animals. He also stated there was discussion about a potential charter revision, specifically about increasing the BoF's threshold for special appropriation, with more to follow.
- F. WPCA A. Tierney stated the sewer project is starting to wrap up. He also noted neighboring municipalities have assisted with caring for the rescued animals, but expenses are adding up. The town will explore recouping some of that money from the state. The Chief Sanitarian for Chatham Health has stepped down.

#### 11. Public Comment

None.

#### 12. Anticipated Executive Session

Motion by D. Larson that the Board of Selectmen move into executive session for the purpose of the Town Manager annual evaluation at 8:26 p.m. The motion passed unanimously.

## Regular Meeting (Virtual) Thursday, February 16, 2023 - 7:00 PM

The BoS returned from executive session at 9:59 p.m. No action was taken.

Motion by G. Richmond that the Board of Selectmen adjourn at 10:01 pm. The motion passed unanimously.

Respectfully submitted, Hannah Walcott (Board Clerk)