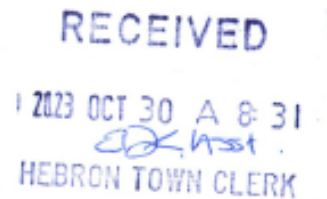


**AGENDA for MEETING: COMMISSION ON AGING (COA)**

**WEDNESDAY, November 1, 2023 @ 8:30AM**

**\*Meeting in Person at Senior Center\***



**Invitees:**

**Chairperson:** Tonya Maurer

**Members:** Cathy Litwin, Sandy Waldo, Angela Corentin, Jo Souza (2 open spots)

**Alternates:** 2 open spots

**Board of Selectmen Liaison:** TBD after the November elections

**Staff:** Sharon Garrard (Staff Liaison & Senior Service Director), Mandy Rocznik (Senior Center Program Coordinator), Deb Pearson (Board Clerk), Michele Boutin (Social Worker)

**Guests:** None

- 1. Call to Order**
- 2. Public Comment** – This section of the agenda is for persons in attendance wishing to address the Commission on Aging. The Commission requests that comments be limited to 3 minutes per person. Persons wishing to comment on a specific agenda item can ask the Chair whether to comment during the Public Comment portion of the meeting or to present their comment at the time that agenda item is considered
- 3. Acceptance of Prior Minutes**
  - a. October 2023
- 4. Correspondence**
- 5. Social Worker Update**
- 6. Municipal/Senior Center Report**
  - a. Share top the 2-3 items that the Commission Members can share with their social networks
- 7. New Business**
  - a. Registration for those with Dementia for Emergency Personnel
  - b. Information Session about living a lifestyle for a healthy brain and navigating the holidays with those with a cognitive decline – November 8<sup>th</sup>, 6pm at the Douglas Library
- 8. Old Business**
  - a. Reminder of meeting dates for 2024:
    - i. January 3, February 7, March 6, April 3, May 1, September 4, October 2 and November 6
    - ii. No meetings in June, July, August and December.
  - b. Discuss approach for the Soup Social / Meet & Greet for residents at Stonecroft to be held at the Senior Center
  - c. Discuss approach for pairing up with those at Stonecroft who may enjoy some companionship; similar to the check ins that were done some time ago
  - d. Status on recruitment efforts to fill commission seats
  - e. Reminder of commission member attendance to Housing Authority Meetings:
    - i. November 13: Sandy / Jo
    - ii. December 11: Cathy / Tonya
    - iii. January 8: Sandy
    - iv. February 12: Jo / Tonya
    - v. March: 11: Cathy
    - vi. April 15: Angela
    - vii. May 13: Cathy / Jo
    - viii. June 10: Sandy / Tonya
  - f. Reminder - No meeting in December.
- 9. Adjourn**